

10-22-2015

## The Parthenon, October 22, 2015

Jocelyn Gibson  
Parthenon@marshall.edu

Follow this and additional works at: <http://mds.marshall.edu/parthenon>

---

### Recommended Citation

Gibson, Jocelyn, "The Parthenon, October 22, 2015" (2015). *The Parthenon*. Paper 536.  
<http://mds.marshall.edu/parthenon/536>

This Newspaper is brought to you for free and open access by the University Archives at Marshall Digital Scholar. It has been accepted for inclusion in The Parthenon by an authorized administrator of Marshall Digital Scholar. For more information, please contact [zhangj@marshall.edu](mailto:zhangj@marshall.edu).

# THE PARTHENON

THURSDAY, OCTOBER 22, 2015 | VOL. 119 NO. 31 | MARSHALL UNIVERSITY'S STUDENT NEWSPAPER | marshallparthenon.com

## INSIDE:

NEWS, 2

- >BOOK CLUB
- >INTERNET SAFETY
- >THIRST PROJECT
- >OBAMA VISIT



ROB ENGLE | FOR THE PARTHENON

SPORTS, 3

- >RUGBY PLAYER
- >SPECIAL TEAMS UNIT
- >VOLLEYBALL WIN



RICHARD CRANK | THE PARTHENON

OPINION, 4

- >EDITORIAL: W. VA. DRUG EPIDEMIC
- >#FEMINISTTHURSDAY



ROB ENGLE | THE PARTHENON

LIFE!, 5

- >BLACK SHEEP BANDS
- >OBAMA'S BISCUIT



PHOTO COURTESY OF KELSIE TYSON

Follow The Parthenon on Twitter

@MUParthenon

## OBAMA VISITS CHARLESTON

### POTUS unveils plan for drug reform in the nation's opiate epicenter



ROB ENGLE | THE PARTHENON

Obama addressed an audience of about 200 doctors, politicians, community leaders and family member who have been affected by addiction. He called for an end to the stigma surrounding drug addiction.

By **ROB ENGLE**  
THE PARTHENON

In a small community center on the east end of Charleston, West Virginia, President Barack Obama addressed a crowd of about 200 doctors, politicians, civic leaders and community members Wednesday afternoon.

Despite the excitement surrounding the President's visit, the matter of business was a serious one: addressing the nation's fast growing opiate epidemic, which West Virginia is at the epicenter.

"More Americans now die every year from drug overdoses than they do from car accidents," Obama said. "Drug addiction is happening everywhere, in great families, in great homes."

The President delivered a simple message for a complicated problem, one Obama said he has been studying

since he took office.

Obama advocated for everyone to play their part to end the stigma of drug addiction, to provide pathways to recovery for opiate addicts and to support the loved ones of those struggling with this disease.

"When people loosely throw around word like 'junkie,' no one wants to be labeled that way," Obama said. "Part of our

goal is to replace those words with words like 'father,' or 'daughter,' or 'son' or 'friend.'"

Nationally, 40 people die every day from prescription drug overdose. In 2013, overdoses from prescription pain meds killed more than 16,000 Americans.

This problem has increased drastically over the past decade, as these kinds of drugs have become more powerful

and easier to get.

According to the White House, since 1999, sales of pain medications have increased by 300 percent. In 2012, 259 million prescriptions were written, which is "more than enough to give every adult in the United States their own bottle of pain medication," Obama said.

"I don't have to tell you this is a terrible toll," Obama said.

"These numbers are big, but behind those numbers is an incredible pain for those families and West Virginia understands this better than anybody."

West Virginia has the highest overdose rate per capita of any state, with 600 dying every year and, according to Dr. Joe Shapiro, Dean of Joan C. Edwards School of Medicine, one-in-six people in the tri-state are addicted to some sort of substance.

One substance that has been on a dramatic rise is heroin, which opioids are designed to replicate. Obama said the majority of those overdoses involve these legal prescription drugs, which act as gateways to heroin after doctors stop prescribing these legal medications.

"One of the problems we have is too many families

See **PRESIDENT** | Page 2



EMILY RICE | THE PARTHENON

Obama departing Air Force One after landing in West Virginia Wednesday to talk about the state's opiate addiction problem.



ROB ENGLE | THE PARTHENON

President Obama takes a selfie with members of the crowd.

## Marshall University supports month-long effort to promote Internet safety

By CASEY ADKINS  
THE PARTHENON

October is National Cyber-security Awareness Month.

The United States Department of Homeland Security sponsors the month-long campaign to teach people of all ages how to stay safe on the Internet.

According to Jon Cutler, Chief Information Security Officer at Marshall University, the MU Division of Information Technology uses the campaign to educate students, faculty and staff on the importance of keeping their data, devices and online identities safe.

The four weekly topics this year are 'protect your identity,' 'protect your data,' 'protect your devices' and 'protect your reputation.'

The MU service desk has been providing tips relating to the "Stop. Think. Connect" campaign about Internet safety through Twitter. Tips

on how to identify potential security problems have also been provided.

Cutler said Internet hackers are still using the same methods to trick people into sharing their personal information.

"One of the most common methods is phishing, which is when an email is crafted to catch the eye of a recipient and trick them into thinking they should click the malicious link or verify their passwords, date-of-birth and other personally identifiable information," Cutler said.

Cutler suggested creating strong passwords and to avoid using a common password for multiple online accounts.

Cutler said misspellings, poor grammar and suspicious-looking hyperlinks are things to look for. For social media users, Cutler suggests users only accept requests from people they know.

Cutler also warned many

computer programs come with unwanted adware or spyware, stressing the importance of doing research before installing programs.

"Be sure to keep at least one back up of your important files so you will still have a copy in the case of a corrupted hard drive or malware infection," Cutler said.

Other faculty members have already developed Internet safety habits.

"Don't click on suspicious links," Lisa Daniels, grants officer for the Marshall University Research Corporation said. "If there is ever any doubt, turn it over to computing services. They do a great job of making faculty and staff aware of any immediate cyber threats."

"Be proactive before it's necessary to be reactive," Cutler said.

Casey Adkins can be contacted at [adkins992@marshall.edu](mailto:adkins992@marshall.edu).

## Women Studies program book club reading "Girls Like Us"

By KABZ JAMES  
THE PARTHENON

The women's studies program explored the meaning behind Rachel Lloyd's "Girls Like Us" during Wednesday night's book club meeting at the Women's Center.

Through "Girls Like Us," Lloyd hoped to convey that underage girls cannot consent to sex and therefore, cannot be prostitutes.

Lloyd stressed if these girls are arrested, they should be treated as victims and not criminals.

According to the book, Lloyd said these girls should not be thought of as girls who are consenting or making any kind of choice.

Women's Studies director Laura Diener talked about the importance of learning more about the issues brought up in Lloyd's book.

"It's a little disheartening, but in order to fix it, we have to study it," Diener said.

Lloyd's book goes on to define choice and explained how these girls may fall into this lifestyle due to scarce financial options.

The book club discussed other content in the book and recounted stories about sex-workers they knew personally and contemplated where those women may be now.

While Lloyd went through self-doubt in realizing sex trafficking is a problem, she realized this issue is real.

The average age of entry into prostitution in the United States is 13 years old.

Sex work is the overall theme for this year's women's studies events.

The Invisible Women event will take place Nov. 11 and will address sex work specifically in Huntington.

Kabz James can be contacted at [james147@marshall.edu](mailto:james147@marshall.edu).



ROB ENGLE | THE PARTHENON

The roundtable discussion centered on practical ways that communities and the nation can combat the drug addiction stigma and provide pathways to recovery.

## OBAMA

Continued from page 1

suffer in silence," Obama said. "Let's face it, there is still fear and shame and stigma that surrounds substance abuse that prevents people from seeking the help they deserve. With no other disease do we expect people to wait until they're a danger to themselves and other to self-diagnose and seek treatment."

Obama said drug addiction does not just affect those who deal with it everyday, but everyone. For this reason, Obama said we need to work together to solve this epidemic.

"That's the thing about drug abuse, it doesn't discriminate," Obama said. "It can happen to anyone, from celebrities to college students to soccer moms to inner city kids."

One such situation is that of Jordan Coughlin, who described himself in the president's introduction as having a good upbringing.

"Jordan is living proof that when it comes to substance abuse, treatment and recovery are possible if we work together and care about each other," Obama said.

Coughlin said he has been free from abusing opiates for 22 months. Coughlin now works as a peer recovery specialist at Youth Services

Systems in Wheeling, West Virginia.

"Opiates were my lover, my teacher and my best friend," Coughlin said. "Without recovery I would not have the relationship I have with my family. Without recovery, I would not be a respected employee. Without recovery, I would not be standing before you today as the proud, hardworking, resilient, hopeful man I am."

Obama said he wants to make full recovery possible for more and more Americans. Obama described a number of actions for his Prescription Drug Abuse Prevention Plan, including training federal health care providers who provide opioids, increasing the use and availability of naloxone, a drug that reverses the effects of opioid overdoses and providing counseling efforts for addicts in addition to detox.

"It can just be replacing on drug with another," Obama said. "We need to identify any barriers that exist that keep us from creating treatment centers. This is an illness and we have to treat it as such. We've got to change our mindset."

In order to facilitate dialogue about how to make these changes, the President participated

## Job-A-Polooza helps students find jobs

By BREON TAYLOR  
THE PARTHENON

Marshall University Career Services hosted Job-A-Polooza Wednesday at the Memorial Student Center.

Jodi Escue, recruiter for Speedway, said she felt having the event downstairs instead of upstairs of the student center affected the turnout.

"In the beginning, the event started a little slow," Escue said. "Honestly, I think that when it comes to talking to people everyone gets nervous and this is a big obstacle to get over. I think that its just intimidating to walk to people they don't know."

"The whole event was a great idea," Escue said. "Even if we find only one person who will fit the company, it would make it a great turnout. We are looking for interns and I don't want to give up an opportunity to miss out on someone good."

Lauren Snyder, digital media marketing manager for Winterplace Ski Resort, said it is important for students to look for jobs.

"Training students to have skills in hospitality

management and customer service is a great way for students to become successful in the job field," Synder said. "Job-A-Polooza is a great way to gain connections."

"Most stations here at the event offer minor positions that can ideally help Marshall students find a seasonal job after graduation," Snyder said. "I think that its smart to have jobs that are stepping stones for students. Events like these give students an option to develop skills that can turn into something huge in their careers."

Sarah Halub, health and wellness director for Kids In Motion, said overall the event went well. "This event gets our program at the YMCA out there more," Halub said. "Job-A-Polooza gives students the opportunity to know what jobs are available in the Tri-State area."

"However, for the YMCA we are looking for students to keep our children active," Halub said. "We would like to encourage exercise science, but as long as you have high energy we welcome you."

Breon Taylor can be contacted at [taylor625@marshall.edu](mailto:taylor625@marshall.edu).

## The Thirst Project visited Marshall University campus

By TAYLOR POLING  
THE PARTHENON

The Thirst Project visited Marshall University Wednesday to give a presentation on the organization.

The Thirst Project is a nonprofit organization that works to provide wells of safe drinking water to people around the world who do not have access to safe water.

There are almost 1 billion people in the world who do not have access to safe, clean water. The clean water wells cost approximately \$12,000 each.

The Thirst Project was brought to the university by the John Marshall Emerging Leaders Institute and the Marshall University Bookstore. University representatives' goal is to raise \$12,000 to build a well, as well as raising awareness

for the Thirst Project at the same time.

Monday through Friday, representatives will be outside the Memorial Student Center collecting donations and passing out water to students in an effort to raise awareness.

During the football game Saturday, Thirst Project representatives will be walking around the tailgates with buckets to collect donations.

The presentation Wednesday night gave participants a closer look into the Thirst Project and what they do.

Videos and pictures of people who have been affected by a lack of clean water were shown to the group. Whether it is diseases from the contaminated water or physical injuries from carrying heavy water containers, the images showed the

struggles of those 1 billion people.

Three Thirst Project presenters, who call themselves the Road Warriors, gave a presentation that lasted approximately 30 minutes. Tess Bloom, Brandon Howe and Madi Herman travel across the United States to middle schools, high schools and colleges to discuss the organization.

"Marshall University has been absolutely amazing," Herman said.

The Road Warriors have helped the Thirst Project raise over \$8 million in the past six years. One-hundred percent of the \$8 million was used to give more than 260,000 people clean, safe water.

Taylor Poling can be contacted by [poling37@marshall.edu](mailto:poling37@marshall.edu).



ROB ENGLE | THE PARTHENON

Obama addressed an audience of about 200 doctors, politicians, community leaders and family members who have been affected by addiction. He called for an end to the stigma surrounding drug addiction.

in a round-table discussion with Brent Webster, Charleston Chief of Police, Dr. Michael Brumage, Sylvia Burwell, U.S. Secretary of Health and Human Services and executive director of the Kanawha-Charleston Health Department and mother of a recovering addict, Carrie Dickson.

Dickson read a speech written from the point of view of those who have dealt with a drug addicted loved one. Dickson said it was just the tip of the iceberg in terms of what families have to endure when caring for someone with an addiction.

"We rest better at night when our loved ones are incarcerated," Dickson said. "Because the place you never dreamed they'd even see, a jail or a prison, is safer than them being on the street, or pushing a needle into the arms."

Dickson's emotional address resonated strongly with the audience, especially with parents David and Kate Grubbs, who shared their story about witnessing their daughter's overdose.

"As soon as this overdose happened, we called hotlines to try to find her treatment and

they said, 'There's a three-month wait,' or 'We don't take Medicaid cards,'" David Grubbs said. "The bottom line is, we need resources and we need to put those resources into effect."

Obama said one of his goals when he entered office was to restore a sense of balance when it came to equal treatment for drug addiction.

"We need to build, fund and support more treatment centers locally," Obama said. "On the other hand, if there is a treatment center and you don't have insurance, you might have to mortgage your house. I am very proud of the fact that the Affordable Care Act requires private insurance that is sold on the marketplace to provide coverage for substance abuse programs."

Ultimately, President Obama's visit to Charleston unveiled a plan not just for those who are currently struggling with addiction, but for every citizen as well.

"This is something that is not a top down solution," Obama said. "The point is, we've all got a role to play."

Rob Engle can be contacted at [engle17@marshall.edu](mailto:engle17@marshall.edu).

# SPORTS

THURSDAY, OCTOBER 22, 2015 | THE PARTHENON | MARSHALLPARTHENON.COM

## Rugby player leads by example

By **SCOTT BOLGER**  
THE PARTHENON

Leading by example is Jake Harter's core principle when it comes to playing sports.

Harter's actions have shaped him into one of the most important pieces of Marshall University's men's rugby team.

A Dublin, Ohio native and current junior at Marshall, Harter has been president of the rugby team since the spring semester.

His leadership has kept his teammates in a constant rugby rhythm; informing the other players of when and where team meetings are, practices, special events with alumni and even going as far as teaching the other players the game of rugby.

Harter said getting fully accustomed to his role took things some people fail to combine, such as studying the game and working outside of scheduled timeframes.

"Since my senior year at Dublin Scioto High School where I played hockey and was elected a captain by my teammates in football, I was never the greatest player in the world," Harter said. "But I was always the one putting in work outside of practice. I always tried to lead by what I did, not necessarily by what I said. Now, I was never the guy to pump anyone up, but I've always been the person you would want to look to if you had a question."

Before arriving at Marshall, Harter had a head start on the game of rugby. In an area where rugby is far from the most popular sport, both his willingness to continue to play and prior knowledge earned him significant time on the field in his first year.

"Before I came here, I played with a local club team with some of my friends in Ohio," Harter said. "As for Marshall rugby, I found the team through Rec Fest and started going to practices. Again, I wasn't one of those guys who stood out, but I knew what I was doing so I got to play without learning on the sideline. That was important, especially now that we have a team where rebuilding is our main focus so we can make a push for the playoffs next fall."

Harter plays the number eight position out of the 15 on the pitch; a role on the team that demands the agility of a back and the strength of a forward.

Harter's wisdom is especially helpful on the field where he is at the center of everything.

"Now that I'm in my junior year, it's really on me to lead these guys in this rebuilding year," Harter said.

So far, Harter's focus has trickled down to first and second year players, most of who only missed a few practices throughout the season and continue to grow as players.

"Jake has been a great leader," first year wing/flanker Dakota Perry said. "He's taught me all that I know about rugby. As I'm playing, it's evident from my first day to today. He's helped me to the point where when I catch the ball, I know how to take a hit or when I want to pass the ball. He's taught me how to break a tackle so I can do so."

"Jake's a great teammate," first year fly-half Ben Baker said. "He knows how to demonstrate almost anything and he has leadership. Whenever we're having a problem on the pitch, he knows what it is, which is really important since he's number eight. He also helps me with my passing, and we honestly rely on him for most of our power in scrums."

The scrum or scrum, a method of restarting a play in rugby, packs the forwards of both teams together with the players' heads down and forces both teams to push for possession of the ball. The number eight position helps to push the scrum and needs to be one of the first to detach in order to tackle an opposing player.

Harter not only oversees all aspects of the game, he also holds the team together at the same time.

"Jake always keeps us updated through group texts," Baker said. "He makes sure that all of us are at the rugby house whenever a game is over. It's not just for his sake but for the sake of the team as well."

"We have rookie meetings and veteran meetings," Perry said. "He let's us know when we're practicing, how we're practicing and where. He's always making sure that we're okay in terms of health before and after practice and even throughout the day. He keeps us all accountable on and off the field."

Harter and the Herd plan to stay active in various ways despite missing the playoffs this fall.

"There are big goals and little goals," Harter said. "As far as the spring is concerned, I want everyone to stay involved. In the past, we've had a problem with people going their separate ways after the season ends. That's not the best way to go about building camaraderie. As far as little goals are concerned, we'll be doing service projects for the community in the winter and team workouts."

Harter's overall impact when the ball is in his hands needed only a few words of description.

"Just come out here and watch him take a hit from a guy two or three times his size," Perry said. "It's incredible."

**Scott Bolger can be contacted at [bolger@marshall.edu](mailto:bolger@marshall.edu).**

## Marshall volleyball defeats Middle Tennessee, 3-1



Members of Marshall University's volleyball team look to score Sept. 1 against Eastern Kentucky University at the Cam Henderson Center.

EMILY RICE | THE PARTHENON

By **JOHN FAUSS**  
THE PARTHENON

Marshall University's volleyball team defeated Middle Tennessee State University 3-1 Wednesday at the Cam Henderson Center.

The Herd improves to 15-8 (6-4 C-USA) on the season, while the Blue Raiders falls to 5-18 (3-6 C-USA)

Junior Cassie Weaver led the way, tying a match-high with 22 kills and recording 19 digs, while junior Ally Kiekoover added 18 kills of her own.

Sophomore setter Kayla Simmons finished with 42 assists and 14 digs and Libero Allie Kellerman recorded 17 digs one game after recording her 1,000th career dig.

"It was a great effort shown by the team," sophomore Taylor Pelton said. "We had a huge win this past weekend. And we really wanted to stay focused this week and show that those (previous games) weren't flukes and that we're the real deal."

"It was a gutsy performance," head coach Mitch Jacobs said. "They really got the mentality that we're never going to be outworked

here at home. It's not like (Middle Tennessee State) let up, we just started making more plays. We started making more defensive efforts and that carried on through set four."

The win marks the third straight conference victory for the Herd, which is coming off consecutive wins against the University of Texas-El Paso and the University of Texas at San Antonio.

In the first set, the Herd came out firing on all cylinders and were in control early, getting out to a 12-4 lead. The Herd did not let up throughout the duration of the set and secured a 25-20 win.

Set two started out as and remained a back-and-forth affair, with Marshall making some mistakes on defense and giving points to MTSU. Marshall never managed to build more than a two-point lead in the set before Middle Tennessee State took its first lead in the match at 19-18. The Blue Raiders did not look back and won the set 25-21 going into the intermission.

Jacobs said the third set showcased what the Herd is capable of when it faces adversity in a

tight match.

"In set three, we just talked about the next play," Jacobs said. "Play like it's 30-30 and that every point matters more than anything else. You've just got to play it every point at a time."

The Herd found itself trailing 17-12 midway through the third set before it began to chip away at the deficit. The Herd fought back to cut the Blue Raider lead to one point at 23-22. A Cassie Weaver kill tied the set and sparked the Herd to a 25-23 win.

The fourth set remained close until the middle of the set, when Marshall managed to gain some separation from Middle Tennessee State at the 19-16. The Herd closed out the set, notching a 25-22 victory to finish off the match.

"We're starting to come together as a team right now," Jacobs said. "We really need to keep making this push."

The Herd will seek its fourth straight victory Friday when it goes on the road to take on the University of North Carolina at Charlotte 49ers.

**John Fauss can be contacted at [fauss@marshall.edu](mailto:fauss@marshall.edu)**

## Herd's special teams unit plays unsung hero role for team

By **TRACE JOHNSON**  
THE PARTHENON

When considering Marshall University's No. 1 conference-ranked scoring defense, it is easy to take for granted the work of the special teams unit this season.

The Herd's special teams unit has been precisely that this season - special. While the team has had continuity issues this season in other areas, its special teams has been the one constant factor.

Whether it is the kickoff team, the punt team or the field goal team, the Herd's special teams unit has had continuous success so far this season.

Marshall's redshirt sophomore kickoff specialist Amoreto Curraj took over the kickoff duties for the Herd in his freshman season in 2013 and immediately found success.

Curraj finished the 2013 season with 52 touchbacks, which was fourth nationally and a university record. From 2007-2012, Marshall's football program had a total of 26 touchbacks.

Curraj was redshirted in 2014 due to back and groin injuries, but since returning in 2015, the kicker has picked up right where he left off.

Through seven games this season, Curraj has recorded 25 touchbacks. And Marshall's kickoff coverage team has limited the opposition to just 17.5 yards per kick return, which ranks 15th nationally.

The Herd's kickoff return game has been led



Marshall University redshirt sophomore kicker Amoreto Curraj kicks off earlier this season at Joan C. Edwards Stadium.

RICHARD CRANK | THE PARTHENON

by senior wide receiver Deandre Reeves, who has become one of the best kick returners in Marshall history over his career.

Reeves has set the school record for single-season return yards in each of the last two years, with 924 return yards in 2013 and 931 return yards in 2014.

Reeves currently has 2,206 career kick return yards, breaking Ray Crisp's previous school record of 1,966 yards from 1975-1978. The Herd's kick return unit as a whole is ranked eighth nationally, averaging 27.8 yards per kick return.

Senior punter Tyler Williams has been among the best punters in Marshall history since his freshman season in 2012. Williams currently averages 44.1 yards per punt over the course of his career, and if it holds up, his average would break Pat Velarde's career school record of 43.4 yards per punt set from 1982-1983.

Since 2012, Williams has had 55 punts of 50 yards or more yards and 12 punts of 60 yards or more. In 2015, he has 22 punts downed inside the 20-yard line, which ranks first nationally.

Williams' stellar play led him to be named a captain for the Herd's most recent game against Florida Atlantic University, becoming the first Marshall player under head coach Doc Holliday to be named a captain.

"He (Williams) is such a great kid that works

extremely hard," Holliday said in his weekly press conference Oct. 13. "He'll play a long time if he's got that kind of ability, which I think he does."

Sophomore Nick Smith earned the job of starting field goal kicker in fall camp and so far this season, he has literally been perfect. Smith has connected on all eight of his field goal attempts and all 27 of his extra point attempts, making him 35 of 35 on all kicks.

Only four kickers in the FBS have made more kicks without missing than Smith this season. The Herd has made 130 straight extra points dating back to Nov. 2, 2013 and 15 straight field goals dating back to Nov. 22, 2014.

Holliday said the special teams' ability in the field position battle has helped out the Herd.

"That's what special teams is all about," Holliday said Tuesday during his press conference. "It's about flipping the field position; it's about creating field position and that's the one thing we've been able to do because of our kickoff with Curraj because of our punt with Tyler (Williams) and because of our kickoff return with Reeves and that unit."

The Herd's special teams unit looks to continue its success Saturday against the University of North Texas for a 3:30 p.m. kickoff at Joan C. Edwards Stadium for Marshall's homecoming.

**Trace Johnson can be contacted at [johnson940@marshall.edu](mailto:johnson940@marshall.edu).**

# OPINION

THURSDAY, OCTOBER 22, 2015 | THE PARTHENON | MARSHALLPARTHENON.COM

## THE PARTHENON

The Parthenon, Marshall University's student newspaper, is published by students Monday through Friday during the regular semester and Thursday during the summer. The editorial staff is responsible for news and editorial content.

**JOCELYN GIBSON**  
EXECUTIVE EDITOR  
gibson243@marshall.edu

**MEGAN OSBORNE**  
MANAGING EDITOR  
osborne115@marshall.edu

**MALCOLM WALTON**  
SPORTS EDITOR  
walton47@marshall.edu

**BRADLEY HELTZEL**  
ASSISTANT SPORTS EDITOR  
heltzel1@marshall.edu

**KAITLYN CLAY**  
ONLINE EDITOR  
clay122@marshall.edu

**DONYELLE MURRAY**  
SOCIAL MEDIA MANAGER  
murray91@marshall.edu

**SARA RYAN**  
NEWS EDITOR  
ryan57@marshall.edu

**SHALEE ROGNEY**  
LIFE! EDITOR  
rogney@marshall.edu

**WILL IZZO**  
COPY EDITOR  
izzo@marshall.edu

**EMILY RICE**  
PHOTO EDITOR  
rice121@marshall.edu

**MIKAELA KEENER**  
ASSIGNMENT EDITOR  
keener31@marshall.edu

**SANDY YORK**  
FACULTY ADVISER  
sandy.york@marshall.edu

CONTACT US: 109 Communications Bldg. | Marshall University | One John Marshall Drive  
Huntington, West Virginia 25755 | parthenon@marshall.edu | @MUParthenon

### THE FIRST AMENDMENT | The Constitution of the United States of America

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble; and to petition the Government for a redress of grievances.

#### BE HERD: GUIDELINES FOR SENDING LETTERS TO THE EDITOR

Please keep letters to the editor at 300 words or fewer. They must be saved in Microsoft Word and sent as an attachment. Longer letters may be used as guest columns at the editor's discretion. Guest column status will not be given at the author's request. All letters must be signed and include an address or phone number for confirmation. Letters may be edited for grammar, libelous statements, available space or factual errors. Compelling

letters that are posted on The Parthenon website, www.marshallparthenon.com, can be printed at the discretion of the editors.

**The opinions expressed in the columns and letters do not necessarily represent the views of The Parthenon staff.**

Please send news releases to the editors at parthenon@marshall.edu. Please keep in mind, letters are printed based on timeliness, newsworthiness and space.

## EDITORIAL

# Opioid abuse hits closer to home than many may think



ROB ENGLE | THE PARTHENON

Obama addressed an audience of about 200 doctors, politicians, community leaders and family members who have been affected by addiction Wednesday at the East End Family Resource Center in Charleston. He called for an end to the stigma surrounding drug addiction. "When people loosely throw around word like 'junkie,' no one wants to be labeled that way. Part of our goal is to replace those words with words like 'father,' or 'daughter,' or 'son' or 'friend,'" Obama said.

The topic of President Barack Obama's visit to the East End Family Resource Center in Charleston Wednesday was the massive opioid abuse epidemic taking West Virginia by storm.

Addiction often gets treated like mental illness, as in it doesn't get treated because it's not seen as a "real" sickness. Like the President said, if you broke your leg, you would expect to seek treatment for it, why not something that could kill you?

A major part of the problem is the availability of legal prescription opioids. Some doctors overprescribe these medications, which causes

other doctors to fear prescribing these medications to patients who actually need them. Pharmacy break-ins targeting cases of opioid medications are not uncommon. A Google search for "WV pharmacy break ins" offers around 42,000 results.

This needs to be tackled from the source. People are making millions of dollars on exploiting addicts, because they know that once hooked, that person is a customer for as long as they are alive, because after a certain point they literally cannot live without a fix.

Take the tobacco industry, for instance. Tobacco companies used to try to target younger

audiences in an attempt to secure customers for life.

OxyContin, a seemingly household name in West Virginia, often referred to as "Hillbilly Heroin" for this association, sells on the streets for \$1 per milligram. That's up to \$80 a pill for the highest dosage.

Perhaps the most terrifying part of the epidemic is the availability of prescription medications on campus. Just ask around. Your roommate's friend may have some leftover pain pills from her wisdom teeth extraction, or his friend may have some leftover prescription cough syrup from when she was sick.

What's even more horrifying is the fact that often times, these students with leftover medications are often willing to resell them and it's no wonder: Norco, often prescribed to wisdom teeth extraction patients, goes for \$5 per pill, according to streetrx.com. With a student's budget, letting those four unused pills go to waste seems like setting \$20 on fire.

This is where we all hold responsibility. Dispose of unused medication properly so it does not fall into the wrong hands. Do not be the hand that tips the first domino. The extra cash is not worth the life at risk.

## COLUMN

# #FeministThursday

## Confessions: I'm a yes-(wo)man.

By **JOCELYN GIBSON**  
EXECUTIVE EDITOR

Saying "no" may not seem like a feminist issue on the surface, but give me a chance to explain and I think it will become clearer.

Women are socially conditioned to be complacent, doormats, if you will. The amount of guilt I feel when I tell someone "no" for whatever reason is a direct result of the way I have been taught that my life is for others not myself.

I agree to literally almost everything that is asked of me. It doesn't matter if I have no time to do it, if I completely disagree or if I would rather stab my eyes out, I always say "yes," and hate myself for it immediately.

Most days, most weeks I am overbooked. I cram every single hour with engagements and tasks and the majority of them are for the benefit of other people.

There is a serious problem in the way we condition women to behave. I distinctly remember being told to "just go with it" by parents and educators when I expressed reservations about doing what I was asked. If I didn't want to play a specific game or do a specific activity, guilt was often induced to force me to participate.

Now, here I am 21 years old and still unable to say "no" when I really want to. Add this to my social anxiety and I am constantly putting myself in uncomfortable or undesirable situations.

The women who get places in life are the women who are able to stand up for themselves,

and I hate that I am not one of those women. I can be an aggressive writer, but in life I might as well have the assertiveness of a paper bag. I'm not going to tell it like it is unless I know you really well and I'm absolutely certain you can handle it, and even then I'm probably going to hesitate.

So my challenge to everyone is to try saying "no" at least once a week. If you want to have a life that makes you happy, you have to make your life about you.

If it's easier for you, try another phrase. When someone asks you to do something, tell them you don't think you're the right person for the task rather than giving an outright "no."

Also try to avoid encouraging body language until you know what the person wants from you. If someone starts pitching an idea that you think is interesting and you are nodding in agreement, they might interpret that as you being onboard.

If you don't think you're ready to start saying "no" just yet, at least carve out an hour every day that is only for you. It can be whatever hobby or activity you enjoy, but scheduling it will make you less likely to let someone have that time.

I like to schedule an hour of creative writing in the mornings, so if someone tries to occupy that time, I can say I have prior arrangements, which, for me, is much easier than saying "no."

**Jocelyn Gibson can be contacted at gibson243@marshall.edu.**

## Jordan Andrew Jefferson, Of The Dell continue Black Sheep residency

By **NATHAN THOMAS**  
THE PARTHENON

Huntington soft-rock singer-songwriter Jordan Andrew Jefferson and locals Of The Dell will continue their monthly double bill shows at Black Sheep Burrito and Brews Thursday night.

"It's been great," Jefferson said. "It's wonderful to have the opportunity to do this. It's challenging as an artist to not become repetitive. It's great because Black Sheep is a wonderful place to play and there's always a diverse crowd. Young folks and mature folks and everyone in-between. They're always delightful and attentive and I enjoy sharing the experience with my friends in Of The Dell."

"People enjoy it," Corey Hatton, rhythm guitarist and vocalist for Of The Dell said. "Usually it's different people. We've had people from Portsmouth come in. One month we had the class of 1964 for their high school reunion. It's like a giant melting pot. We also get a lot of Jordan Andrew Jefferson's fans."

"Because of the location of Black Sheep and appeal of the menu and the bar, you're not worried because there's always going to be



Of The Dell members Cody Hatton, CJ Davis, Corey Hatton and Isaac Hodges will continue their performances at Black Sheep Burrito and Brews.

PHOTO COURTESY OF KELSIE TYSON

someone there," Jefferson said.

Jefferson's latest release is called "White Light" and marks the first single from his forthcoming album "The Only Way Out Is In." Jefferson said he plans to organize a show that goes along with the album's release.

"The Only Way Out Is In" was produced by Eddie Ashworth in his Coolville Ridge, Ohio recording studio. Ashworth is no stranger to the West Virginia music scene, having participated in a panel on the subject in June 2015 during FestivALL in Charleston. Ashworth has worked

with Charleston band Quiet and musician Jeff Ellis.

"It was a beautiful retreat for creating and getting lost and coming up with new sounds," Jefferson said. "Any hour of the night we probably did solos and vocal overdubs. That work at your own convenience is not so much setting up a session and having set hours, we can leave and come back to it. That accommodation, that freedom makes the record sound better. It sounds natural when you do that."

Jefferson will perform before Of The Dell, a rock quartet known for its British invasion-esque throwback sound.

"We're going to play a majority of original songs," Hatton said. "We're up to roughly 13 original songs. We're going to put out a single that should be out in about a month."

Hatton is known publicly for his lack of fear of tobacco products, his admiration of British pop-duo, Pete and Gordon, as well as

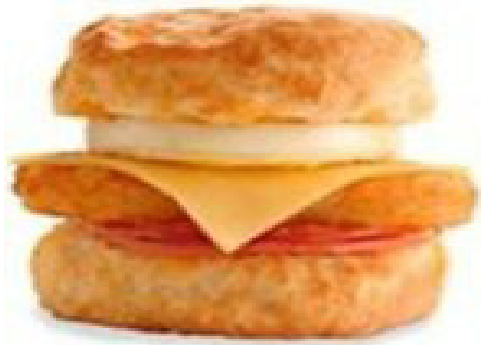
being barred from Pullman Square and Twitter. Jordan Andrew Jefferson and Of The Dell perform at Black Sheep the fourth Wednesday of every month.

Nathan Thomas can be contacted at [thomas521@marshall.edu](mailto:thomas521@marshall.edu).

# What's your biscuit, Mr. President?

Parthenon editors pick the Tudor's biscuit Obama would most likely order. Use #Obamasbiscuit and tag the @MUParthenon to join the conversation.

Jocelyn



Golden Eagle

It's delicious. It's patriotic. It's the obvious choice for the President of the United States of FREEDOM. The Miner biscuit has initial flavor-appeal, but how could he follow through after all the shade they were throwing?

Megan



Peppi

Obama's from Chicago, a city known for it's pizza, so a combination of this with West Virginia flavor in a Tudor's biscuit seems logical.

Will



Rocket

Steak. Egg. Cheese. Basic, hearty and filling. The President of the United States is a very busy man. Obama doesn't have time to wait through those long Tudor's drive-thru lines, so he's going to choose the biscuit that will get the job done with one try.

Sara



Mary B

Bacon, egg and cheese. It's classic. Obama seems like a classic man. He probably listens to Beethoven and Bach while he is waiting for his biscuit. You can't mess up bacon, egg and cheese and we all know everything must be perfect for the President.

Malcolm



Politician

Because he is one.

Brad



The most expensive biscuit

Because Obama loves spending.

Shalee



The Thundering Herd

Marshall is a big part of West Virginia culture so why not get the biscuit named after the unique history of West Virginia. Plus it's everything you could want in a breakfast.

Kaitlyn



Miner

Because Obama loves coal.

PHOTOS OBTAINED VIA TUDORSBISCUITWORLD.COM