

## Public Datasets with Older Adult Populations

### **National Social Life, Health, and Aging Project (NSHAP)**

The National Social Life, Health, and Aging Project (NSHAP) is a longitudinal, population-based study of health and social factors, aiming to understand the well-being of older, community-dwelling Americans.

<https://www.norc.org/research/projects/national-social-life-health-and-aging-project.html>

### **The Mexican Health and Aging Study (MHAS)**

The Mexican Health and Aging Study (MHAS) is a national longitudinal study of adults 50 years and older in Mexico.

<https://www.mhasweb.org/Home/index.aspx>

### **English Longitudinal Study of Ageing (ELSA)**

The English Longitudinal Study of Ageing (ELSA) is a unique and rich resource of information on the dynamics of health, social, wellbeing and economic circumstances in the English population aged 50 and older.

<https://www.elsa-project.ac.uk/>

### **National Health and Aging Trends Study (NHATS)**

The National Health and Aging Trends Study (NHATS) conducts annual in-person interviews with a nationally representative sample of Medicare beneficiaries ages 65 or older. Designed as a platform for scientific study of late-life disability trends and trajectories, NHATS fosters research to reduce disability, maximize independent functioning, and enhance quality of life at older ages.

<https://www.nhats.org/researcher>

### **The Irish Longitudinal Study on Ageing (TILDA)**

The Irish Longitudinal Study on Ageing (TILDA) is a large-scale, nationally representative, longitudinal study on ageing in Ireland, the overarching aim of which is to make Ireland the best place in the world to grow old.

<https://tilda.tcd.ie/>

### **Japanese Study of Aging and Retirement (JSTAR)**

The Japanese Study of Aging and Retirement (JSTAR) is Japan's first-ever globally comparable panel data survey of people aged 50 or older. The data collected in this survey include diverse information on the economic, social, and health conditions of people aged 50 or older.

<https://www.rieti.go.jp/en/projects/jstar/>

