Food Systems Innovations

A Participatory Workshop

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Presented at the 37th Annual Appalachian Studies Association Conference
March 29, 2014
Outline

- Introductions
- Appalachia’s Future Food System
- Food Systems Innovations
- Moving Forward Using Appalachia’s Assets
Introductions

- Name
- Affiliation
- Specific Food Systems Project
- Favorite Appalachian Food
WHAT SHOULD APPALACHIA'S FOOD SYSTEM LOOK LIKE?
List words or phrases that describe a healthy Appalachian Food System.
HOW DO WE GET THERE?
INNOVATIVE IDEAS/METHODS
YOUR INNOVATIONS?
Food Access and Workforce Development
The Campus Kitchens Project (CKP) is a national leader in community service for students and is the future of hunger relief. CKP is empowering the next generation of leaders to implement innovative models for combating hunger, developing food systems and helping communities help themselves.

We partner with high schools, colleges and universities to share on-campus kitchen space, recover food from cafeterias and engage students as volunteers who prepare and deliver meals to the community.
Mobile Grocery Stores
Mobile Food Processing
More Examples of Innovation

- Food Waste
  http://www.foodrecoverynetwork.org
- Education: Fundacion Paraguaya
- New Roots (Louisville, KY): Flipped CSA
  http://www.newrootsproduce.org
Time Banking

We Need Each Other.
Joining Untapped Capacity to Unmet Needs.

About Timebanks USA
Timebanks USA was formed in 1995 to promote TimeBanking. Our mission is to nurture and expand a Timebanking movement that promotes equality and builds caring community economies through inclusive exchanges of time and talents. Read more...

Brief Video Clip
Explaining the Principal of Time Banking

Additional Information
WHAT NOW?
HOW DO WE MOVE FORWARD?
Example: Let’s say we have decided we want to launch a Mobile Grocery Store

Step 1: We do our Research

- National Mobile Market
http://nationalmobilemarket.org
- Healthy Food Access Portal
http://www.healthyfoodaccess.org/library/browse/mobile-markets-applying-food-truck-model-food-access

This might lead us to identify questions we need to ask/problems we need to solve before moving forward
Example: Mobile Markets

Questions:

• How much would a mobile grocery store cost to establish and operate?
• Where would we get funding for such an operation?
• Where would we get the products to stock in the mobile grocery store?
• Where would we store produce and perishable goods overnight?
Intimidating
Discouraging
ASSETS BASED DEVELOPMENT
Healthy Ecosystem

Economic Security

Social Well-being

Financial Capital
Income, Wealth, credit, investments

Political Capital
Inclusion, voice, power

Built Capital
Water systems, sewers, health centers

Natural Capital
Air, soils, water (quality and quantity), biodiversity

Cultural Capital
Cultural identity, language, events, celebrations

Social Capital
Leadership, groups, networks, trust, reciprocity

Human Capital
Education, skills, health, self-esteem
THANK YOU

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