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# The Parthenon, October 28, 2011

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# MARSHALL FOOTBALL AT HOME THIS WEEKEND

Herd will take on the Blazers at noon on Saturday | Sports, Page 3

# THE PARTHENON

Friday, October 28, 2011 | MARSHALL UNIVERSITY'S STUDENT NEWSPAPER | marshallparthenon.com

## SCHEDULE OF SPRING 2012 COURSES AVAILABLE

# Registration begins Nov. 7, registrar says preparation key

BY MEAGAN EARLS  
THE PARTHENON

The university released the spring 2012 class schedule earlier this week.

Students can now access the schedule of courses on their myMU account or through the registrar's office website.

"One advantage of using the schedule on the registrar website is that it has a

lot of additional information that can be beneficial to students, such as, when a class is full it will be highlighted in red," Roberta Ferguson, registrar, said.

There is a two week registration period for currently enrolled students. The first day of registration is Nov. 7.

"Currently enrolled counts for any registration such as a regular full

time schedule, one credit hour or certain clinical experiences with zero credit hours," Ferguson said.

Seniors will be the first to register on Nov. 7, juniors on Nov. 8 and 9, sophomores on Nov. 10 through 14 and freshmen Nov. 15 through 18.

Ferguson said the date a student can register begins at 12:01 a.m., so students are encouraged to take

advantage of the first day they can register online.

There are many ways that students can prepare for registration.

"It is important to utilize the resources that are available," Ferguson said. "Students can visit their academic adviser, department advisers or a specialist in the Student

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## TIPS FOR REGISTRATION SUCCESS

- > Schedule an appointment in advance with your academic adviser.
- > Have a backup schedule.
- > Be aware of the alphabetical breakdown on the registration schedule.
- > Be ready to register at 12:01 a.m. on your registration date.
- > Check to see if you have any holds on your account for advising, admission credential, etc.
- > Be aware of prerequisites for certain courses.
- > Juniors and seniors: do a graduation check before registering.
- > Seek help if you are unsure or have any questions.

## Flu shots available again next week

BY ASHLEIGH HILL  
THE PARTHENON

Students will have another opportunity to receive a free vaccination.

The flu shot clinic was available to students last Tuesday and Wednesday in the Memorial Student Center.

Carla Lapelle, associate dean of student health, estimated that of the 1,500 ordered vaccinations, over half were distributed.

The remaining vaccinations will be offered to students free of charge next week with a valid student ID by the Cabell Huntington Health Department. Faculty and staff can also receive the vaccination — but at a \$10 charge.

The remaining vaccinations will be taken to student health, where they will still be available free of charge.

Lapelle said the faculty and staff turnout was surprisingly high this year, and it's beneficial for professors to receive the vaccinations, as well.

"If a student in the class gets the flu, they miss that class," Lapelle said. "But if the professor gets the flu and misses class, then all the students have to miss the class."

An estimated 100 faculty and staff members received the vaccination at the student center.

"For those who can get the flu shot, it's good protection," said Jeanne Widener, associate professor of the College of Health Professions. "Typical flu shot season is any time from October to November or December. There have already been some hospitalized with the flu, so we thought it would be best to go ahead and start a little early to get protection through the winter months."

According to the CDC website, flu season peaks in February.

"I don't know why anyone would not get their flu vaccine," Lapelle said. "It does



It is estimated that, on average, approximately 5 percent to 20 percent of U.S. residents get the flu, and more than 200,000 people are hospitalized for flu-related complications each year. Over a period of 30 years, between 1976 and 2006, estimates of flu-associated deaths in the U.S. range from a low of about 3,000 to a high of about 49,000 people.

CENTERS FOR DISEASE CONTROL AND PREVENTION

not cause the flu. I guess some people would rather just get sick."

Widener said approximately 100 trained student nurses participated in giving the vaccinations. Junior and senior nursing students administered the vaccines, while sophomore nursing students took temperatures.

"The organization and the coordination of the whole thing by the nursing faculty and students is just amazing," Lapelle said. "They are so good about contributing their time and expertise. These students show up and do what they're supposed to."

Lapelle said this year's flu shot clinic was more successful than last year's — but not as successful as the year before.

Last year's flu shot clinic took place in the Recreation Center. The year before was the year of the H1N1 outbreak, which Lapelle attributes to that year's success.

"With the H1N1 care, we wouldn't have had enough vaccines if we tried. We ran out before the end of the second day," Lapelle said.

Next year, Lapelle said she estimates that student health will order fewer vaccines.

Ashleigh Hill can be contacted at hill281@live.marshall.edu.

## SEEKING SCARES



PHOTO ILLUSTRATION BY KRISTIN STEELE

### Weekend Halloween activities add to thrill-seekers' schedules

**WHAT:** Nightmare on Third Avenue Haunted House

**WHEN:** 7 to midnight through Monday

**WHERE:** 801 3rd Ave. in Huntington

**HOW MUCH:** \$5 per person

**WHAT:** 'The Time Warp' Rocky Horror Picture Show

**WHEN:** Midnight on Friday and Saturday

**WHERE:** 1201 4th Ave. in Huntington

**HOW MUCH:** \$6 per ticket

**WHAT:** The Corn Maze — Haunting Admission

**WHEN:** Friday and Saturday

**WHERE:** Cooper Farms in Milton, W.Va.

**HOW MUCH:** \$9 per person, all ages

**WHAT:** The Pumpkin House

**WHEN:** Friday through Monday

**WHERE:** 748 Beech St. in Kenova, W.Va.

**HOW MUCH:** Free to all ages

## COFA begins its third Baskets for Branches fundraiser

BY BRITTINI BROOKS  
THE PARTHENON

The College of Fine Arts will be collecting laundry baskets Nov. 16.

Baskets for Branches is a fundraiser for the Branches Domestic Violence Shelter that "collects essential items for the domestic violence shelter" said Nicole Gilliam, art student and COFA student ambassador.

"Students, staff, faculty and friends fill laundry baskets with basic necessities to help women escaping from domestic abuse environments care for themselves, and any children with them,



(Domestic violence) is so common. ...We wanted to put the issue back in front of people's minds and then provide them with a way to help someone affected by it."

> LINDSAY DIFATTA

during an unimaginably difficult transition often without money or other means of support," said Byron Clercx, chairman of the Department of Art and Design.

Nicole Gilliam, music education student Lindsay DiFatta and theatre student Nathan Mohebbi will serve as student representatives

for the fundraiser.

Mohebbi, the newest student representative said he is excited to join the group.

He became involved with Baskets for Branches to represent the newly reinvigorated Alpha Psi Omega, the honorary service fraternity for theatre.

"Baskets for Branches is

a great way to kick off what we do at Alpha Psi Omega," Mohebbi said.

"A campaign like Baskets for Branches is important because so many people look the other way at domestic violence," DiFatta said. "It's so common. You always hear about it on the news, and people have been desensitized to this huge problem. We wanted to put the issue back in the front of people's minds and then provide them with a way to help someone affected by it."

In 2010 Branches served over two thousand women,

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Evening showers.  
49° 33°

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### it's happening

The Herd takes on the UAB Blazers noon Saturday at the Joan C. Edwards Stadium.

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page designed and edited by KRISTIN STEELE  
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## Breast cancer awareness event scheduled for Sunday

BY DWIGHT JORGE  
THE PARTHENON

West Virginia Breast and Cervical Screening program will be hosting its annual Walk for Women...Take a Step Against Breast Cancer event to raise awareness regarding the issue.

The event is a West Virginia founded breast cancer awareness walk, which raises awareness about the importance of the screening and early detection of breast cancer.

Registration starts at noon, and the walk begins at 2 p.m. Sunday at Ritter Park.

"The event has grown throughout the years," said Brenda Harlow, cancer information specialist at the program. "It has been just really great to see the community support and welcome the new people. We often have some people who have walked with us since the beginning, but then there are always a few new faces too. Once people hear about our program, they want to support it."

The event also aimed to honor breast cancer survivors and remember those who have fought and lost their battle of breast cancer.

"It puts people together

who have been through a breast cancer battle," said Sharon Allen, volunteer at WVBCS and breast cancer survivor of seven years. "It is nice to see so many survivors, and it is also for a good charity."

At the age of 43, Allen was diagnosed with stage-three breast cancer when she received her first mammogram. She said it was a huge shock.

"I did a tailspin into a severe depression, and then I kind of realized that I had to get myself together for my family," Allen said. "I did not want to die, and I knew I was going to have surgery, chemotherapy and radiation in order to try to beat this breast cancer."

In the seven years following her initial treatment, Allen said she tried to remain hopeful and positive.

"I have tried to reach out to people who are going through this and to let them know that they are not alone because you do feel like you are the only one," Allen said. "It just helped me meet some really wonderful people who I never would have met had I not been diagnosed with cancer."

The event raises money through donations to

benefit the West Virginia Breast and Cervical Cancer Diagnostic and Treatment Fund.

Allen said the earlier they find the cancer with a mammogram, the better one's chances of surviving.

"I was one of those who put off mine," Allen said. "My doctor kept telling me to get one when I turned 40. I just thought this wouldn't happen to me. But then with my very first mammogram, I was already at stage three. It is very, very important to get the mammograms and to do the checks."

All proceeds generated from the event go into the fund and stay in the state of West Virginia to help women who might not otherwise be able to afford the services.

"We are not asking people to buy something with a pink ribbon on it that's going to sit around their house and collect dust, or that they will outgrow, you know," Harlow said. "We are asking folks to help us pay for direct services for women who don't have other means to pay for them."

Dwight Jorge can be contacted at [jorge@marshall.edu](mailto:jorge@marshall.edu).

## Marshall alumnus produces song for Occupy movement

BY RACHEL HUNTER  
THE PARTHENON

A former Marshall student and local rap artists are using their talents to show support for the Occupy Movement.

Marshall alumni and former basketball player, Adam Zimmerman, recently produced a song entitled, "Right Now," featuring local rappers John Horn and Matt Moore. The song is dedicated to, and in solidarity with, the movements occurring across the country.

"I wanted to do a song with a higher purpose," Zimmerman said.

He said the song was recorded to educate people about what is going on in the country.

Zimmerman said he has been affected with the unemployment crisis in America and has supported the movement since its inception.

Along with the title of the song, Zimmerman said he believes that change within our country needs to happen now.

"Something needs to

change in our government and in our country, and if we wait until tomorrow, then it's going to be too late," Zimmerman said.

John Horn, local rap artist, incorporated lyrics regarding the politicians from both sides of America into one of the verses on the track.

"I'm too clean for your mud-slinging," Horn said in one of his songs.

Horn expressed that he often can't identify with one side or the other, politically.

The rap verses featured in the song by Marshall alumni, Matt Moore focus on the problems regarding free trade and the corporatization of America.

"And I quote, 'money talks louder than your vote, cash, protests and riots, but it ain't made here don't buy it,'" Moore said in one particular verse.

Moore said people should use the upcoming holiday season as a chance to take a stance against the large corporations in America that produce overseas jobs and exploit small wage paid workers in other countries. He said people should

support small American business owners instead.

Moore said by boycotting the corporations, people will also be helping to bring jobs back to the United States.

"This holiday season, we should speak with our dollars and not support the big corporations," Moore said.

Both Zimmerman and Moore noted the lack of media attention on the Occupy Movement and decided to put up clips of President John F. Kennedy's 1961 speech because of its message. "The President and the Press" was a speech in which Kennedy spoke to the American Newspapers Publishers Association.

"For a wise man once said, 'an error does not become a mistake until you refuse to correct it,'" Kennedy said. "We intend to accept full responsibility for our errors, and we expect you to point them out when we miss them."

"Right Now," featuring Horn and Moore, can be found on YouTube and the Occupy Wall Street Facebook page.

Rachel Hunter can be contacted at [hunter79@marshall.edu](mailto:hunter79@marshall.edu).

## Refreshing event gives students opportunity to worship

BY JOHN LEWIS  
THE PARTHENON

My Brother's Keeper hosted the third annual refreshing on campus at 8 p.m. Thursday in the multi purpose room of the Memorial Student Center to give students the opportunity to come out and worship.

The event has taken place on campus for the past two years.

"I went to the refreshing event last year and the year before," said Angela Ottiwu, member of the Antioch Missionary Baptist Church choir. "I believe that singing gives the ministry uplifting words."

Ottiwu said she has been a part of Antioch choir for three years.

The Antioch Missionary Baptist church choir performed for the audience before the sermon.

"I'm glad we have events like this for students because a lot of students don't have the opportunity to come off campus to go to church because of their busy schedules, or they don't have transportation," said Teresa Figg, teachers aid from Cabell County Board of Education and member of Antioch



MARCUS CONSTANTINO | THE PARTHENON

Reginald Hill, pastor at Antioch Missionary Baptist Church, preaches at the third annual refreshing event Thursday evening.

Missionary Baptist Church. "Having these types of events gives students a chance to

worship the lord."

Reginald Hill, the pastor at Antioch Missionary Baptist

Church returned to Marshall to participate for his third refreshing event.

"I think that the pastors should be very involved with the university and vice

versa," Hill said. "Our purpose is to connect with the students here at Marshall. We are aware that a lot of students can't come to church in the community, so we feel that the church can come to them."

"(After the event) I always feel refreshed," said Marques Hairston, business management major and member of My Brother's Keeper.

The lesson of the sermon was generosity. Hairston said he felt that Hill taught the lesson well.

Charles Meyers, junior science major and member of my Brother's keeper, said he helped to organize the event this year.

"It was great just being around everybody and just praising," Meyers said. "Pastor Hill always brings something that inspires you at the end of every sermon. I just want to keep this annual refreshing (event) going each year. That's my main objective."

John Lewis can be contacted at [lewis301@marshall.edu](mailto:lewis301@marshall.edu).

## Fraternity raises \$300 for American Cancer Society

BY DALE JOHNSON  
THE PARTHENON

Alpha Sigma Phi hosted an event Wednesday at Barcode Nightclub to raise money and awareness for the American Cancer Society. It was the fraternity's third annual "Rocking for a Cure" benefit concert, with all proceeds going to the American Cancer Society. The fraternity raised \$300 total.

The event featured two

bands, The Key, a hard rock band, and Point of Jerus, a Huntington-based rock band.

Organizers said the event was created to generate funds for cancer research and for patient care.

"I've been dealing with the American Cancer Society for about four or five years now," said Johannes Fahrman, former president of a Relay For Life team. "I'm actually studying cancer biology so it has personal and work-related

meaning for me."

Fahrman said the event was not the last of its kind.

"Last year, we had 'Stand up to Cancer,' which was pretty much a knock off of 'Last Comic Standing,'" Fahrman said. "This is definitely not the last event we'll do, as the year progresses, we'll do more."

Fahrman said the more money they raise, the more they can help.

"The goal is to raise awareness and funds," Fahrman

said. "The more money we get, the more we can assist researchers, doctors and help out patients. We need to continue the fight and continue to raise funds and raise awareness of cancer. It's the leading cause of disease-related death."

Fahrman said they had help at the event from other members of his fraternity and the relay for life team.

"We're having a benefit

concert to help out with the research of cancer," said Jason Shepherd, Alpha Sigma Phi alumnus. "I lost my mom, who was terminally ill with pancreatic cancer. She was diagnosed and passed away within six weeks, so I've really been pushing for these benefits to raise money for people who are terminally ill with this disease."

Shepherd said he has been on Fahrman's Relay For Life team since 2009 and was

involved with raising funds for the American Cancer Society before his mother passed away.

"This has been in the light for a while," Shepherd said. "The money is very necessary to help fund this research. It's just knowing that people are educated about cancer, and let them know what the American Cancer Society is."

Dale Johnson can be contacted at [johnson327@marshall.edu](mailto:johnson327@marshall.edu)

**USA**  
FOOTBALL  
STANDINGS

EAST DIVISION	C-USA		Overall		WEST DIVISION	C-USA		Overall	
	W	L	W	L		W	L	W	L
Southern Miss	2	1	5	4	Houston	3	0	7	0
East Carolina	2	1	3	4	Tulane	3	0	4	3
Marshall	2	2	3	5	SMU	3	1	5	5
UCF	1	2	3	4	UTEP	1	2	4	3
Memphis	1	3	2	6	Rice	1	3	2	6
UAB	1	3	1	6	Tulane	1	3	2	6

# SPORTS

Friday, October 28, 2011  
THE PARTHENON  
marshallparthenon.com

Week 9:

## Marshall vs. UAB



# Herd football looks to return to form against Blazers

BY ADAM ROGERS  
THE PARTHENON

After suffering a 63-28 defeat at the hands of the No. 17 Houston Cougars last weekend in the Lone Star State, the Marshall Thundering Herd (3-5, 2-2) return home to Joan C. Edwards Stadium for their second to last game in Huntington for the 2011 season.

The Herd's opponent for Saturday's noon matchup is the University of Alabama at Birmingham (1-6, 1-3), who won its first game last Thursday with a victory over the University of Central Florida.

A.J. Graham, Marshall redshirt sophomore quarterback, received the starting

nod from head coach Doc Holliday in the Herd's game against the Cougars, completing 27-35 passes for 257 yards to go along with 74 yards rushing on 12 carries.

Graham would finish the game with three total scores (two passing) and said the loss to Houston is nothing for the Herd to hang its head about.

"It brings confidence," Graham said. "It's confidence for me, being my second start. It really just brings confidence to the team as a whole and we're just going to go out there and focus up and do what we're capable of doing."

UAB was able to come away with the win over UCF

Thursday, after freshman kicker Ty Long hit a game-winning 40-yard field goal with 21 seconds remaining in the game.

UAB sophomore quarterback Johnathan Perry made his third start of the season for the Blazers in the UCF game and finished with 327 yards passing and a pair of touchdowns.

Holliday said that despite the Blazers record, they are a very scary team.

"They're a dangerous team that has the talent on their football team, as they showed last week against Central Florida, to beat anybody in our conference," Holliday said. "It's the same team

from a year ago that went down to Southern Miss and beat Southern Miss. So when you watch them on film, you wonder why they are what they are and why they only have won one game because they have extremely skilled athletes."

Holliday said that Perry has given the UAB offense a shot in the arm.

"Everybody thinks the first start he had was against Central Florida, but he's played a lot throughout the year," Holliday said. "He's got a lot of experience through the year, and he has given them a shot."

Perry is not the only threat in the Blazers offense, as UAB brings a rushing attack that can be woken up at a given moment.

UAB ran for a season high 174 yards during Thursday's win over UCF and senior linebacker Tyson Gale said the Blazers are a physical team.

"They like to run the football and were successful against UCF, who is one of the top rush defenses in the nation," Gale said. "That definitely got our attention. Running the football is key for them, so we're going to have to try and stop that."

On the other side of the football for UAB, the Blazers enter Saturday's contest with the nation's 117th worst defense.

While the Blazers struggle defending teams, Graham said the Blazers are a physical



MARCUS CONSTANTINO | THE PARTHENON

Quarterback A.J. Graham runs for yardage in the homecoming contest against Rice on Oct. 15. Graham has run for 181 yards and thrown for 367 yards, collectively in his two starts this season.

team and will not take anyone lightly.

"They're just going to come in here and play their game of football," Graham said. "We've got to do the same thing on our end and protect the 'M' like we've been trying to do all year."

UAB will be looking for revenge against Marshall this weekend, as the Herd knocked off the Blazers last season in Birmingham. Marshall won 31-17 at

Legion Field with a strong performance from senior quarterback Brian Anderson, who threw for 304 yards and three scores.

The Herd leads the overall series with the Blazers 5-1 and are 3-0 against UAB at Joan C. Edwards Field.

UAB's lone win in the series was a 23-21 win in 2008 in Birmingham.

Adam Rogers can be contacted at [rogers112@marshall.edu](mailto:rogers112@marshall.edu).



MARCUS CONSTANTINO | THE PARTHENON

Running back Tron Martinez celebrates with teammates after scoring the go-ahead touchdown during homecoming against Rice. After beating the Owls, the Herd fell last week to Houston.

## Volleyball Prepares for two Conference USA match-ups

HERDZONE

The Marshall volleyball team returns to the Henderson Center this weekend to face off against conference foes, Southern Miss and Tulane. The first match against Southern Miss is slated for 7 p.m. Friday and the Tulane contest will be at 1 p.m. Sunday.

The Herd have already faced off against both Southern Miss and Tulane earlier in the season. Marshall beat Tulane 3-1 earlier in the month, but lost to Southern Miss on the same weekend, 3-0.

Marshall (5-16, 4-7 C-USA) enters the weekend hot off a

3-2 showdown against SMU. The match marked the first time the Herd had gone to five sets on the season. Desirre Wilkerson recorded a career high 16 kills and also posted six blocks (1 solo, 5 assists). Sammie Bane finished with a career-high 56 assists and 20 digs to help push the Herd for the victory. Bane combined for her sixth double-double of the season after her effort against SMU.

The first opponent of the weekend, Southern Miss (11-12, 5-6 C-USA), knocked off UCF (3-2) and UTEP (3-0) this past weekend, while taking a loss to UTEP (3-0). The GoldenEagles swept the Conference USA weekly awards

for their outstanding performances in the matches. USM outside hitter, Ashley Mell, combined for 55 kills in the three matches, while libero Lisa Knecht averaged a league best 6.18 digs and setter Kelsea Seymour finished the week averaging a C-USA weekly-best 14.00 assists per set.

Tulane (8-14, 3-8 C-USA) sits one spot below Marshall in the conference standings after finishing this past weekend with a win over Southern Miss (3-0) and taking losses to UCF (3-0) and UTEP (3-2). The Green Wave are led by sophomore Cori Martone, who is the front-runner of the Tulane attack and enters the weekend with 228 kills. The Baton Rouge, La. native ranks second on the team in total blocks (60) and service aces (18), while ranking fourth in digs (77) and assists (23). Of her 228 kills, 128 of those have come in Conference USA play and her 3.05 kills per-set average ranks 13th among her conference constituents.

Both contests will be available through free livestream video, GameTracker livestats and WMUL's online radio broadcast. Each product is available through Marshall's athletic website, [www.herdzone.com](http://www.herdzone.com).



BRANDON ANICICH | THE PARTHENON

Teammates Cameron Yoho and Sacha Byous-McConnell get set for action during the Sept. 16 match against East Carolina.

## Politicians enter the conference realignment fray

BY MICHAEL CARVELLI  
THE DAILY ATHENAEUM, WEST VIRGINIA U. VIA UWIRE

With reports that Kentucky Sen. Mitch McConnell has been pushing Big 12 Conference officials to consider Louisville as the league's next member, West Virginia politicians decided it was time to get involved, too.

West Virginia senators Joe Manchin and Jay Rockefeller, as well as Congresswoman Shelley Moore Capito, issued statements Wednesday regarding West Virginia University's place in conference realignment.

Manchin said he hopes the rumors about McConnell's involvement in the issue aren't true.

"If that happened, I will ask for a Senate investigation. I don't believe that's the way the game should be played," Manchin said. "I hope the stories we're hearing have no merits or facts to them, but with that being said, this is the action we have available to us, and this is the action I would take as a representative of the state of West Virginia."

Rockefeller said teams should be chosen solely based on their performance, and should not be swayed by political influences.

"The Big 12 picked WVU on the strength of its

program — period," Rockefeller said in a statement. "Now, the media reports that political games may upend that. That's just flat wrong. I am doing, and will do, whatever it takes to get us back to the merits."

In Capito's statement, she questioned why politicians were getting involved in the ever-changing landscape of college football, instead of focusing on other important issues.

"With 9.2 percent unemployment rate, it's disappointing that folks in Washington (D.C.), are meddling in our college sports," Capito said. "WVU brings with it a strong athletic program, loyal fans and a strong alumni base — and deserves to be in the Big 12. If there is political interference going on, it needs to stop now."

The New York Times was the first to report the new developments Wednesday.

The report claimed that McConnell had been communicating with Oklahoma President and former senator David Boren and Texas

Tech Chancellor Kent Hance, a former congressman, to lobby for Louisville, his alma mater, to join the conference.

Reports from CBS Sports also claimed the deal that would have added West Virginia to the Big 12 was so close to being sealed that Interim Commissioner Chuck Neinas and Deputy Commissioner Tim Weiser planned to be in Morgantown Wednesday at a press conference to announce the move.

However, before the conference could make the move official, the league's board of directors wanted to perform its due diligence and hold off before officially inviting WVU.

"If these outrageous

See **REALIGNMENT I** Page 5



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## THE PARTHENON

### ABOUT US

The Parthenon, Marshall University's student newspaper, is published by students Mondays through Fridays during the regular semesters, and weekly Thursdays during the summer. The editorial staff is responsible for news and editorial content.

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### THE FIRST AMENDMENT | The Constitution of the United States of America

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble; and to petition the Government for a redress of grievances.

### COLUMN

## Tax on unhealthy foods may not decrease obesity rates

BY RACHEL FARHI  
 THE DAILY COUGAR, U.  
 HOUSTON VIA UWIRE

Denmark has instituted a tax on foods containing more than a certain amount of saturated fat. Approved by nearly 90 percent of the Danish parliament, the tax mainly targets dairy and meat products. It raises retail prices of goods (such as butter, cream, certain cheeses, pork fat, and especially lard) by up to 35 percent.

Danes justified the measure by citing their nation's rising obesity rate, the desire to increase and improve Danish life spans and the health care industry's burden of treating symptoms of obesity. The Danish lifespan of 79 years is falling below that of their Western European counterparts, and their obesity rate is almost 10 percent. In comparison, the obesity rate in the United States is almost 34 percent.

If the Danish tax sounds like an invasion of privacy, consider that about forty states in the U.S. have also adopted taxes on some unhealthy drinks and snacks. An example is sugary soda — diet soda is exempted. In contrast, many countries simply subsidize certain healthier food products, like vegetables, in their fight against obesity.

One problem with the Danish plan is that the demand for these unhealthy products might be inelastic. Even with price increases, people will adjust and keep consuming the same amount. If a Danish package of butter used to cost around \$6, and it now costs \$6.50, Danes might just pay more for the sake of their toast. Some Danes might not even realize how much more they are paying because of the tax.

This is because the relatively low price for each food item could fool

people: Since they do not realize how proportionately large the increase is, they might not adjust.

Danish restaurants that serve unhealthy foods are also targeted by this law. They have two choices after the increase: Either raise prices of entrées, or use less of the taxed goods in the entrées. The hope of Danish lawmakers is that these restaurants will keep their prices stable and instead curb their use of butter and other fatty ingredients. But there is no way to know which option the restaurants will choose.

The owner of "Relae," a restaurant in Copenhagen, plans to raise his prices slightly, not start serving healthier items. He would rather produce what people will keep buying than risk changing his product.

If I go to Wendy's and discover that the price of a value burger has increased from \$1 to \$1.25, I will still choose to buy a few of these burgers rather than the small, probably stale, \$6 salad. However, if the salad's price is decreased, consumers may be more likely to change their choices. The same problem exists in the grocery store. Even if the price of butter increases, it is still cheaper than "I Can't Believe It's Not Butter."

Adjusting prices to affect consumer behavior is common, and doing so to protect people's health is a praiseworthy idea. Not to mention the additional revenue will bring to the Danish government.

However, the Danish government might see better results in their campaign against obesity if they simply try to better educate their citizens on the negative consequences of obesity. Due to the global recession, this tax is just another financial burden Danish citizens will have to deal with.



## WHAT DO YOU THINK?

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### EDITORIAL

## Flat tax plans aren't the answer

LOS ANGELES TIMES  
 LOS ANGELES, VIA MCT DIRECT

Three major Republican presidential candidates want to replace all or part of the byzantine federal tax code with a "flat tax" that collects a fixed percentage of one's income, with no brackets and few exemptions. The change would give Americans more incentive to save and invest, and less incentive to cheat. But there are other ways to obtain the economic benefits promised by a flat tax without asking the middle class to shoulder more of the tax burden now borne by those at the top.

Originally proposed in 1981 by Stanford University scholars Robert E. Hall and Alvin Rabushka, the flat tax is a variation on the value-added taxes imposed in Europe. Former Godfather's Pizza Chief Executive Herman Cain has called for a flat 9 percent tax on personal and corporate incomes along with a 9 percent national sales tax. Former House Speaker Newt Gingrich of Georgia, who once ridiculed presidential contender Steve Forbes' flat-tax plan as "nonsense," now proposes to give individual taxpayers the option of paying a flat tax of 15 percent in lieu of complying with the current code. And this week Texas Gov. Rick Perry is expected to unveil a similar proposal for an optional flat tax of 20 percent.

The simplicity of a single rate might be the most appealing aspect of the flat tax to taxpayers, but the majority of its benefits would come from broadening the tax base, lowering rates and removing disincentives to save and invest. The biggest downside is that by sharply reducing the rates collected from the highest earners, it would force the lower and middle classes to cover more of the cost of government than under the current system of graduated rates.

Making the flat tax an option, as Gingrich and Perry favor, is a worst-of-both-worlds approach. It wouldn't reduce taxpayers' paperwork and expenses: They'd still need to calculate how much they'd owe under the current system to see whether they would pay less with the flat tax. Instead, it would let lower-income taxpayers and the elderly hold onto the valuable tax breaks that the flat tax would eliminate, while letting higher incomes take advantage of the flat tax's lower rates. In other words, it's status quo for those with lower incomes, but a boon to the wealthy.

Lawmakers can achieve the legitimate economic goals of the flat tax without abandoning graduated rates. One example is the tax overhaul that President Reagan signed into law in 1986, which eliminated enough tax breaks to allow brackets to be consolidated and the top rate lowered significantly. Flat-tax advocates are right to call for a radically simpler code, but they're focusing on the wrong problem.

### COLUMN

## Time to face some of the facts, Occupiers

BY ASHLEY FISHER  
 DAILY EVERGREEN, WASHINGTON STATE U.  
 VIA UWIRE

The heat is on. About one month has passed since the beginning of the Occupy Wall Street protest, led by a group of activists in what they say is a rally against corporate greed and social inequality. They say that they are a people of many colors and social persuasions, but what they all have in common is they are "the 99 percent that will no longer tolerate the greed and corruption of the 1 percent."

Instead of losing stamina during the last few weeks, the protesters are gaining thousands of supporters across the nation, recently hitting home in Seattle. During the last two or so weeks, hundreds of Seattle protesters have lined up their tents from Pike Street to Pine, with disregard for the city's laws against tents in public parks.

As a result, police officers have taken to circling the encampment at night and waking protestors up in their tents to ask them to leave. Several arrests have been made for criminal trespassing and blatant uncooperativeness of protestors. However, all during the length of the protest in Seattle it has remained peaceful and continues to be pursued through nonviolent actions.

The Occupy Seattle protests also draw a diverse crowd. From families to students, the homeless to the working class, streets are filled with varied participants in this

widespread movement. As larger crowds draw together, more families with children are seen holding signs and sleeping outside.

The Seattle Times interviewed Amanda Dorrough, an unemployed web designer, while she held her two-month-old child after an evening spent sleeping outside. She explained to reporters that she came out with her family to represent the rest of the families in our country who are struggling, while her baby shivered in the chilly morning air.

Her commitment to the cause is noted, but the fact that her and other parents are bringing their children, many less than a year old, to sleep outside with them in the cold is ludicrous. This, as well as the many unnecessary arrests, only hits the tip of the iceberg concerning the irresponsibility of these protesters.

Another significant population of Seattle protesters worth discussing is students from the University of Washington. Together they have organized several walkouts, which includes rallying through the streets with signs and chants. The main grievance that students are protesting against is that they are graduating college with thousands of dollars in debt and no available jobs.

Let's remember that this is the voice of the generation who was raised during a time when everyone on the team was given a trophy, information was found at a click of a button and grades were the teacher's fault and not their own.

Now, our generation is graduating

college and forced to figure out how to make it in the real world on their own — and it is a challenge. Many young adults are now receiving the wake up call that, despite popular belief, life is not always easy. Life is about saving money for college, doing well in school to win scholarships, attending an affordable university, working jobs that pay minimum wage and living below your means.

This not only goes for the bickering college students in Seattle, but the population of unemployed adults as well. Finding out that you are financially unstable does not mean that you reserve the right to blame the government and Big Business for your problems. It means that it is time to sell your new car, not purchase the latest version of the iPhone, and resist the habit of buying Starbucks every morning. The country is without doubt going through a difficult economic period — everyone is aware of that. But instead of complaining, adjust your life to fit the time you live in.

As for the future plans of Seattle protests, at one of the latest Occupy Seattle's daily "general assembly" meetings, protesters vowed to continue their presence at Westlake Park indefinitely. Only time will tell how the Seattle protests will pan out. But while we wait, it is time that a new message surfaces concerning the Occupy Wall Street protests, which is this: Being a part of the 99 percent is a choice, not a fate. The decision of where you fall is up to you.

## Time's top 10 medical breakthroughs of 2010

"By medicine life may be prolonged, yet death will seize the doctor too."

— William Shakespeare

1. AIDS Drugs lower risk of HIV infection
2. The synthetic cell
3. Blood test for Alzheimer's
4. FDA approves Botox for migraines
5. Taking the resuscitation out of CPR
6. FDA restricts Avandia
7. Blood test for heart attack
8. Predicting IVF Success
9. Artificial ovary
10. Creating iPS cells safer and faster

# OCD far more severe than proverbial 'neat freak'

BY JOE POLITO

THE ORACLE, U. SOUTH FLORIDA  
VIA UWIRE

Betty Ray knew that her son Nathaniel preferred to have his Lego block creations in a precise formation on his bookshelf. When she entered her 7-year-old son's room to clean, she took a mental photograph of where he had placed them in relation to one another.

She dusted off the ledge and put his blocks back the way he had arranged them — or so she thought. When Nathaniel re-entered his room, he knew immediately that something was wrong.

His mother watched as he meticulously adjusted the Legos to restore them to their original positions, recalling precise angles and distances.

Though they didn't know

at the time, Nathaniel suffers from obsessive-compulsive disorder (OCD). His condition rendered him unable to ignore the disposition of his toys, despite his mother's efforts to arrange them correctly.

Many college students have probably uttered the phrase "so OCD" when it comes to cleaning their dorm rooms or using proper punctuation in emails. Yet, the term isn't meant to describe laughable quirks. Rather, it refers to stress-induced thoughts and actions that hinder those diagnosed with it from living full and productive lives.

OCD is a neurobiological anxiety disorder characterized by obsessions and compulsions. OCD causes overwhelming fears and doubts that continually occupy the forefront of the

mind. This results in unwanted thoughts, as well as coping rituals that interfere with everyday life.

What separated young Nathaniel from someone who simply "likes things a certain way" was the amount of stress such minute details caused him. In his mind, he didn't just want his Legos a certain way; he needed them a certain way.

The fourth most common psychiatric disorder, OCD affects one in 100 children and one in 40 adults, meaning more than 1,000 USF students could suffer from this anxiety disorder.

Nathaniel's physician, Dr. Eric Storch of U. South Florida Health, said there is a clear difference between "neat freaks" and those diagnosed with OCD.

"When someone (with

OCD) comes through my door, typically their concerns are so prominent that they want to do something about it," he said.

Experts say 98 percent of people with OCD experience two distinct sets of phenomena: obsessions in the form of intrusive thoughts that dominate the mind and compulsions manifested in performed, repetitive rituals.

What causes OCD is subject to extensive debate and research. Some studies have linked the disorder to a chemical imbalance in the brain, specifically of serotonin. A 2007 study published in Nature magazine showed how mice lacking a vital brain-circuitry protein exhibited "increased anxiety and compulsive grooming behavior."

Other possible causes

include genetic inheritance, as seen in studies that compare OCD twins separated at birth, and traumatic events such as childhood bouts of sickness. Storch said no two cases are the same.

"One example I give is a boy who counted shapes with a 90-degree angle," he said. "In his case, he was in a classroom that had a brick wall. Every time he'd lose count, he'd have to start anew."

Storch said engaging in OCD-induced rituals can often lead to a misdiagnosis of other conditions, such as attention deficit disorder. The boy's teacher mistook his ritual as another case of an inattentive student, even though he had no choice but to count every brick in the classroom.

Storch said cases such as this exemplify the obvious

difference between someone with OCD and someone simply labeled "obsessed."

"With kids, you'll see a lot of video game playing, and the parent will say, 'My kid's obsessed with video games,'" he said. "That's not OCD to the extent that there's not something that's distressing the child in the form of an intrusive thought, and certainly no compulsion related to it."

Three years after his mother noticed him adjusting his Legos, Nathaniel sat with his parents watching television. Even though he hadn't done anything wrong, Nathaniel began apologizing to his mother.

"In a 30-minute time span, he apologized over 60 times. I finally quit counting," Betty said. "And I said, 'OK, this is not normal.'"

## Wisconsin grad student's Tumblr hits national spotlight

BY ALYSSA SMITH

BADGER HERALD, U. WISCONSIN  
VIA UWIRE

A U. Wisconsin graduate student and teaching assistant said she is shocked at the response her feminist blog has received, turning what began as a joke for her students into an overnight national sensation.

Danielle Henderson, a member of the Gender and Women Studies Department, created the Tumblr blog "feminist Ryan Gosling," which features pictures of

the actor Ryan Gosling accompanied by information concerning popular feminist theories.

According to Henderson, her blog is a play off of the original "Hey Girl!" meme, "fuck yeah Ryan Gosling!", another Tumblr site pairing Gosling with quirky sayings — often in regards to things he would like to do with women.

Henderson said the blog originated as a study tool to work through dense material. On her blog's FAQ page, she explains she was just

trying to keep track of the theorists she was studying and thought feminist flashcards would be a funny idea.

Henderson said she believed only a few people would see the blog when she first posted it.

"I created the Tumblr as a joke for my classmates," Henderson said. "Juxtaposing serious intellectual pursuits with silly things kind of breaks down a wall and allows people to laugh at themselves a little bit."

Since launching on Oct. 8, the blog has already an

excess of more than 50,000 Facebook views with nearly 20,000 followers on Tumblr, according to the site.

It has also received national press attention, being featured on such news sites as The Huffington Post, Newsweek, CBS News and Jezebel, along with many others all listed on the blog's main page.

"It's incredibly surprising to see such a reaction to the site," said Henderson.

Henderson said despite the overwhelming positive reaction, she most enjoys

when her students understand the posts, explaining they have a deeper connection to the jokes as students of feminist theory.

Kelly Fox, a fellow master's student in the department and a friend of Henderson's, said she was equally surprised by the blog's success.

Fox explained she and Henderson were joking when Henderson posted the blog, and by the next morning it had completely exploded.

Fox added she and Henderson were afraid viewers

would not understand the feminist context of the posts, and said it was great to see people understanding the blog's humor. She added the blog is a great example of how feminist issues can be both fun and accessible.

Fox says she is especially excited the blog has allowed the UW masters program to gain national attention.

"One of my friends is famous for creating something we thought only five people would see," she said.

The buzz of Henderson's blog has also traveled to

## BRANCHES

Continued from Page 1

Resource Center."

Ferguson said students should first meet with their academic adviser to look at course requirements and any prerequisites for certain classes.

"When preparing to register, students should have a list of appropriate classes with multiple days and times," said Frances Hensley, senior

associate vice president for academic affairs and dean of undergraduate studies. "Flexibility is a key."

The Student Resource Center will have tables set up on Nov. 1 and Nov. 2 to offer students help with registration.

The tables will be in the lobby of the Memorial Student Center from 10 a.m. to 2 p.m. each day.

"Some freshmen and first year students don't really know how to start the

registration process so we wanted to offer our services and we feel like we will be a lot more visible to students with tables set up in the lobby," Matt James, resource specialist, said.

James said the Student Resource Center along with other departments on campus are more than willing to help if a student needs guidance or has any questions.

Meagan Earls can be contacted at [earls4@marshall.edu](mailto:earls4@marshall.edu).

## CORRECTION

In the Thursday, October 27, 2011 issue of The Parthenon, there was a error on page one in the headline, caption and copy for the story by Nikki Dotson, "Another World." Christina Franzen, classics and Latin professor, took part in an excavation project in Tel Dol, Israel.

## REGISTRATION

Continued from Page 1

men and children in Cabell, Putnam, Wayne, Mason and Lincoln counties. COFA helped accomplish this amount by collecting over 150 baskets.

"I am always overwhelmed by the amount of support this project receives, and I hope that it grows even larger this year," said Jay Ike, special projects coordinator.

There are several items people can donate including personal items such as underwear, pajamas, toothbrushes, hairbrushes, pillows, books and toys. Other items people can donate include toilet paper, paper plates and cups. The paper items are often short supplied.

Make-up, hair care

products and professional looking clothes are essential needs because they help to boost self-esteem and confidence for people in the process of rebuilding their lives.

"While seemingly composed of small things — toothpaste, shampoo, a hairbrush — this 'survival kit' is greater than the sum of their parts," Clercx said. These acts of human kindness demonstrate sound character and provide comfort, restore dignity and rebuild courage. These fundamentals are at the core of the COFA and Marshall experience."

"I think it is nice when people add their own personal touch to the baskets," DiFatta said.

"The College of Fine Arts invites everyone to join us in this collection drive," Ike said.

Last year local businesses, doctor's offices, the residence halls and Greek organizations at Marshall worked together and collected items at their locations.

"We hope that we'll be just as successful this year," Ike said. "It is our hope that group leaders, faculty, RAs will purchase a basket and bring it in, encouraging colleagues and classmates to pitch in. Buying the basket is the first step. Once the basket is purchased, items come rolling in."

The Huntington Museum of Art will be participating in the fundraiser. This is the museums second year participating.

"I pick up a laundry basket and put it in my office and email my coworkers that it's time to fill up the basket," said Anna Lafferre, Development Officer for HMOA.

"They never disappoint me with their generosity. I just sit back and watch it fill up. Baskets for Branches is such a great way to do something awesome for a community organization while also promoting great teamwork within the Museum."

"We felt so fortunate last year to be able to provide extra household necessities to our clients because of Baskets for Branches," Jennifer Borda, executive director of Branches, said. "We are always so humbled by the success of the College of Fine Arts' event. We are so excited to be a part of this great event again this year."

This is the third year COFA has hosted the fundraiser.

The fundraiser will be in the Memorial Student Center from 9 a.m. to 3:30 p.m.

Brittini Brooks can be contacted at [brooks73@marshall.edu](mailto:brooks73@marshall.edu).

## REALIGNMENT

Continued from Page 3

reports have any merit, and especially if a U.S. senator has done anything inappropriate or unethical to interfere with a decision

that the Big 12 had already made, then I believe there should be an investigation in the U.S. Senate, and I will fight to get the truth," Manchin said in a statement. "West Virginians and the American people deserve to know

exactly what is going on and whether politics is interfering with our college sports."

The New York Times reported late Wednesday night that Hance responded to Manchin's comments.

"Mitch McConnell

talked about the merits of Louisville and nothing else," Hance said. "Why shouldn't he be sticking up for Kentucky? I think the guys from West Virginia got caught flat-footed not sticking up for West Virginia."

**"CHARLIE BROWN IS THE ONE PERSON I IDENTIFY WITH. C.B. IS SUCH A LOSER. HE WASN'T EVEN THE STAR OF HIS OWN HALLOWEEN SPECIAL." - CHRIS ROCK**

## PARANORMAL ACTIVITY AT THE PARAMOUNT

### 80 years of mysterious mishaps have occurred at a local arts center

BY CAITLIN CONLEY  
THE PARTHENON

Be it missing items, cold drafts, footsteps or electrical malfunction — Joe is more than a scapegoat to most at this local theater.

The Paramount Arts Center, located in Ashland, Ky., is said to be home to a number of spirits, including the most well known spirit, lovingly named, Paramount Joe.

The Paramount was constructed in 1931 and was restored in 1972. After the restoration, the arts center began presenting performance art.

The theater seats 1,400 people, and it is on the National Register of Historic Places — in addition to being a Kentucky Landmark.

Joe is said to have become a part of the Paramount during its construction.

The consensus among Paramount employees is that Joe is one of four construction workers from Boyd Theater Company in Cincinnati, Ohio, who was working on a project inside the auditorium. Three of the four workers went to lunch and came back to find one man, Joe, hanging from the curtain rigging on stage.

Since then, there have been numerous reports, spanning 80 years, of mysterious sounds, missing items, cold drafts and even sightings.

Christy Reaves, development director, is considered an expert on Joe and believes the Paramount is indeed haunted.

"I have heard too many stories and felt too many things for it not to be," Reaves said. "One evening, as a volunteer, I was closing the building with two other volunteers. We had locked the entire building, walked through and turned off all the lights. We were standing by the door ready to leave when we heard a huge

slam of a door. The entire area shook. We all looked at each other with wide eyes and left as quickly as we could."

Reaves is not the only one to have run-ins with Joe. Tyler Bradley is a theater veteran from Flatwoods, Ky., who has performed a number of shows at the Paramount in addition to occupying a staff position.

Bradley said he encountered a mysterious shadow just this week.

"There is a green light on a power box, and something clearly moved in front of it," Bradley said.

Joe has also had interactions with a number of the performers who have visited the Paramount, one of the most famous being American country singer-songwriter, Billy Ray Cyrus.

Cyrus autographed a poster just for Joe that hangs in the Paramount's box office.

Reaves said there are reportedly four ghosts occupying the Paramount. One of the ghost, the only one said to be female, lingers near the ladies restroom in the lobby. The other three, including Joe, are said to be male and reside on the stage and in the Buckley Building.

Reaves said a medium came to interview Joe in 2006. This was his response:

"This is my house. I was here before any of you and I will be here after. I don't want to go to the other side. I don't want to see my family. I did not want to see them when I was here, why would I go now? I never wanted to leave the building and go home so one day, I just didn't."

It seems, then, that Joe will remain an active spirit in the Paramount.

Caitlin Conley can be contacted at [conley104@live.marshall.edu](mailto:conley104@live.marshall.edu).



CAITLIN CONLEY | THE PARTHENON

The Paramount Arts center, located approximately 20 minutes from Huntington, is said to be home to four different ghosts. Paramount Joe is among the most famous and active.

## MiAppa hosts Fall-O-Ween

BY AMANDA FASTUCA  
THE PARTHENON

A nonprofit organization is hosting an Appalachian art festival at Heritage Station this weekend, for the first time.

"Fall-O-Ween" is a festival made up of Appalachian arts and crafts to celebrate the fall season with a program known as MiAppa.

"MiAppa stands for Made in Appalachia," said Mandy Hart, executive director of MiAppa. "MiAppa is part of AppaPhil, which is our broader organization that stands for the love of Appalachia — people and place. MiAppa is a brand new program, and we have near 80 members right now. All the vendors at this festival will be local artisans of the Made in Appalachia organization."

Hart said the festival is family-oriented and is geared toward showing people what MiAppa has to offer, especially around the holiday season.

"We really want the parents to be able to look at the unique crafts, items and jewelry that are for sale," Hart said. "We are hoping that not only will the families come to enjoy this "Fall-O-Ween" event, but that they will also recognize this is a good location to find unique family gifts for the holidays."

The festival gives families the opportunity to shop for handmade arts and crafts, and activities will also be provided to keep children entertained.

According to Hart, there will be activities such as a scavenger hunt, cookie decorating, pumpkin carving and Halloween costume contests.

"There will also be picture taking with ghosts and goblins so the children can understand photography," Hart said. "Some of the local artisans will be showcasing their work and taking that as an opportunity to teach children about watercolors and crafting. Many of the shops at Heritage Station will also be participating in giving out candy and having something special for the children. So there will be a little bit of everything going on."

As a new organization in Huntington, this is the first event MiAppa has put together for the public. It takes place from 12 p.m. to 8 p.m. Saturday, Oct. 29 at the Heritage Station Courtyard.

"There is absolutely no fee to come to the festival or enter your children into contests, but we will have drinks, baked goods and — of course — the crafts for sale," Hart said. "We are always happy to get donations to go toward the help and support for our local artisans."

Amanda Fastuca can be contacted at [fastuca@marshall.edu](mailto:fastuca@marshall.edu).

## Look boo-tiful with these last-minute costume ideas

**VETERINARIAN** — Wear a lab coat and dig out your old stuffed animals. Cover them in bandages and carry them around with you all night.

**GIRLS GONE WILD GIRL** — Put on a pair of jeans and a bikini top. Grab a piece of black cardboard and with white paint write "CENSORED" on it. Attach the cardboard to your bikini top and show off your body one last time before sweater season.

**BAG OF JELLY BEANS** — Poke holes for your feet and arms in a clear trash bag. Fill the bag with different colored balloons. Just make sure to tie it up so you don't spill the beans.

**PARTLY CLOUDY WITH A CHANCE OF RAIN** — Wear a blue top. Using glue, cover it in cotton balls. Bring along your favorite water gun and determine the weather for the night.

**PRESENT** — Find a box large enough for you to fit in. But before getting in, practice your wrapping skills a little early. Add a bow to your head and be a gift to everyone you see.

**GRAPES** — Pick up a purple sweat suit, or not. The important part of this costume stems from a bag of purple balloons that you should attach to your outfit. Just be careful where you walk!

**CEREAL KILLER** — Find a box large enough for you to fit in, cut out holes for your head and arms and decorate it to look like your favorite cereal box. Stick a fork in it (literally) and you're done!

**BLACK EYED PEAS** — Grab some friends who also waited until the last minute and some black facepaint. Draw two Ps around each persons' eyes and rock out.

**THE NAKED CHEF** — Wear only your underwear under a apron and throw on a chef's hat. Cook up a good time for all of your friend.

**BLACK MAIL** — Dress from head to toe in black. Enlarge a postage stamp and attach it to your chest.

**BIRTHDAY SUIT** — Wrap your body in a birthday print table cloth, throw on a party hat. **OPTIONAL:** Wear a tube top and shorts underneath. Fool the masses in your "birthday suit."



**GHOST** — Using a white sheet with holes for your eyes and mouth never goes out of style.

**LEFTOVERS** — Wrap yourself in tin foil, and voila! The perfect Halloween dish.

