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The Parthenon, October 9, 2015

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WEEKEND EDITION

WEEKEND NEWS

FRIDAY, OCTOBER 9, 2015 | THE PARTHENON | MARSHALLPARTHENON.COM

National Depression Screening Day

By **ROB ENGLE**
THE PARTHENON

Counselors at the Marshall University Psychology Clinic offered students who may be experiencing depression symptoms free, private depression screenings.

The screenings took place Thursday in Harris Hall as part of National Depression Screening Day. Thirty-three students and community members met with clinical psychology graduate students to complete the assessment.

Jeff Swenski, Doctor of Psychology candidate, said a short questionnaire screens for depression indicators such as sleep loss, poor appetite, difficulty doing activities and suicidal thoughts, which then helped counselors recommend a course of action.

"If those indicators are present, the next step is really up to the patient. We can talk to them and determine if they want to seek therapy or not," Swenski said. "Generally, we give them referrals here to the Psychology Clinic, the Counseling Center or different options in the community."

Courtney Blackburn, Doctor of Psychology candidate, encouraged people to not let the mental health stigma dissuade them from seeking help.

"A lot of times mental health has a bad stigma associated with it, so it's really important to let people know that it's okay," Blackburn said. "Things like this get the message out there that it's okay to struggle and that there are people here who care about you and want to help you. People need to know that they're not alone."

One student understood the prevalence of depression. Freshman psychology major Leanna Hinkle said she believed it was the perfect time for her to take the first step.

"Depression is very common and people shouldn't be afraid to embrace that they may or may not have it," Hinkle said. "My

parents thought that I was showing signs of depression and I saw the fliers when I got out of my class, which was right across the hall from the office, so I figured this was a perfect time to try it. It wasn't scary at all; the lady I spoke with was really nice and gave me options for next steps. It wasn't really hard to come here, but I think trying to pursue it more might be difficult."

Junior psychology major Brooke Scarboro said she needed to talk to someone about the symptoms she was experiencing.

"I came out to the screenings because, in the past couple months, I've felt signs of depression, but I was not exactly sure if that was depression or if I was over-thinking my feelings," Scarboro said. "I wasn't sure if I was making myself feel worse than I actually am. I wanted to talk to somebody today and see if this was normal, that maybe I wasn't suffering from depression but just have been exhibiting some signs."

Scarboro, who is on the path to becoming a psychologist, said this kind of counseling is something she wants to do.

"As a psychology student, I want to go into counseling and help other people sort out their feelings, express themselves, be able to articulate what they are going through and just be a friend to them," Scarboro said.

Graduate student and counselor Britani Black said counselors at the Psychology Clinic hope to make the screening a more regular event and counselors hope to start screening for anxiety as well.

The Psychology Clinic is located in Harris Hall room 449. The clinic is open for therapy and screenings by appointment only Mondays from 9 a.m. to 4 p.m., Tuesdays through Thursdays from 9 a.m. to 6 p.m. and Fridays from 9 a.m. to 2 p.m.

Walk-in therapy appointments and crisis evaluations are available at Marshall's Counseling Center.

Rob Engle can be contacted at engle17@marshall.edu.

Depression Facts

-Roughly 20 million people in the United States suffer from depression every year.

-Women are two times more likely to suffer from depression than men.

-Over 8 percent of adolescents in the United States suffer from depression at a given time.

-People who are depressed are more prone to illnesses like colds than non-depressed people.

If you or someone you know is suffering from depression the National Suicide Prevention Helpline 1-800-273-8255 (1-800-273-TALK) is a free number to call and talk to someone.

All information from dosomething.org.



First year Psy.D students Jeff Swenski and Courtney Blackburn worked as clinicians for the depression screenings at the Marshall University Psychology Clinic.

ROB ENGLE | THE PARTHENON

Dr. Dekay's House of Screams partners with Ro-Na Theater in Ironton

By **MACKENZI KYLE**
THE PARTHENON

After a rainy opening weekend at Dr. Dekay's House of Screams, workers found a lost shoe that must have been left behind during one of the tours, prompting the joke that this year's tour will scare attendees out of their shoes.

Dr. Dekay's House of Screams has joined with the Ro-Na Theater in Ironton, Ohio to put on a Halloween haunt for only the bravest visitors.

"There's actually stories of it being haunted," said Alice Williams, business manager for Dr. Dekay's House of Screams.

The Ro-Na Theater was built in the late 1940s and has since fallen into disrepair.

Dr. Dekay's House of Screams started out as a small Halloween party for a local Boy Scout troop. With the help of Paul Smith, 11 years later it has grown into a full Halloween attraction.

"Paul Smith started this dream when he was about 12," Williams said.

Smith, although a private person, said haunting is his passion. Smith attends conventions and workshops in Columbus to learn new make-up and special effects techniques to use in the haunted house.



Ro-Na Theater in Ironton has partnered with Dr. Dekay's House of Screams for a haunted Halloween adventure.

SUBMITTED PHOTO

Smith loves to learn things that will help the house become scarier.

Smith was disappointed after visiting a haunted house with his family; Smith deemed the attraction not scary enough. Smith began to dream of growing up and building his own haunted house. Dr. Dekay's House of Screams is the product of Smith's dream.

"It takes about a month to build it up and put it all together," Williams said. "He has created it. He does it and does a good job at it."

The House of Screams is open every Friday and Saturday night in October

from 8 p.m. until 1 a.m.

The haunted house's cost of admission is \$20 and includes the House of Screams haunt, as well as a Haunted Tunnel, hosted by the Lions Club of Lawrence County.

"We have a shuttle going back and forth every 20 minutes," Williams said. "I think it works out pretty good. Two haunts for one price."

Dr. Dekay's House of Screams will also be the centerpiece of the Ironton Halloween Street Party the weekend of Oct. 30. The Planet 97.2-FM Blood and Brews party will include craft beer tastings, admission to the House of Screams and the Haunted Tunnel, a hearse display by the Charleston hearse club, and live music.

The festival will start Friday night with performances by Bobaflex, Split Nixon and Highly Suspect. The festival will continue Saturday night with a costume contest and a concert by The Menus. Tickets to the Blood and Brews festival are \$35 and can be purchased on beerfests.com.

Dr. Dekay's House of Screams promises a night of fun and fright, but let the faint of heart be warned.

"We scared someone so bad, they walked out of their shoes," Williams said.

MacKenzi Kyle can be contacted at kyle33@marshall.edu.

POLICE BLOTTER

All information provided by the Marshall University Police Department.

By **SAMANTHA GODBY**
THE PARTHENON

DUI First Offense

A red Mazda was pulled over for speeding on Third Avenue at approximately 2:50 a.m. Oct. 2. The vehicle was traveling at approximately 46 mph in a 35 mph zone. According to police, the suspect had red glassy eyes, slurred speech and smelled like alcohol. The officer administered three field sobriety tests and all three failed. The suspect blew 0.13 when given the Breathalyzer test. The individual, 20, was arrested for DUI first offense.

Stolen Handgun Recovered

A student turned in a handgun found in the bed of his truck Oct. 1. It was discovered at approximately 10 a.m. The student removed the magazine and placed it in the cab of his truck. When the student turned the gun over to MUPD, it was discovered the gun was reported stolen in Huntington Oct. 2, 2007.

Samantha Godby can be contacted at godby17@marshall.edu.

A regional infertility treatment center is seeking women 20-32 years old willing to donate their eggs anonymously to infertile couples. Treatment involves an approximate 10-20 day course of daily injections, followed by an outpatient egg retrieval procedure done under intravenous sedation. Donors who are accepted and complete a treatment cycle will be paid \$2,000.

Interested individuals should call 304.526.2652 for additional information and application materials.

WEEKEND EDITION

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DAILY STRUGGLES

by TREY COBB

Today I learned the definition of "kitsch." Long story short, I think I'm giving up on music...



Marshall celebrates LGBT history month

By **MICHAEL BROWN**
THE PARTHENON

Marshall University's Lesbian Gay Bisexual Transgender Office will show movies every Monday in October in celebration of LGBT History month. Monday Night Movies will be held every Monday at 7 pm. In the MU LGBT Office, in BW31 in the basement of the Memorial Student Center. "The Laramie Project," "Bessie," and "Stonewall Uprising" will be shown.

Katrina Dix graduate assistant for the LGBT Office and second year biomedical science graduate student said "I want the students at Marshall to just have a general awareness of how far we have come as the LGBT community, celebrate where we have been and look at what we have had to

go through to get where we are today. We can get married in almost every state in the country now."

A Missouri high school teacher who believed a month should be dedicated to the celebration and teaching of gay and lesbian history founded LGBT History month. October was chosen because public schools would be in session and it would better spread through word of mouth.

Dix said all the movies would hopefully give those in attendance a better understanding of the history of the LGBT movement and people. The LGBT office is hoping for a bigger crowd every Monday night for the celebration of LGBT History month.

Michael Brown can be contacted at brown790@marshall.edu.

INTO teaches study habits

By **MICHAEL BROWN**
THE PARTHENON

Marshall University's INTO program had a midterm terminal prep program Thursday October 8th at 5 pm to help students better prepare for midterm meltdowns. The purpose of the program was to help students study successfully, and be completely prepared for midterms.

Kenneth Jones, student engagement coordinator gave students tricks on how to study and how to take tests. Jones gave students many tips and tricks to do better when studying and taking tests. Jones told students to chew gum when studying and taking a test and make acronyms to help them better remember things. He reminded students not to pull an all nighter, but that it's okay to study right before bed.

Students should be taking small breaks during long study sessions so that their brains don't get bored while studying.

Jones said, "I just wanted to give the students different outlets on how to study, and especially American traditions. Studying in different cultures is very different than it is here. I'm happy with how the event went. If I was a only able to help one student I would be happy because I would have helped one student be prepared better for midterms and how to study."

The INTO office will host many more programs this month, including a dating and sex in America discussion.

Michael Brown can be contacted at brown790@marshall.edu.



RICHARD DREW | AP PHOTO

This May 29, 2014 file photo shows The Stonewall Inn, in New York's Greenwich Village. New York Sen. Kirsten Gillibrand and U.S. Rep. Jerrold Nadler announced Sept. 20 that they will lead a campaign to designate Stonewall Inn as the first national park honoring LGBT history. The tavern was the scene of a 1969 uprising at a key moment for the nascent gay rights movement.

Grown Ass Folks continues the Promtober party



PHOTO COURTESY OF OBSOLETE IMAGES

DJ Jesse Clark plays at the V-Club, a music venue located at 741 6th Ave.

By **NATHAN THOMAS**
THE PARTHENON

For the October installment of the Grown Ass Folks series, DJ Jesse Clark has teamed up with Jess "Feminasty" Hurst's fourth annual Promtober event series for a Saturday party at Huntington's V-Club.

"I've been a DJ for around 21-22 years," Clark said. "I started doing this party called Grown Ass Folks, kind of an outlet for the house music I'd been getting into. Also things that have been influenced by disco and funk. I've kept on trying to make it evolve in different ways, adding visuals, bringing in guest DJ's from all over the United States. It's continued to grow."

Clark estimates 30 to 40 people attended the first show, but now Clark said he thinks Grown Ass Folks regularly draws 250 to 450 people per show.

"It tends to be a great night," Clark said. "It offers an option for people to dance

we don't really have in Huntington. This, you can go out and dance and enjoy yourself. Most of the people there are dancing because they love to dance."

The event is the second

"Like what if we had a party every weekend in October?' We thought 'that's crazy, let's do it.'"
- Jesse Hurst

of four parties planned for Promtober, which kicked off Oct. 2. Hurst said the series started after brainstorming what type of events she could host in October.

"We were sitting around and thinking about what we could do," Hurst said. "We

thought something fun to have would be a prom, like everybody dresses up. Someone else said 'What if we had four proms? Like what if we had a party every weekend in October?' We thought 'that's

crazy, let's do it."

"There's going to be some people that are dressed up," Clark said. "Usually it's like a prom vibe, but it's not a requirement by any means. You can dress down, you can dress up and you can have a blast."

Clark said people can expect a wide array of sounds.

"Most of it revolves around either edits of disco tracks, house music with disco influences or straight up house music. A lot of the stuff I play probably falls into more of the deep house vibe. Definitely has live instrumentation involved. I do play some stuff that's fairly synthetic as well."

Hurst said her set has a sound that depends on the type of event.

"For Saturday, my goal is to play music that's similar to Jesse without being a carbon copy. So I'm looking for things that have a neo-house vibe that are laid back and mellow to warm things up on the floor for him."

Promtober events continue each weekend this month besides Halloween weekend, which "has been left open to allow party and bar hopping for the actual holiday."

Nathan Thomas can be contacted at thomas521@marshall.edu.

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