

# WE ARE... MARSHALL®

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## Music Faculty to Participate in John Marshall Tribute

Two theatrical performances of "A Tribute to the Great Chief Justice John Marshall," featuring the Honorable John Laidley narrating a segment called "Meet John Marshall," and special music from Marshall University music faculty, will take place Tuesday, Oct. 21 in the Francis-Booth Experimental Theatre on Marshall's Huntington campus.

The first performance starts at 5 p.m. and is for Marshall students. The second performance, at 8 p.m., is for the Marshall community and the general public. Admission to both performances is free.



Music faculty performing in the tribute to John Marshall Oct. 21 include (from left) Ben Miller, field drum; Stephen Lawson, horn; Kay Wildman, harpsichord; David Castleberry, tenor; Leslie Petteys, piano; Linda Dobbs, soprano; Kay Lawson, bassoon; Wendell Dobbs, flute; and Elizabeth Reed Smith, violin.

## Marshall Pilot Study Reveals Effect of Walnuts on Cancer in Mice

Snack-sized quantities of walnuts slow cancer growth in mice, reports a Marshall University pilot study published in the current issue of the peer-reviewed journal Nutrition and Cancer.

Researcher Dr. W. Elaine Hardman of the Joan C. Edwards School of Medicine said the study was designed to determine whether mice that got part of their calories by eating walnuts had slower breast cancer growth than a group eating a diet more typical of the American diet.

"When we fed the mice the walnuts, the growth rate of the tumors they had was dramatically suppressed," Hardman said.

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Marshall President Stephen J. Kopp also will take part in the performances. Kopp was in the first tribute to John Marshall in 2006, which was staged as part of Marshall's 251<sup>st</sup> birthday celebration.

"Dr. Kopp has long encouraged the development of a better understanding of our namesake, John Marshall," said Dr. Alan B. Gould, executive director of Marshall's John Drinko Academy. "We hope everyone will join Dr. Kopp as he pays tribute to the great Chief Justice."

Laidley was a local lawyer who founded Marshall Academy in 1837 and named the school for his friend and colleague, United States Supreme Court Chief Justice John Marshall.

## Linda Owens Named Employee of the Month

Linda Owens, Career Services Technician, has been named the Marshall University Employee of the Month for July, according to Amber Bentley, chair of the Employee of the Month Committee.

An employee since October 1997, Owens was nominated by her supervisor, Denise Hogsett.

In her nomination, Hogsett wrote, "Linda Owens has gone above and beyond her duty....for Career Services at Marshall University She has not only completed her job but has taken on the responsibility of the Educator EXPO, a Feb. event that had no leadership following staff vacancies. She has re-arranged her scheduled hours to stay after work to host on-campus interviews due to an illness of a

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Linda Owens (left) receives her Employee of the Month award from President Kopp.

## Fall Film Festival to Feature Films from Romania, Mexico, Israel

The Fall International Film Festival, which runs Oct. 10-16 at the Keith-Albee Performing Art Center, will feature a film from West Virginia native Morgan Spurlock along with other films from Romania, Mexico, Israel, Austria, and France.

The films include:

*Where in the World is Osama Bin Laden* (USA) which came about when Spurlock and his wife discovered they were about to have a child. Spurlock realizes he wants his child to grow up in a better world so he goes on an epic adventure to find out for himself where the most dangerous man on earth, Osama Bin Laden has been hiding.

*4 Months, 3 Weeks and 2 Days* (Romania) This film portrays the gritty account of Otilia, a young college student trying to help her pregnant roommate secure an illegal, abortion during the final days of communism in Russia.

*Sangre De Mi Sangre* (Mexico) A young Mexican immigrant, Pedro, journeys to New York in search of the father he's never met but gets entangled with the conniving thief Juan who steals his identity and his dream. Only the assistance of a mysteriously complex prostitute enables him to continue his search.

*The Band's Visit* (Israel) This film follows the story of an Egyptian police orchestra that gets lost on its way to a performance in Israel and winds up far from home in an isolated

Israeli village. The story shows through comedy how people of all cultures share the trails of friendship and romance.

*The Counterfeiters* (Austria) Winner of this year's Academy Award for Best Foreign Film, the movie tells the true story of Salomon Sorowitsch, the bohemian and Russian Jew who was captured by Nazis and forced to cooperate in the organized counterfeiting operation to finance the war effort.

*The Flight of the Red Balloon* (France) In this tribute to Lamorisse's 1956 classic short *The Red Balloon*, Juliette Binoche stars as a single Parisian mother who employs a Taiwanese film student as her son's babysitter. As they explore the city they create and share an imaginary world where they are followed everywhere by an affectionate mysterious red balloon.

For show times or other information, visit the Artists Series Web site at <http://www.marshall.edu/muartser>.

## Walden Named Chair of Family and Community Health at Med School

John B. Walden, M.D., who followed in the footsteps of his father and grandfather in becoming a family physician in West Virginia, has been named chairman of the Department of Family and Community Health at the Joan C. Edwards School of Medicine.

Previously the associate chair of the department, Walden also is the medical school's associate dean for medical school outreach and development.

"Dr. Walden has been a significant player with a major role in the growth, development and extraordinary success of our family medicine program at Marshall," said Dr. Charles H. McKown Jr., vice president of health sciences and dean of the medical school. "His background, including his family's tradition of rural medical practice, complements his responsible leadership skills and will assure us of continued success in our mission as it relates to primary care in rural health."

Walden's career thus far brings to 139 his family's years of service as doctors.

"My passions are rural medicine and international health," said the Lincoln County native, who founded and directs the international health track in Marshall's

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## Classified Staff Schedules Election

The Classified Staff Council will hold an election in November to choose representatives for three unexpired terms that have resulted because of resignations and reclassifications.

The vacant positions include one each in the following groups: Group 10, Executive, Administrative and Managerial; Group 40, Technical/Paraprofessional; Group 50, Clerical.

Nomination forms have been sent by campus mail to members of these groups. The forms must be received in the Staff Council Office no later than Friday, Oct. 17 at 4:30 p.m. Nominations will not be accepted after that date.

For more information about the elections, contact Election Committee Chair Joe Wortham, ext. 65402, [wortham@marshall.edu](mailto:wortham@marshall.edu) or Charlene Hawkins in the Staff Council Office, 62222, [hawkins@marshall.edu](mailto:hawkins@marshall.edu).

# WE ARE... MARSHALL®



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The next regular issue of *We Are...Marshall!* will carry an issue date of Oct. 17, 2008. Deadline is Oct. 10. Articles or other materials for consideration should be sent to Pat Dickson, editor, at the South Charleston campus or by e-mail to [pdickson@marshall.edu](mailto:pdickson@marshall.edu).

## Note of Thanks

I would like to thank everyone for their kind thoughts, words, cards, and prayers during my recent heart surgery. It meant a lot to receive such wonderful support from my Marshall family while I was recovering. It made the recovery go much quicker hearing from everyone and having that kind of support. Also, thank you to everyone who donated leave for my catastrophic leave. I don't know what I would have done without you. Without your donations and the pay I subsequently received as a result, I would have lost my apartment. Thank you all.

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## Profile: Nina Thompson



Nina Thompson

Nina Thompson really enjoys the Huntington campus with its leafy, park-like atmosphere. And apparently so did her fountain-swimming dog.

"I live near enough to the campus to come here in the evenings or on weekends to walk and I used to bring my dogs with me," says the administrative secretary senior who currently works in Telecommunications and Networks. "One day one got out of

the yard and came straight to the campus where he jumped into the fountain for a swim. It was a hot day, the water was cool, and he was a young dog, so it seemed like a good idea at the time," she recalls, laughing. Bemused campus police soon called her to come pick up her wayward pooch.

"We now have two dogs and two cats, including one that came to our house a couple months ago, very thin. My husband, Ronnie, noticed that she is declawed. I wonder how someone could have moved away and left her, but she seems right at home now."

Thompson has been at Marshall for more than 20 years and she's never been afraid to tackle something new. In fact, she relishes a challenge. That spirit of adventure has allowed her to experience diverse aspects of the university. "I've changed jobs for better opportunities and I've found something to like in each job I've had," she says.

Her Marshall career path started when she was a cashier at a small café that was then located at the medical school. After the café closed sympathetic customers gave her job leads, which led to her finding work as a temporary employee in the med school mail room as a mail clerk/courier. Her duties routinely included delivering mail to the Huntington campus, as well as Spring Valley, Cabell Huntington and St. Mary's hospitals and the Huntington State Hospital. She stayed there for seven years.

"I enjoyed working at the med school but it was physically taxing because I had to lift heavy loads. I liked talking with the different people I saw each day and having a variety of duties but I decided I needed to look for something a little less strenuous."

When a position opened up in the campus ID office, she made the switch and for five years worked as a data technician. "We made ID cards for students, faculty and staff. I took photos, entered data, made sure students had the correct meals and activities on their cards and added points (money) to staff and student cards. The beginning of a semester meant long busy hours but then it would slow down, so we could catch up and be ready for the next semester. I really liked working in the ID office because I enjoyed working with students and the small office atmosphere was nice."

From there she went to the Educational Foundations office to a part-time position and later transferred to the Student Athlete program. Again, it was rewarding to be working with the students. In 2001, she accepted a position in Telecommunications and

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## Linda Owens

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staff member in charge and has continued to assist me with building employer relations that are so vital to the placement of our students."

In addition, "She is always professional and friendly, willing to do what is needed to get the job done. She is concerned about detail and wanting to do it right the first time."

The nomination concludes, "She has truly assisted us in our effort to turn Career Services into a more service friendly department for students and employers."

Owens was presented with a plaque, balloon bouquet and a check for \$100 by President Stephen J. Kopp.

## Health and Wellness Fair Slated Oct. 21

The 7th Annual Marshall University Health & Wellness Fair will take place Tuesday, Oct. 21 at the Memorial Student Center Lobby on the Huntington campus from 10:30 a.m. to 1 p.m.

Free testing will be available to students, staff and faculty. The tests will include: step test, flexibility, body composition, blood pressure, fasting glucose and many others. For best results, fasting from 8-12 hours is recommended.

In addition, there will be wellness and other informational booths.

The PEIA Worksite Health Screening will also be held for PEIA-insured students, staff, and faculty in 2W16 of the Memorial Student Center from 7:00 am until registration is full. Tests will include Blood Pressure, Bone Density, Total Cholesterol, HDL, LDL, Total Cholesterol/HDL ratio, Triglycerides, Glucose, and PSA (for men over 45). Optional tests will be available for fees. For best results, fasting 8-12 hours is recommended. Please call 696-6839 to schedule an appointment.

Only those who participate in a health screen (may include one or all of the following: blood pressure, osteoporosis screening or blood work) will be eligible to participate in the Lifestyle Change Programs. For more information about PEIA's Lifestyle Change Programs, visit [www.peiathways.com](http://www.peiathways.com) on the Web.

This event is sponsored by the MU Wellness Coalition, Student Health Education Programs and Recreational Sports.

## Faculty/Staff Achievements

**Dr. Shannon Butler**, assistant professor of Modern Languages, had a recent book published, *Travel Narratives in Dialogue*. The book examines 19<sup>th</sup> Century imperialist dialogues written about Peru and examines Peruvian writers of the same period who fashioned their own travelogues as protests against how imperialist writers denigrated Peru and Peruvian culture. This study exposes the dialogic nature of travelogues and underscores how the travel writing subjects produce texts that serve as forums of struggle, coercion, control and contestation depending upon the personal, imperialist, naturalist and pro-feminist agendas of the writers supported. Travel narratives examined include those written by J.J. von Tschudi, Madeline Vinton Dahlgren, Flora Tristan, Juan Bustamante, Manuel A. Fuentes, and Jose Manuel Valdez y Palacios.

## *Nina Thompson*

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Networks which is a part of Computing Services. "I enjoy working with the staff; it's a close-knit group," she says.

Thompson is originally from Beech Fork in Wayne County. Married, she has a son, Joe, who is in the Navy and is currently stationed in Norfolk, Va., where he lives with his wife, Angie, and their two children, Brayden, 5, and Brianna, almost 2. "We just returned from a wonderful trip to Norfolk recently. We went down for Joe's chief petty officer pinning ceremony on the ship. Angie and Joe both love to travel and live in different places and the Navy is a great career. In December, they will move to Mayport, Fla., near Jacksonville."

Actually Brayden's birth was the occasion for an exciting trip to Spain for Thompson and her mother. "Joe was stationed in Rota, which is on the east coast of Spain when Brayden was born, so we went there to see him. We were about three blocks from the beach and we traveled to several small towns that were built on the tops of mountains. Some of the churches and other buildings we saw were built in the 16<sup>th</sup> and 17<sup>th</sup> centuries. It was wonderful to travel all over the area and the region was so beautiful."

The Thompsons love to travel and so far they've explored the Bahamas and ventured to several parts of the U.S. and Canada. But one of their favorite pursuits keeps them closer to home.

They like poking around flea markets on weekends. "We just like to go and see what we can find. It's like a treasure hunt; you never know what you'll find."

The couple makes shopping forays in West Virginia, Kentucky and Ohio. She's always on the lookout for what she terms "mid-century modern" furniture. "It's pieces from the 1920s through the 1950s. They're hard to find in this area but I do have some. I like the style of these pieces, the clean lines. I have inherited some furniture of that era but I'm always looking for more that I can use. I like modern/contemporary design so when I buy something I can't wait to get it home."

Sometimes the shopping junkets turn up an amazing treasure. "I have a teapot that was given to me by my grandmother that was at least 50 years old, I remember it being in her house all my life. I couldn't believe it when I found a matching sugar bowl at one of the flea markets."

And she has a good-humored take on their hobby. "It's relaxing to just get out and see what's out there. I like to shop and see what I can get a good deal on. Right now, I am looking for French doors that we can refurbish. So far I have found three but would like to have one for each room. I will frost the glass for the bedrooms and bathroom. I guess I just have a good shopping gene!" One she says that's fortunately shared by her husband who enjoys their outings as much as she does if not more.

The couple likes to garden and they see that their house is abloom with both flowers and greenery, inside and out. "We're big on house plants; we have a lot of them. But luckily Ronnie likes to take care of them, so he does the watering and the pruning and whatever else they need."

The family attended 20th Street Baptist Church which, after merging with another church, is now the New Baptist Church.

She still enjoys walking on campus to watch the seasons change, although these days she goes without the water-loving dog. "I would rather walk here than any other place. This is such a beautiful campus--it always makes me feel good when I am walking here. My years at Marshall have been blessed and I am thankful to God for the jobs I've had. I'm glad I have the opportunity to work at Marshall and I'm glad I'm not afraid to take chances or to make changes," she says thoughtfully.

## *Marshall Pilot Study*

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The mice ate a diet in which 18.5 percent of the daily calories — the equivalent of two servings for humans — came from walnuts. Tumors in the walnut-fed group took twice as long to double in size as tumors in the control group, the article reports. The study is believed to be the first to look at the impact of walnut consumption on cancer growth.

"It's always very good to find something that will slow the growth of tumors without being toxic chemotherapy," said Hardman, who has spent 15 years studying the role of diet in cancer.

Walnuts have at least three components that could account for their cancer-slowng effect, Hardman said. They are high in omega-3 fatty acids, which have been shown to slow cancer growth. They also include antioxidants and components called phytosterols, both of which have shown cancer-slowng effects in other studies.

Hardman said research as a whole is suggesting that Americans need to get more of their fat calories from fats rich in omega-3 fatty acids and fewer fat calories from saturated fat or foods high in omega-6 fatty acids.

In addition to walnuts, other good sources of omega-3 fatty acids are fish and canola and flaxseed oils, she said.

"Changing our habits to reduce our risk not only of cancer but also of other chronic diseases, such as heart disease and diabetes, could reduce our health costs that are eating us up and provide better lives for a lot of people," she said. "I think in the future — and probably the near future — our diet, and making dietary changes, is going to become the biggest weapon for fighting cancer."

The project was funded through grants from the American Institute for Cancer Research and the California Walnut Commission, neither of which had input on the interpretation or reporting of the findings.

## *Walden Named Chair*

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family practice residency program. The first of its kind in the nation, this program has recruited to West Virginia several medical residents from other states who remained here to practice once their training was complete. An authority on health issues among the isolated jungle-dwelling tribes of the Amazon basin, Walden has visited South America every year since 1966 to help improve their health care.

Walden received his undergraduate degree from the University of Virginia and his medical degree from West Virginia University. A board-certified family physician, he pursued additional studies in clinical tropical medicine at Gorgas U.S. Army Hospital in the Canal Zone and Walter Reed Army Institute of Research. He also earned a diploma in tropical medicine and hygiene from the Liverpool School of Tropical Medicine and Hygiene in England.

He has been a full-time member of Marshall's medical faculty since 1982. In addition to serving on many university and hospital committees, he has been president and chairman of the board of the West Virginia chapter of the American Academy of Family Physicians.