Herd hopes to bounce back:

Marshall University TE Emanuel Byrd runs over Akron University defenders Shawn Featherstone and Larry Hope during first half football action.

Read Jacob Griffith’s game preview on page 4 and online.

About 100 years after its founding, Pitt established its football program. Pitt football participates in the Atlantic Coast Conference as an NCAA-Division 1 program. Since the inception of its football program, Pitt football has claimed nine national championships. Amongst all universities and conferences, Pitt has the third most former players inducted into the Pro Football Hall of Fame. Pitt’s head coach is Pat Narduzzi, who has posted 289 NFL players, eight of which have been inducted into the Pro Football Hall of Fame. Some notable former Pitt football players are Mike Ditka, Tony Dorsett, Larry Fitzgerald, Dan Marino, LeSean McCoy and Darrelle Revis.

This Saturday, Marshall travels to Heinz Field in Pittsburgh to face off against the University of Pittsburgh Panthers.

The University of Pittsburgh was established in 1787 as Pittsburgh Academy and was renamed as the University of Pittsburgh in 1908.

Marshall University students ride FREE when they show their MU I.D.
**Theater dept. releases 2016-2017 lineup**

**By CHRISTIAN DAYS**

The Joan C. Edwards Playhouse will present a variety of plays in the 2016-2017 season, including “Peer Gynt,” “Circle Mirror Transformation,” and “The Huntington Nutcracker.”

By ROYAL GRIESSI

The Parthenon

Summer Ross, Ph.D., is an associate professor in the biological sciences department at Marshall University. She said she is excited about how many students have made the decision to pursue a career in the biomechanical field.

Some gave examples of what people can do in the field, such as gathering data from helmet collision tracking devices in order to design better helmets and increase safety.

A volunteer athlete trainer for countries who didn’t have their own MAAS funding.

She said that the goal of the program is to help people improve their athletic performance and reduce the risk of injury. "One thing that has really been important to us is to be a part of the Marshall community and to provide opportunities for students to get involved in the program and be a part of the team," Kincaid said.

In the end, Kincaid stressed the importance of gratitude and hard work. "It’s amazing to see the difference that can be made by hard work and dedication," he said. "We’re so grateful to have the opportunity to make a positive impact on the lives of our students and the wider community."
After falling to number-three Louisville last week in a lopsided affair, Marshall now has yet another tough test against their rival straight Atlantic Coastal Conference opponent, the Pittsburgh Panthers.

Marshall enters Saturday’s showdown in the midst of their first two-game losing streak since the 2013-2014 season, which saw them lose back-to-back games to Ohio University and Virginia Tech. Despite the Herd falling below .500 early in the season, head coach Doc Holliday says his team isn’t focused on their record.

“Anytime, number one, you have a kid that beats cancer the attitude he took toward tackling that fight he had to fight is just unfathomable,” Holliday said. “They’re extremely physical … you look at all these phases, they’re a mirror image of (road coach Pat) Narduzzi. Solely, ostensibly, they get after the ball.

This week, the biggest storyline heading into the game is the Panthers’ running back, James Conner. Conner missed most of last season after suffering ligments in his knee. In the winter, Conner was di-agreed with Hodgkin’s lymphoma. After undergoing treatment all offseason, Conner was declared cancer-free in May, making head- lines and inspiring countless fans. “They’re extremely physical … you look at all these phases, they’re a mirror image of (road coach Pat) Narduzzi. Solely, ostensibly, they get after the ball. The Thundering Herd spent the first four weeks of the college football season in Huntington and finally hits the road for the first time this year on Saturday. Marshall and Pittsburgh meet at Heinz Field for one of the National Football League’s Pittsburgh Steelers. Jacob Griffith can be contacted at griffith142@marshall.edu.

The Herd enters Saturday’s contest as a 15.5-point underdog.

To advertise on this page, call Linda at (304) 526-2717.
Before Marshall University began construction on the now-named Shewey Building prior to the 1991 season, the athletic department opted to bury several items of interest on the grounds in a time capsule.

On Tuesday, the athletic department unearthed that time capsule, unveiling treasures from past Marshall seasons.

 Included in the time capsule were game-worn home and away uniforms, including a helmet, as well as a game ball from the Thundering Herd’s first game in their newly-opened stadium, which was then named Marshall Stadium. The athletic department also buried a game program from their inaugural contest in the new facility and the full-length broadcast.

Joe Fagans, Marshall’s current golf coach, was one of the many responsible for putting together the time capsule.

“We weren’t really sure how well [the contents] would hold up,” Fagans said, although he still went through with the idea.

Fagans said businesses were able to put business cards in the capsule, as well, and a copy of former Herd coach Cam Henderson’s bio was included with the items.
Making these illnesses seem less than they are ultimately makes it harder for people to be compassionate and under- standing towards the illnesses. Mental illnesses should be treated like any other illness, and the illness is a physical ill- ness, saying that is not true is damaging, offensive and incorrect. Imagine if we treated physical illness like mental illness. “Have you ever tried taking anti-histamines?” “Chemotherapy? Oh, I don’t believe in pharmaceuticals in my body.” I don’t believe diabetes is real. It’s all your frame of mind. “The flu? Believe me, I know how you feel, I had a cold once.”

I have struggled with men- tal illness for seven years after being diagnosed to find ways to kind-of cope. I had to finally accept that I wasn’t so crazy, or “I can’t talk to you” by saying “I’ve been having severe anxiety over this test tomorrow,” says the college student. “I’m so depressed,” says the middle-schooler after breaking up with her boyfriend.

Mental illnesses aren’t adjectives. OCD is the person who feels like they can’t function normally in society because of intrusive violent or sexual thoughts or other unrelated anxious thoughts. Anxiety is the person who feels like they’re being at- tacked, often times by their own mind, with no escape. Depression is the per- son who doesn’t want to wake up in the morning because they feel that their life is a nightmare.

I argue it’s a phrase directly correlated to fear in both the media and multiple mediums of entertainment. Mental illness is a physical illness. It has taken me more than seven years of being diagnosed to find ways to kind-of cope. I had to finally accept that I wasn’t so crazy, or “I can’t talk to you” by saying “I’ve been having severe anxiety over this test tomorrow,” says the college student. “I’m so depressed,” says the middle-schooler after breaking up with her boyfriend.

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Huntington Clean Eatz opens its doors

By DARIUS BOOKER
The Parthenon

A new Huntington restaurant celebrated its grand opening Saturday ushering in a new era of health and wellness to the city.

Clean Eatz is a health chain restaurant that provides an environment for people who are wanting to eat healthy on an affordable budget.

The restaurant focuses on preparing meals with low calories, lower fats, no sugar and no sodium.

Investor and co-owner Greg George, born and raised in Huntington, West Virginia, was working as a consultant with Clean Eatz when he realized that the restaurant’s concept was “perfect” for his hometown.

"Huntington has a forty percent obesity rate and I want to do something about it," George said.

George reached out to a childhood friend to pitch the idea of franchising a Clean Eatz restaurant, in a place that he said he believes is in dire need of a health change.

George said their main goal is to help the people that are living in this community.

"People need what we have," George said. "They’re suffering from obesity." With obesity being a substantial factor in the health statistics in West Virginia, George said he hopes to be at the front end of the change for the community.

He said that its not about the monetary gain, but the lifestyle change for the people of Huntington.

"People are going to lose weight and they are going to live healthier in West Virginia," George said.

The hopes of the owners are to not only bring a healthy era to the town, but also bring needed jobs to students and members of the community.

After a six-figure investment and a plan that has been in the works since December 2015, the restaurant opened its doors to the public last weekend.

The grand opening celebration included a ribbon cutting ceremony with Huntington Mayor Steve Williams.

Darius Booker can be contacted at booker25@marshall.edu.

Meet Sasha

Sasha Browning-Constantino is a siamese stray with the brightest blue eyes.

Executive Editor Lexi Browning adopted her earlier this spring from the Ivy Barry Kitty Committee after Sasha was found in a near-death state.

She had endured neurological damage in her time on the streets and has a permanent side head tilt as a result.

With the help of BEKC leader Davella Tucker-Boyd, Lexi started the adoption process while Sasha was undergoing treatment for kidney issues. She was given prescription food and lots of love and recovered flawlessly. Sasha spends her time playing with socks, nesting in cabinet drawers and galloping sideways.

Submit a photograph and brief biography of your pet to parthenon@marshall.edu or tag @ParthePics on Twitter and Instagram for a potential feature.