

GUIDELINES FOR AUTHORS

Adultspan Journal seeks manuscripts illuminating current information about research, theory, and practice in the field of adult development and aging. The journal seeks submissions that provide leadership on innovative topics, focusing on developmental principles and concomitant counseling implications. The journal promotes accurate information regarding counseling and adult development with research, practice, literature review, conceptual, and personal journey articles.

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SUBMISSION TYPES

Research Article - This submission is written to report findings from a research study. A research article must include eight major sections: Title, Abstract, Introduction, Positionality Statement, Method, Results, Discussion (including implications and future research), and References. The implications should include a section for practicing counselors. Submissions should not exceed 25 pages double spaced including (cover page, abstract, references, tables, and figures).

Conceptual Article - This submission is written to bridge the gaps in literature related to the adult population. Authors are required to identify a theoretical or conceptual framework guiding their work and are encouraged to utilize figures to illustrate their conceptual framework. Articles that are interdisciplinary in nature are welcome. Submissions should not exceed 25 pages double spaced including (cover page, abstract, references, and figures).

Practitioner Focused Article – This submission is written to disseminate viewpoints, data, reflections and evidenced based strategies to professionals working with older adults. Authors are encouraged to include models of best practice to address issues of importance to professionals serving this population. Authors must include a positionality statement. Submissions should not exceed 25 pages double spaced including (cover page, abstract, references, tables, and figures).

Perspectives Article - This submission is written in editorial format, expresses one or more viewpoints, opinions, reflections, or experiences on issues of importance to professionals working specifically with older adults. Authors must include a positionality statement and are encouraged to be creative and include pictures or other forms of media along with their narrative. Submissions should not exceed 5 references or 1,500 words.

SUBMISSION OF MANUSCRIPTS

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Submitted articles cannot have been previously published, nor be forthcoming in an archival journal or book (print or electronic). **Please note:** "publication" in a working-paper series does *not* constitute prior publication. In addition, by submitting material to *Adultspan Journal*, the author is stipulating that the material is not currently under review at another journal

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- no clues to the authors' identity.
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Authors should carefully prepare their manuscripts in accordance with the following instructions:

- All manuscripts should be prepared according to the Publication Manual of the American Psychological Association (7th ed.; American Psychological Association [APA], 2020).

Page Limitations

- Manuscripts should be as concise as possible, yet sufficiently detailed to permit adequate communication and critical review.
- Manuscripts should be 15 to 25 double-spaced pages total, including all references, tables, and appendices.
- Consult the APA Publication Manual for specific guidelines regarding the format of the manuscript, abstract, citations and references, tables and figures, and other matters of editorial style. Tables and figures should be used only when essential.
- Submit your manuscript, including tables, figures, appendices, etc., as a single file.

Selected Sections for Manuscript Submissions

Title Page:

- The first page of the manuscript should be masked and contain only the title of the manuscript
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Abstract:

- The abstract should express the central idea of the manuscript in nontechnical language
- It should be on page 2 and is limited to 150 words
- The abstract should include a brief review of the background, methods, results, conclusion, and implications for your study.

Keywords:

- Keywords should follow the abstract on page 2 and should include 5 words

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- All manuscripts require a 500-word positionality statement. Positionality statements provide readers with insight into the authors identities and how those identities might shape ideas that are presented. Only include relevant information that connects your identity, areas of expertise and interest to the specific ideas presented in the manuscript. The goal is transparency, however, only share information you are comfortable with being in the permanent record through publication. Empirical manuscripts should include

the statement in the methods section and conceptual manuscripts should include the statement after the literature review.

Tables and Figures:

- No more than 3 tables and 2 figures with each manuscript will be accepted.
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- Each table or figure should be placed on a separate page following the reference list.
- Figure captions are to be on an attached page, as required by APA style.
- Figures (graphs, illustrations, line drawings) must be supplied in electronic format with a minimum resolution of 600 dots per inch (dpi) up to 1200 dpi. Halftone line screens should be a minimum of 300 dpi.
- Word files are preferred so we can easily modify if needed.
- (See the most current APA Publication Manual for more detailed instructions on table and figure formatting.)

References:

- References should follow the style detailed in the APA Publication Manual.
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- Incorporate any information within the body of the manuscript.

Other:

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- In addition, the terms *counseling*, *counselor*, and *client* are preferred, rather than their many synonyms.
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