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The Parthenon, June 2, 2021

Brittany Hively
Parthenon@marshall.edu

Isabella Robinson

Abby Hanlon

Xena Bunton

Catherine Blankenship

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Welcome to the HERD: Orientation Edition

Welcome to the Herd family

Herd: (with reference to a group of people) move in a particular direction

Family: a group of people/things sharing certain characteristics

Once a member of the Herd, always a member of the Herd.

Bus Passes On Your Phone
Get the Token Transit app

Text TOKEN to 41411 for a download link
Welcome to the family

Welcome to Marshall University. As president, I am very honored you have made the decision to become a member of the Marshall FAMILY. What I love most about working at a university are the students. I hope you will come to understand and appreciate that I am a president who is visible, approachable and one who cares about you.

You are about to begin an exciting transition to college where many new education and life experiences will provide you the opportunity to mature intellectually, socially, professionally and ethically. I promise you—it is going to be an amazing journey with new friends and experiences you will never forget.

In terms of your education, you must apply yourself and be disciplined—there are no shortcuts to learning. And to be frank, one of the most important components of success in college is class attendance. Additionally, class participation is a cornerstone of the college experience. The conversations, lectures, and yes, even the occasional debate, are important elements of learning. Diversity of thought will give you the chance to solidify your own opinions or, in some cases, change them.

No doubt some of you may be experiencing pandemic-associated apprehension as you begin your academic career. We are emerging from a year-long public health crisis and all of us will need to adjust our thoughts and actions accordingly. Our campus’s health and safety continue to be my top priority and I am working daily with our COVID-19 team to ensure we follow the most recent guidelines. One way we are working to keep safe is by encouraging everyone to get the COVID-19 vaccine. Our faculty and staff have already reached #thunderingherdimmunity and we want our students to do the same. You will be hearing more about our campus safety initiatives throughout your orientation and as we move toward the beginning of the semester.

Finally, I encourage you to familiarize yourself with the Marshall University Creed. Its principles of independence, initiative, achievement, ethical integrity and a commitment to diversity are core values our Marshall community strives to follow. I want each of you to endeavor to be the best person you can be, and the Creed lays a great foundation for that achievement.

Again, I welcome you to Marshall University and wish you the best in your education. All of us—faculty, staff and administration are completely dedicated to seeing you succeed!

Best regards,

Jerome A. “Jerry” Gilbert
President, Marshall University

Tips for Success

A note from the editors

- Read your syllabi and make note of important dates
- Deadlines are not suggestions
- We know it can be hard, but go to class
- Make friends
- Don’t overwhelm yourself and try to do it all
- Communicate with your professors
- Get organized
- Don’t be afraid to try something new
- Enjoy!

When in doubt, ask for help!

Marshall University President Jerry Gilbert

COURTESY UNIVERSITY COMMUNICATIONS
ABBREY SHAE BAKES

By ABBY HANLON
CAMPUS EDITOR

“I started making Macarons as a side hobby to relieve some stress during school. Every time I would come back home, friends and family would ask if they could order some. It was a very finicky treat to master, but I loved how unique and versatile it was,” said Abbey Kimball, owner of Abbey Shae Bakes.

In 2018, Kimball began her small business journey. She started hosting pop-up events with tables and decorations to sell her Macarons before she purchased a food truck to sell her cookies at various events in the community. The decision to open her own food truck when she came back to West Virginia from her college time at Belmont University in Nashville, Tennessee.

“Food trucks were becoming a big deal in Nashville, and I thought it was a great idea to start off small and see if this would be something I’d like to continue to pursue,” said Kimball. “It was mainly a low overhead thing, but it became more of a unique business model for our area.”

Kimball started baking when she was in high school and was drawn to baked goods when she traveled. Her freshman year of high school, she received her first Kitchen Aid from her boyfriend, and she still bakes with it now. She and her boyfriend are also still together today.

“I do all of the baking myself but really couldn’t get by without my family, friends, and employees,” said Kimball. “Even though my business has my name on it, it’s really been shaped by a collective. They’ve helped me in every aspect and continue to add to the brand.”

She always knew she wanted to have a business of her own but was not sure what kind of business she was going to run.

BAKES cont. on 10
The day couldn’t be better as you are flowing down the Little Coal River in Danville, West Virginia. The sun is shining bright on you in the perfect 87-degree temperature, closing your eyes to feel the heat even if you could look at the blue sky all day long. It is your first time in a year bringing your kayak out, the one collecting dust in the shed. West Virginians and tourists from miles away are in the river with their Jon boats and kayaks to experience one of the state’s outdoor treasures. It is quiet as can be, except for the occasional bird chirps, as you breathe in the fresh air and take a drink from your hydro-flask when you suddenly go under. A 200-pound tire just hit the stern of your kayak. People around you gasp and try to help, when suddenly they realize they are trapped with a hundred more tires ahead of them.

If you are floating in the West Virginia rivers, you may just pass these tires and would not think about them later—but if you are a member of the ‘Trash your Kayak Cleaning Crew’ Facebook group, you would be gathering those tires and pulling them onto land.

With the help of volunteers and community programs, the cleaning crew has removed over 3000 tires and 3.5 tons of trash from West Virginia Rivers since the group was created in March 2016. The first crew clean-up gathered 800 tires with help from the Department of Environmental Protection (DEP) and the Rehabilitation Environmental Action Plan (REAP).

“It is extremely frustrating as tourism is one of our biggest draws to the state,” Michelle Martin, group co-founder, said. “West Virginia is getting a lot of dollars from tourism; I hope they start to spend more time cleaning up our environment and rivers.” Martin said that most of the time the group has to leave hundreds of tires due to lack of space.

Martin was another frequent kayaker who did not know how many tires were in the rivers. When she and her sister, Melissa Haddix, noticed the tire sources, they would be gathering those tires and pulling them onto land. The 65-year-old Sheldon Jacobs is a member that regularly documents these adventures with the group and when he kayaks alone. Jacobs said he joined the group 3 years ago when he wanted to kayak with other people, or what he says are other “scarfs.”

“I have always been a scarf. If I see something in the river or on the side of the road and it is good, I am going to use it,” Jacobs said. “They scarf too, and they clean out the river. It is not work; it is fun.” Jacobs said if he can’t use something, he will save it for one of his kids—whether that is his own child, one of his three grandkids or two great-grand kids.

Urban dictionary describes “scarf up” as the action “to take (something) in a quick and eager way,” but Jacobs describes the word as, “You see something on the side of the road—let’s say it is a golf-club—and it looks like it is in good condition. You go and get it. It is an old term; you just scarf it.”

Jacobs does just that—he scarfs. His finds include a propane tank in the river—only used once or twice—that he brought home and a brand-new board in the water that he was able to replace with his 28-year-old boards on his deck. But sometimes
Grassie continues to strive for success

By TYLER KENN
CONTRIBUTOR

After leading Marshall men’s soccer to the first Division I championship in Marshall athletics history, head coach Chris Grassie has signed a five-year extension that keeps him under contract until 2025.

“Right now, we have the best program in the country,” Grassie said. “I want to make sure we continue to grow and evolve so we can win more championships.”

With the extension, Grassie will look to continue his dominance in the world of Conference USA soccer.

Throughout 38 years of play prior to Grassie’s arrival, Thundering Herd soccer only appeared in 2 finals of its respective conference tournaments, never winning a postseason tournament. During the last 4 years in the Grassie Era, the Herd has catapulted to the top of the collegiate soccer world: 2 Conference USA Tournament Championships, 2 NCAA Tournament appearances and the elusive national championship that evaded every sport in Marshall Athletics since its inclusion in Division I sports.

GRASSIE cont. on 10

Local Mexican restaurant puts students first

By ISABELLA ROBINSON
NEWS EDITOR

Of the many dining options nearby Marshall’s campus, El Ranchito is one of the closest and is a hotspot for students.

“There are so many good reasons to come to El Ranch,” Josh Whisman, an employee at El Ranchito, said. “We have different specials every single day of the week, but for Marshall students we do 20% off every day for lunch.”

Whisman said lunch at El Ranchito lasts until 4 p.m.

“On Taco Tuesday, we offer tacos for only one dollar,” Whisman said. “It is just something different every day and it is a good atmosphere where everybody wants to go.”

Whisman said many of their customers are students from Marshall that walk to the restaurant due to its convenience and proximity to campus.

“We are close, we are easily accessible, and we try to cater to the students as best we can,” Whisman said.

Maggie Klug, a sophomore business student, said she likes how close El Ranchito is to campus.

“El Ranch is one of the first places I tried when I moved to Huntington as a freshman,” Klug said. “My personal favorite item on the menu is the chicken chimichangas.”

Isabella Robinson can be contacted at robinson436@marshall.edu.
Welcome to the Herd

The first thing that needs to be said to all new students is “Welcome to the Herd”. Since my arrival to Huntington at the beginning of this year, I have heard this statement many times in the last few months. As the Fall semester fast approaches, I am honored to extend the same welcome to you all.

The last eighteen months have been unprecedented. A global pandemic separated all of us and left us in a time of uncertainty. I am glad this year we will not be saying welcome to the herd from afar this coming year, but instead all together. We have all worked hard to make sure that we could get to the point. Just like our football team, a community's togetherness can make the seemingly impossible, possible.

Although I have not been a member of the herd family for very long, I am quickly learning how welcoming and inclusive it is for all. I am excited to begin my first season as the Head Football Coach for the Thundering Herd and to represent this great university. I am just as excited to welcome you to campus and the Joan this Fall – in person - as you begin your college journey.

The alums we have on staff have demonstrated that once you are a son or daughter of Marshall, you are part of the family forever. I am excited for all of you to experience the same lifelong connections.

This year will hold many firsts for all of us joining the Marshall family. I look forward to being alongside you as we all begin this journey as sons and daughters of Marshall.

We are... Marshall.

Coach Huff

Charles Huff was named Marshall University's head coach in January 2021.

2021 Marshall Football Schedule

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By NOAH HICKMAN
ASSISTANT SPORTS REPORTER

On May 17, No. 10 Marshall scored the golden goal against No. 3 Indiana in overtime to become national champions for the first time in program history.

The goal was assisted by junior midfielder Vitor Dias and made by senior wing Jamil Roberts who scored the only goal of the game in a 1-0 victory. Roberts said the game-winning goal was something familiar.

“Déjà vu,” Roberts said. “Vitor in the box does something that no other player on the pitch can do. The keeper makes a decent save and I’m there to tap it in. Luckily I’m in the right place at the right time and that’s what we train and you know I make that run 20-30 times in the game but it only takes one time for the ball to drop.”

Marshall ended the season with three straight 1-0 victories and Roberts was the one who scored all three game-winners during that stretch.

In its final game of the season, the Herd controlled the tempo while continuously testing Indiana’s sophomore goalkeeper, Roman Celentano.

Celentano had seven saves in the game as Marshall took 17 shots in total.

The Hoosiers only took eight shots in the game and Marshall’s junior goalkeeper Oliver Semmle only had one save which came in the second period.

The Herd kept the pressure on the Hoosiers until they emerged victorious at the 97:08 mark.

Champs cont. on 11
Explore: This is your time

By BRITTANY HIVELY
EXECUTIVE EDITOR

One thing we often do not realize is that college is a privilege. Not everyone who dreams about furthering their education has the opportunity, for various reasons. I was one of those students.

Due to circumstances beyond my control and FAFSA regulations, I did not get the chance to start my college journey until I was 24-years-old.

For as long as I can remember, I have wanted to get a college degree. I changed my mind so many times over the years on what I would focus on, but I knew I wanted to go.

The one thing I have absolutely loved about my time in college, during both my undergraduate and graduate experience, is the opportunity to explore and find new things that I either enjoy or simply love.

I did an internship with a US Senator – it kind of fell into my lap – and I developed an entire new respect and depth of knowledge on the inner workings of politics.

While I am not planning to put my hat in a campaign anytime soon, I will forever be grateful for that time.

While working on a public relations degree, I discovered journalism and quickly fell in love with the industry, an industry that I have continually worked in since.

Not only did I fall in love with journalism, I fell in love with writing, in general. Sharing stories that people have no idea are out there, sharing things that may help others—it is all something I love

While I have recently transferred to a new master's degree program better suited for me, I loved my time with the business college. I made so many connections and learned so much in such a short time, and I have already been able to take that knowledge further.

If I never would have ventured out from my comfort zone, I would have never made it to where I am today. I never would have had the opportunity to be the executive editor.

While these are only educational aspects, I have been a part of various campus jobs, activities, clubs and events that have made my college career an unforgettable experience.

Being able to venture into new things, make new friends and learn new areas has been something I will take with me into each part of my future.

I will forever be grateful for the opportunity and privilege to further my education and explore new areas in life.

As you go into this new chapter of life, I hope you explore. I hope you go on new adventures and make new memories.

One day you might wish you did more during this time, one day you might wish you tried more when you could, one day...

This is your time, use it wisely.

The Parthenon will always be one adventure that took me further.
OPINION

5 impactful tips for your successful college career

By Xena Bunton
MANAGING EDITOR

As someone who is graduating with my bachelors almost 2 years early—I know that college goes by quickly. And it will go fast for you even if you have 4 years or more! You already know how fast high school went, and it is not much different to college besides piles of homework, jobs, adult responsibilities and trying to figure out what you want to do the rest of your life. Easy stuff. I wanted to share 5 easy and valuable tips that helped me feel fulfilled in my 2 years at Marshall.

The first goal
The first goal? Is to set the goals. This is something that most people ignore and push to the back of your to-do list (which is somewhat funny because when you are comfortable with your goals, your to-do list will look amazing!) No, you don't have to plan out your 10-year or 5-year goals, but you should think about the next few years in college. This will keep you motivated throughout your years and the goals may change frequently—heck, I know they will a little bit. This project will also help you know which classes would be best for your education and will allow you to tell your advisors or professors what you want to do. They can let you plan your assignments according to your goal and may have the best advice for you in that specific field. Start your writing!

Get the ears working
One of the most important rules regarding your classes and working with other scholars is to listen and be heard. How does this work? I'm not going to tell you to sit in the front seat because not everyone is able to concentrate that close, but there are other ways that will allow your professors know you are listening. Sit in the middle of the classroom—preferably closer to the professor’s side—or if you’re in an online class, try to have your camera on and respond to your professors’ assignments even if it isn’t a question. If you don’t feel comfortable speaking in class, stay after class for a few minutes or send thoughtful emails. Stay in contact and let them know your education goals or simply make sure you are on the right track. This will not only help your work and involvement, but this will also let you your professors know you listen and care—which results with my second tip. Be heard.

One of the best feelings to feel in school or your dream job is to be heard. But this takes work and practice. You are going to realize that there are several students in your class that do not care about work and would rather not be there. That is fine and all, but that's not you—or I hope not. I don't think you would be reading my advice column if you were. When you show that you care and do your work with all your time and creativity, you will have listeners. Be patient and keep working.

Create your semester calendar
I know what it feels like to be drowning in your assignments and trying to choose if you should scream or cry because you have no time for anything else or the fact you slept through your 9 a.m. class because you barely slept and you are a bit... unstable. I guarantee that you will feel this way. It is all about prioritizing your classes and putting forth effort towards your major assignments. In the beginning of a semester, write down all your due dates (this will be helpful overall) and write in order the most important classes and the most time consuming. This will help you work on the most important classes—which is what I will talk about in the next tip.

More than an Assignment.
So now you wrote your classes to most important to least and know what your major assignments will be that semester. Good. Now you need to realize how important these major assignments are. This isn’t like high school where it is just important to pass the grade or state test, but it is important to show your future boss how important you are for their company. Most jobs ask for years of experience that is often not capable of someone in their 20s. There may be a few people with job experience, but not many have some real proof of hard work. You can have good recommendations or be a hard worker—but a good portfolio is worth a lot. Use these classes like an internship and build that resume!

Document.
I don’t think most people—especially in their teens and young 20s—know how important documenting their life is. Including me—I am only 21 and know I need to document more in my life whether that is photos, video, or journaling. Like my grandma always says when a family member complains about her need of capturing everyday moments, “When you have dementia one day, you'll wish I took this photo.” One thing I try to do at the end of the semester is to collect or analyze the things I have learned or created in the classes, internships, hobbies or friendships I experienced within the 3 and a half months. You will be shocked to see how much you have grown in a short period of time and what you can use for your portfolio. It is something that I look forward to at the end of the semester. You will also appreciate all the hard work that you put in—even if it is mentally or physically painful during the process.

Xena Bunton can be contacted at Bunton2@marshall.edu
BAKES cont. from 3

She said she loves the freedom of having her own business and is thankful for all those who support Abbey Shae Bakes.

“I’m not 100 percent sure I could see myself doing something else so that’s a big motivator,” said Kimball. She has a background in music and says that baking was another creative outlet to learn and create and share that with others. She is proud of what she has created and says that sharing this with the community is one of her favorite parts of owning a small business.

“I love seeing people post pictures with a smile on their face next to our truck, or to let me know how much it made their day,” said Kimball. “Anything that can take someone out of the mundane routine is really important. It’s special that I am able to be a part of that.”

Kimball’s Macaron flavors change throughout the seasons. She said she is always trying new ideas and flavors, but her current favorite flavor is the Cookie Dough Macaron.

“It is basically edible cookie dough sandwiched between two chewy and crunchy cookies. My favorite thing to do is to take a traditional treat and put an Americanized spin to it,” said Kimball.

Due to COVID-19, her hours have been different, as well as the places that she goes. The Abbey Shae Bakes truck has currently been parking at the Pottery Place in Pullman Square on Wednesdays and Fridays from 5 to 7 p.m. Before, the truck would travel to festivals and events in the area, but they have mostly been stationary due to the pandemic and less events.

Kimball hopes to grow Abbey Shae Bakes in the future in the Huntington Tri-State area and expand to new areas as well.

“We sell out quickly at times, so we are working on upping our production and possibly being out at more than one place at a time,” said Kimball.

Kimball updates the Abbey Shae Bakes Instagram and Facebook pages on when and where the truck is parked. She said they will be out this holiday seasonal with all their Winter and seasonal flavors.

Abby Hanlon can be reached at hanlon10@marshall.edu.

KAYAK cont. from 4

Jacobs finds things he can return, like 14 basketballs that he found in 2020 or seven neon-green softballs and three baseballs he found this May. He now brings the basketballs with him to give to children at parks and has returned the softballs to the local field. “What we [Trash your Kayak Cleaning Crew] are doing now is not for me. It is for the kids,” Jacob said. “We can leave this world totally screwed up or if everybody would just do one thing—clean up your own damn mess.”

Members of the crew also bring home items if it is not considered trash—Martin said she has collected over 50 aluminum pop caps from the 50s and 60s and has pulled out a jacuzzi tub and a vintage bowling pin.

The crew will be trashing their kayaks on June 5 at the Big Coal River and Martin is currently organizing an event for Sept. 11 on the elk river for the trail foundation. She said that people need to start cleaning the West Virginia rivers, even if it is not during a clean-up event.

“We have thousands of people every weekend kayaking our West Virginia rivers, because most of our rivers are only accessible through a kayak or canoe. Just pick up one thing, it could just be a Kroger bag. Imagine how much impact that can do,” Martin said.

Xena Bunton can be contacted at Bunton2@marshall.edu.

GRASSIE cont. from 5

With the championship win, Grassie’s name has been etched in history, yet his mind continues to stay on the path of development.

“I’ve been on the wrong side of this press conference three too many times,” said Grassie. “To finally win it, that’s a relief. My mind starts to turn towards 21: how can we repeat?”

For Marshall, the mindset now shifts to the Fall in which collegiate soccer will return to the Autumn pitch for the first time since the beginning of the COVID-19 pandemic. Marshall is no longer the unranked underdog within Conference USA or an unseeded team in the NCAA Tournament. It is now on top, with the largest target in the history of Herd athletics on its back. For Grassie, nearly every player is returning except for Jamil Roberts, the scorer of the championship goal and a member of Grassie’s first recruitment class. Every other player, including All-American Midfielder Victor Dias, will be returning for the Herd’s championship defense.

“How can we evolve this team,” said Grassie. “How can we evolve this feeling and transplant this going in August. . . How do we, then, win it again.”

With those questions rises the certainty that the Herd faithful will be out in full effect. Many who follow Herd soccer will have noticed that the parking lot of Hoops Family field has turned into one of the biggest tailgating sites on gameday. A sea of green flooded Cary, North Carolina as Herd fans traveled on less than a week’s notice following the announcement that it had a chance for history. For Grassie, the development of a winning culture, especially one that fosters so much support within the city, made all the difference.

“What an atmosphere,” said Grassie. “Did the last person to leave Huntington turn their lights out? This shows you, for all those people looking for schools, that there are a lot of mid-major schools with great programs. We won it for them, just as much as us. This was amazing. We could have bought every ticket.”

The Herd will take the field this Fall for the first time since August of 2019 as the defending Division I national champions. While the title defense will now run through Huntington, Grassie’s winning culture in Herd soccer will forever have a place in program history.
Head coach Chris Grassie said this is a moment worth remembering. “Immensely, immensely proud to be a part of this team,” Grassie said. “We all really kind of came together this season and we just got better and better and better. We had some bumps in the road. There are definitely a couple of teams tonight that will be happy they beat a national champion. But, we continued to learn from each lesson and each set back.”

On top of the Herd’s efforts in winning the NCAA College Cup final, Marshall fans showed up to tailgates in large numbers.

Grassie said that the fans’ support was a big reason why the men’s soccer team ended up winning the national championship game. “Generating that crowd and having them be such a big part of this has just given us that extra boost, that extra energy,” coach Grassie said. “This was amazing tonight. I think we would have bought every ticket. If we had twice as many tickets, we would have bought every ticket.”

Noah Hickman can be contacted at hickman76@marshall.edu.
Get Involved and explore

If you love art and supporting small business, The Red Caboose is your place to visit!
Not only is the staff the best, but there is a huge variety of amazing artisan finds. They have everything from books, art pieces, soaps, STICKERS and more!

I have become a huge art junkie, so I also have to recommend The Huntington Museum of Art.
They have so many amazing exhibits and a conservatory with beautiful plants and a gorgeous Dale Chihuly piece.
Not only is this a great place to check out, they also have a walking trail and work hard to keep new exhibits coming.
Also great for kids, they have an area with fun activities for them.  

Brittany Hively
Executive Editor

Check out visithuntingtonwv.org for more things to do and see

Editor’s Suggestions

If you have a car on campus, I highly recommend you going to Tortilla Factory in Barboursville at least once. It is fun experience with unique dinner choices compared to your regular Mexican restaurant. It is more pricey—but it is worth getting one of the Mocajetes. If you pick one of the four, you will feel like you are being celebrated (And that’s the best, isn’t it?) The meal is served in a volcanic stone pot with yummy goodness and even some cooked cactus.

I am going to admit it—I am cheap. Super cheap. But I love to find the adventure out of everything, so the past few weeks in the last spring semester I decided to go to a new Huntington park every weekend. It was fun to explore (and get lost) in Huntington, relax at the park and even spend some time studying for finals. I am a huge advocate for studying in new locations—it makes everything more exciting. This adventure is easy too because Huntington provides over 10 parks that you can check out at GHPRD. org.

Isabella Robinson
News Editor

My favorite local food place is Griffith and Feil in Kenova. They can make all kinds of milkshake flavors and flavored sodas. The Blueberry Sprite and Toasted Marshmallow Rootbeer are the best.

My favorite local shop is the Village Renew-All Antique Mall in the Old Central City by The Ramp. They have all kinds of small thrift shops within the big store, like my personal favorite, The Local.

Abby Hanlon
Campus Editor

Marshall also offers a variety of clubs from student government to video games to cyber security and community service to almost anything imaginable. If you don’t see something you like, Marshall encourages you to start a club of your own.

To see what Marshall has to offer and get involved check out Herdlink.marshall.edu

Support MU Teams

We asked former sports editors how to show Herd pride and this is what they said.

• Follow them on social media
• Share their social media posts/schedules
• Invite people to games
• Attend games
• Buy team gear
• Join Marshall Manaics

Xena Bunton
Managing Editor