

Marshall University

Marshall Digital Scholar

The Parthenon

University Archives

4-2-1997

The Parthenon, April 2, 1997

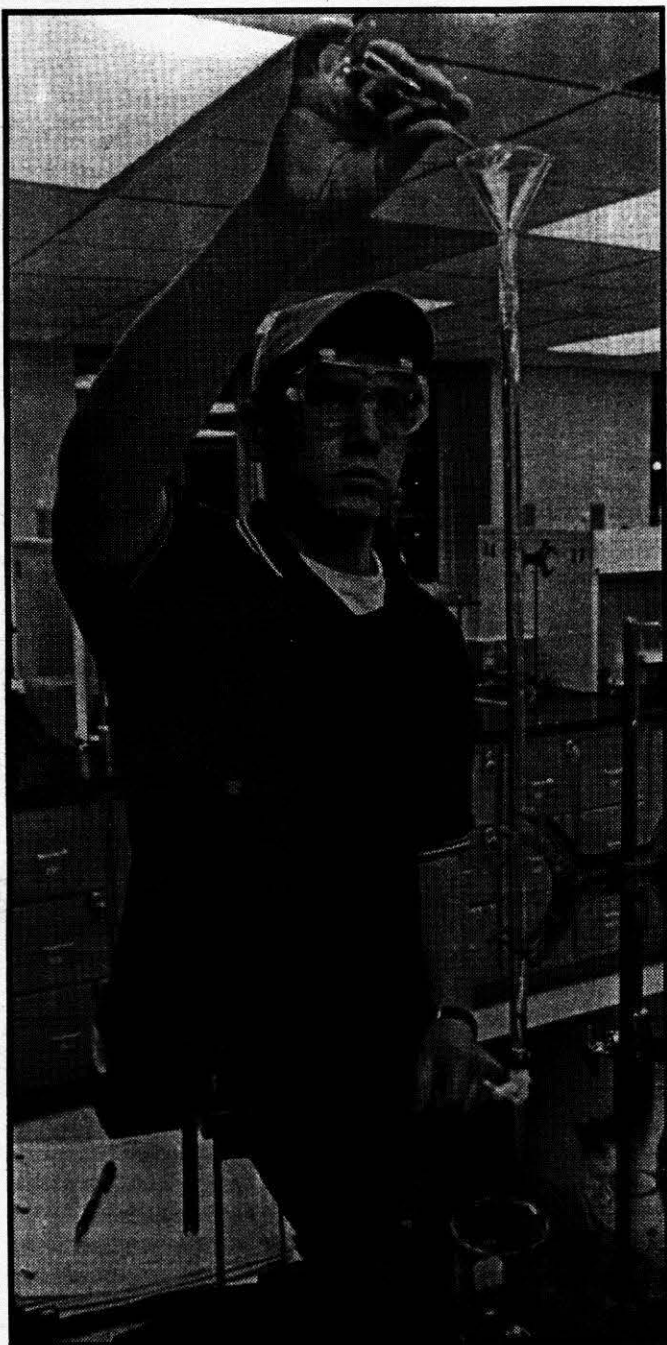
Marshall University

Follow this and additional works at: <https://mds.marshall.edu/parthenon>

the Parthenon

Find out how the golf team is preparing for the conference tournament. Page 7

Arise, Frankenstein!



Travis Escue

Jeremy Bias, Madison sophomore, completes a chemistry laboratory assignment in the Science Building. The Science building has labs for each of the natural sciences and also for geology and radiation safety.

Sexual awareness hung out to dry

by VICENTE ALCANIZ
reporter

The Women's Center and the Department of Sociology and Anthropology are sponsoring today's Sexual Awareness Day.

Leah Tolliver, Women's Center director, and Carrie Uihlein Nilles from the Department of Sociology and Anthropology are organizing the activities.

Tolliver said Nilles organized the sequence of speakers, and the Women's Center focused its efforts on producing the Clothesline Project.

The Clothesline Project is a visual display of shirts with messages and illustrations showing the impact of violence against women and children, according to a press release.

All the speeches will be in John Spotts Room in the Memorial Student Center.

Tolliver will be the first speaker at 11 a.m. Her speech is titled "Secondary Victims: Spouses, friends and family."

Marla Eddy, program coordinator for Family Services in Charleston, will speak on "Sexual Assault: What everyone should know," at noon.

Dr. Samuel Dameron, chairman of the Criminal Justice department, will speak about "Safety, awareness and prevention," will speak at 1 p.m.

Finally, a Speak-out will close the speech activities at 2 p.m. in the Memorial Student Union Plaza.

Tolliver said the display of shirts will start at 10 a.m. on

"Safety, awareness and prevention," will be presented by Dr. Samuel Dameron at 1 p.m.

Buskirk Field. If there is bad weather, it will be held in the Shawkey Room of MSC. Debbie Eiscuhart from Parkersburg will bring the shirts for the display but people will be allowed to make new T-shirts if they so choose.

There will be several different colored shirts. Each color represents a different situation. Red and pink represent rape. Yellow and tan stand for battering. Blue and green symbolize incest and child sexual abuse.

Purple and lavender represent women assaulted because they were lesbians or their attackers perceived them as lesbians. White shirts stand for family and friends of women who have died violently.

More information is available from the Women's Center by calling 696-3112. Also, information is available from the Department of Sociology and Anthropology by calling 696-2795.

AT&T plan gives dorms one rate

by WHITNEY A. GIBEAUT
reporter

Resident students who use long distance services found that there is a new flat rate plan by AT&T, according to the assistant vice president of telecommunications.

Bill Dill, assistant vice president of telecommunications, said, "Students who live in the dorms received news Monday about a new plan for long distance calling."

Dill said the American College University Solution (ACUS) a division of AT&T, has now made a change in long distance calling to help callers cut back on expense.

He said the university has initiated a new One Rate plan for long distance calling.

Dill said beginning Monday, Marshall University ACUS customers will pay only 15 cents per minute for calls made anytime to anywhere in the United States.

"The days of constantly wondering how much each call is costing you is now gone," Dill said. "You'll always know how much each call will cost."

Dill said with a personal ACUS code, faculty and staff may also take advantage of the 15 cents per minute rate and have the bill sent to their home address.

Proposed budget debated

by MICHELLE L. MARTIN
reporter

West Virginia legislators continue to debate over Gov. Cecil Underwood's proposed state budget, which deletes funding for vacant positions in higher education institutions and could seriously impact Marshall.

In a speech to faculty and staff Feb. 26, House of Delegates Speaker Bob Kiss, D-Raleigh, said he thinks the legislature can find ways to make up the funding for vacancies.

"I believe taking money from vacancies to pay for salary increases undermines the intent of Senate Bill 547," Kiss said. "Robbing Peter to pay Paul will not help higher education institutions reach their strategic plan goals."

Marshall's Five-Year Strategic Plan, based

on Senate Bill (SB) 547, outlines the university's plans for raising faculty salaries to within 95 percent of Southern Regional Education Board peer institutions and funding the classified staff salary schedule.

The strategic plan was developed in coordination with legislative members, who pledged additional funding each of the five years to help higher education institutions reach their goals.

According to SB 547, the legislature should provide an additional 3.25 percent, about \$10 million, in funding each of the five years. The deletion of vacancy funding takes about \$6.5 million away from higher education, said Herb J. Karlet, Marshall's vice president for finance. The net increase of only \$3.5 million is not

see BUDGET, page 6

Inside

Outside

Are you suffering from insomnia? Find out, Life!



Weather forecast
High: 70
Low: 30

the Parthenon-line
www.marshall.edu/parthenon/

Page edited by Robert Risley

Comic writers play 'switcheroonie' on comic strip readers

NEW YORK (AP) — There's something funny on today's cartoon pages — the Bumsteads from "Blondie" have somehow sneaked into "Garfield," prompting a wide-eyed stare from the fat cat.

The warm-and-fuzzy "Family Circus" has swapped moods, language and even hairdos with dour "Dilbert." And there's more strange switches.

April Fools. This joke is for real.

Millions of comic-strip readers found a surprise in their newspapers when 46 of the nation's top syndicated cartoonists traded features for a day.

"You've gotta shake 'em up a little bit!" said "Dilbert" creator Scott Adams about the Comics Switcheroonie 1997 — a widespread assault on America's funny bone.

Organizers Rick Kirkman and Jerry Scott, creators of the "Baby Blues" strip, asked fellow cartoonists to choose a feature for a makeover. Adams went for Bil Keane's "Family Circus." And Keane chose Adams' strip.

It was pure chance — and an attraction of opposites.

"This was a shocker," said Keane, chuckling from his Arizona home as the presses churned out the comic confusion — the creator of "Dilbert," a strip that pokes fun at cubicles, downsizing and corporate life, drawing "Family Circus," which embraces home life.

"Garfield" creator Jim Davis and "Blondie" cartoonist Dean Young made the switch.

Jeff MacNelly of "Shoe" got "Beetle Bailey," whose creator, Mort Walker, played with "Shoe." And "Snuffy Smith" cartoonist Fred Lasswell doodled with "Dennis the Menace," whose cartoonists, Hank Ketcham and Marcus Hamilton, went for "Snuffy Smith."

They were all told to "bring your special touch to the other world you're visiting," said Adams.

Doing "Family Circus," he said, "felt like I went from the dark side to light, while bringing some evil with me."

His "evil" included a hairstyle for Mommy, who had two "horns" alighting from her head.

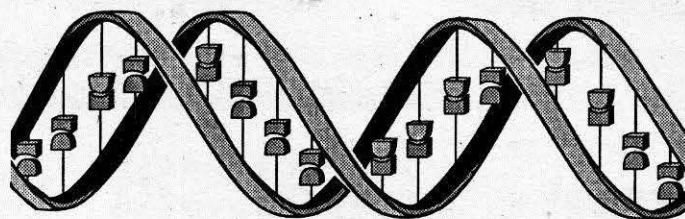
**FREE T-SHIRT
+ \$1000**

Credit Card fundraisers for fraternities, sororities & groups. Any campus organization can raise up to \$1000 by earning a whopping \$5.00/ VISA application. Call 1-800-932-0528 ext. 65. Qualified callers receive **FREE T-SHIRT.**

Scientists create new chromosomes

NEW YORK (AP) — People have always gotten along just fine with 24 kinds of human chromosomes, the microscopic strands that carry genes. But now, scientists have created a few more.

That could eventually help scientists develop gene therapy and even lead to preventive measures against Down syndrome,



researchers said. The artificial chromosomes, made by assembling pieces of human DNA, are runts.

They're only one-fifth to one-tenth as big as the smallest human one.

They behave just like the

real thing when they're in human cells.

They duplicate themselves as the cell gets ready to divide, and each copy passes into one of the resulting cells.

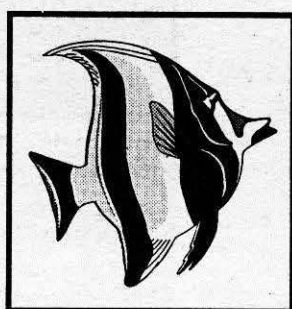
The work was reported in the April issue of the journal Nature Genetics by Huntington Willard, chairman of genetics at the Case Western Reserve University School of Medicine and

Fishy joke costs man his life

BAYOU VISTA, La. (AP)

— A man who popped a friend's 6-inch tropical fish into his mouth as a joke died when it got stuck in his throat.

Steven Hill Epperson,



36, was dead on arrival at a hospital Sunday.

He put the Jack Dempsey fish in his mouth at his friend's house, and it became

wedged in his airway, said Dr. F.H. Metz, coroner.

✓Health Club
✓Dishwashers
✓Security Design
✓Furnished & Unfurnished
✓1 bedroom

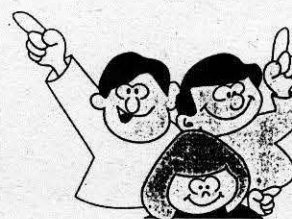
Longbranch
1665 6th Avenue
Call
529-3902
Mon. - Fri.
10:30 a.m. - 5 p.m.

Earn Money

for

Your Group or Organization

We need volunteers to help with a variety of programs and your group can earn money doing community service

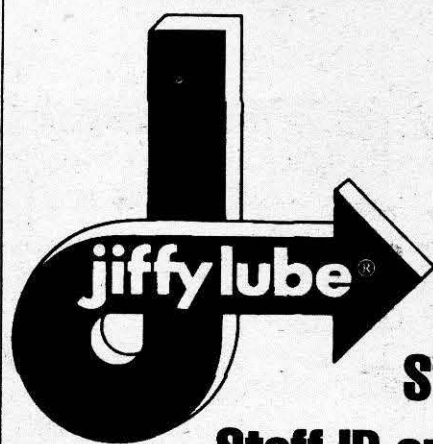


call

Amy or Mark at 696-4800 for details

Money is available through a grant from Student Health Education Programs

EXPERIENCE the EXPERIENCE of JIFFY LUBE and SAVE!!



Bring in your Marshall Student or Staff ID and this ad to receive a special discount!

Signature SERVICE
INCLUDES AS NEEDED

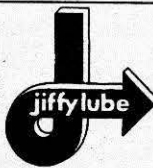
- ▶ Change oil with Pennzoil* up to 5 quarts
- ▶ Install new oil filter
- ▶ Check air filter
- ▶ Check wiper blades
- ▶ Vacuum interior floors
- ▶ Wash exterior windows
- ▶ Check brake fluid level

- ▶ Lubricate chassis
- ▶ Check & fill transmission/transaxle fluid
- ▶ Check & fill differential fluid
- ▶ Check & fill power steering fluid
- ▶ Check & fill windshield washer fluid
- ▶ Check & fill battery water
- ▶ Inflate tires to proper pressure

We Take Customer Service PERSONALLY

522-1991

JIFFY LUBE SERVICES
15 WASHINGTON AVENUE
HUNTINGTON, WV



CHARLESTON (AP) — A bill that would set standards for body-piercing shops was endorsed Tuesday by the House Committee on Government Organization. It would require piercing shops to obtain the written consent of parents for customers who are minors.

Page edited by Christina Redekopp

the **Parthenon**

Wednesday, April 2, 1997

3

Marines of both sexes undergo training

CAMP LEJEUNE, N.C. (AP) — For Pvt. April Faurot, being one of the first women to undergo Marine combat training alongside men was not quite as important as the practical aspects.

"I want to know if I ever get caught in a combat situation, I can defend myself," said Faurot, an 18-year-old from Tyler, Texas, who plans to study international business after getting out of the Marine Corps.

Faurot was among 54 women in the fourth platoon of Hotel Company, one of two platoons of women training with men at the Marine Corps' Marine Combat Center at Camp Lejeune.

Nearing the end of the 17-day course that included patrol and attack techniques, Marines of both sexes learned to throw grenades and fire big

automatic guns — Mark 19 and M-203 grenade launchers; three kinds of machine guns and a single-use, tube-like antitank rocket.

The grenade training was

"pop." Spectators were kept away from the pit where the live grenades exploded, and no one could talk to the trainees until they had heaved their single, 1 1/2-



the most tense. As trainees lined up Monday in groups of four to lob the real items, others practiced with dummy grenades that simply went

pound grenade. The area was littered with shrapnel.

Asked about any differences between the men and women trainees, chief instructor Master Sgt. Dennis McKenna said: "a Marine is a Marine. The whole premise of everything we do is to make sure everyone understands everyone is a rifleman."

Women, who make up 196,000 of the 1.4 million people in the military, still are banned from ground combat and do not get ground combat training beyond basic training in the Army.

The women here will take their combat skills to non-infantry jobs after training at Camp Lejeune and Camp Pendleton, Calif. The Corps said the training should ready non-infantry Marines for duty in a port or airport.

"I was kind of nervous at first because it's a big weapon," said Pvt. Jessica Greer, 19, of Silver Spring, Md., after firing the Mark 19. "But after the firing, it's a rush. It feels good."

Greer will be assigned to a logistics unit that supervises the loading and unloading of equipment on ships. She said she's glad the training for women was expanded beyond the limited amount provided during basic training.

"I think, as far as equal opportunity is concerned, it's excellent," Greer said.

McVeigh meets prospective jury

DENVER (AP) — In a courtroom protected by barricades and armed guards, Oklahoma City bombing defendant Timothy McVeigh gazed intently at potential jurors Monday as they spoke of their willingness to impose the death penalty for the deadliest terrorist attack ever on U.S. soil.

McVeigh, wearing a buzz haircut, an open-collared blue shirt and khakis, smiled and shook his attorney's hand as he was brought into the courtroom from a basement holding cell for the start of jury selection. He nodded and mouthed "Good morning" through a grin when the judge introduced him to potential jurors.

But during detailed and excruciatingly slow questioning, McVeigh's stare tightened over his folded hands as prospective jurors discussed how they could recommend execution if he is convicted in the April 19, 1995, blast that killed 168 people and injured hundreds more.

"It's hard to place yourself in the role of deciding the fate of another human being on these terms," said a middle-aged man identified only as No. 858. "Yet there has to be some ultimate price to pay."

The self-employed financial adviser said he has not formed an opinion about McVeigh but believes there may be other suspects who have not been arrested.

"There are elements, potentially people out there that are ancillary to this case, that might want to make their strength and presence felt," he said.

The man, who once lived in Tulsa, Okla., said he visited the bombing site before the gutted shell of the building was demolished, feeling "I guess all the things a normal human being would feel. I think I cried a little."

Given the slow pace — only four potential jurors were questioned by midafternoon — it could take two weeks or more for lawyers to choose 12 jurors and six alternates from a pool of hundreds.

Windsor Place Apartments



1408 Third Avenue

2 blks from campus. Contemporary new 2bd luxury apts, w/ furnished kitchen(dishwasher) Laundry, security gates, sun deck, off-street PARKING. Summer & Fall leases available

No pets, DD, \$500/mo. 736-2623

SPECIAL SAVINGS CERTIFICATE

\$25 SPECIALS

Acrylic Nails with
Free Nail Ring or Miniature Polish
12 TANNING SESSIONS...\$25
PACKAGE SPLITTING OK

A Show of Hands

330 12TH STREET HUNTINGTON, WV
(304)522-7488

Limit one per customer. Not valid with any other offer.



Flash BULLETIN

The Parthenon

Marshall University's Student Newspaper,
welcomes applications for summer
and fall editorial positions:

EDITOR

MANAGING EDITOR, NEWS EDITOR,
WIRE EDITOR, SPORTS EDITOR,
LIFESTYLES EDITOR

PHOTO EDITOR, ONLINE EDITOR
DEADLINE 4 p.m. Thursday, April 10

You can also join The Parthenon as a computer guru, graphic artist, editorial cartoonist, columnist, news, sports/feature writer, photographer. Explore journalism by working with the student newspaper. Requirements are a willingness to learn news writing style, absolute accuracy and a sense of responsibility.

All persons are encouraged to apply by calling 696-2736, SH315.
The Parthenon is an Affirmative Action EOE
and welcomes diversity.

EARN CASH

While Helping Others

ONE WEEK ONLY!!

MARCH 29 - APRIL 4, 1997

EARN \$15 on your
first donation

and

EARN \$25 on your
second donation



The Quality Source

Come visit us!

Bigger & closer to campus

551 21st. St.

529-0028

SMART MONEY

Don't panic - stress isn't worth the worry

It has been building since the first day of the semester. Lately it has been appearing around every corner. You go to sleep with it every night. Every morning you wake up to find it staring you in the face.

And it's not very nice.

Stress.

It can hit you when you least expect it. You may even anticipate its arrival, and still it can blindsides you like a boulder rolling off the side of a hill.

This point in the semester is famous for its victims of stress. The student that has worked hard up to this point stresses out about keeping up that GPA. Those who have goofed off begin to calculate just what kind of

grades need to be made to pass classes. And of course, there's the student that works and goes to school while trying to balance everything, simply trying to keep from going insane.

How do we deal with it? What keeps us from going over the edge?

There is a fine line between relaxing



Stress builds up over time, and can hit you when you least expect it. Walking the fine line between relaxation time and wasting time is a good way to keep stress from driving you insane.

and wasting your time. Once this line is located, the key to stress management is within your grasp.

We all need time to relax. At one point in each day, we all need a stress reliever, whether it be a nap, a game of pick-up basketball, reading a chapter of a book, or watching a favorite television show. Stress relievers keep us going, but too many in one day equals bad time management. And that usually leads to more stress.

A little advice: when things begin to pile up, take some time to make a schedule, and make sure to leave room for a little relaxation time. Try to find that fine line and keep yourself from crossing it.

It may just help keep stress off your back.



Let 14,500 readers know your view

by mail



The Parthenon - Letters
311 Smith Hall
Huntington, W.Va. 25755

by phone



(304) 696-6696

by internet



parthenon@marshall.edu

by fax



(304) 696-2519

Sexual assault will not be tolerated at Marshall

Carley McCULLOUGH
columnist

It's one of those things that is not spoken of frequently or even well known, but for the few it affects, it is a life-changing, horrifying event. Rape occurs everywhere in the world and Marshall University is no different. There have been many victims of rape and other forms of sexual assault at Marshall. Unless something is done, there will continue to be more victims, more women violated.

Estimating how many people are sexually assaulted each year is an impossible task because most do not report the crime to authorities. This type of crime most often occurs unreported because victims, though they do not deserve to, feel shame and guilt. They may also assume that others will feel pity or think of them differently.

This university has an extra factor stopping survivors from

reporting the crimes: Victims may fear their name will be printed in the newspaper. The poor judgment on the part of the 1992 Parthenon staff has mostly likely resulted in some incidents going unreported. Though I can make no promises, it is my personal feeling that the current staff views it improper to report the names of sexual assault victims.

No matter what the actual numbers are for this university, one sexual assault is too many. But there are things we can and must do, as a community, to stop this crime.

The first step to stopping offenders is reporting them to authorities. Though survivors may not want to tell others about the crime or possibly go through legal proceedings, it is the only way to stop an offender from assaulting someone else. It is also important for survivors to report the crime so they may be given medical attention and counseling.

Rape cannot always be pre-

vented, but there are ways to avoid dangerous situations. Use common sense: don't walk alone or go somewhere with a stranger. If you choose to drink, do so only when surrounded by trusted friends, preferably with at least one female friend.

Forcing a person to have sex is rape. If a person is unconscious or otherwise unable to give consent, that is also rape. When a woman says "No," she means no. Rape is not just a crime. It is a pathetic, cowardly act that reveals all the ugliness and sickness a human is capable of.

If you have been sexually assaulted, report your offender and seek counseling. If you cannot do that, tell someone you trust. Do not suffer alone. Do not feel ashamed or guilty. Feel proud of your strength. You are a survivor.

We must come together, men and women, and send a message: Sexual assault will not be tolerated at Marshall University.

The Parthenon

Volume 98 • Number 85

The Parthenon, Marshall University's student newspaper, is published by students Tuesday through Friday.

The editor solely is responsible for news and editorial content.

Dan Londeree editor
Sherri Richardson managing editor
Christina Redekopp wire editor
Amy Baker news editor
Robert McCune sports editor
Kerri Barnhart life! editor
Jon Rogers photo editor
John Floyd on-line editor
Gary Hale on-line editor
Marilyn McClure adviser
Pete Ruest student advertising manager
Carrie Beckner student advertising manager
Doug Jones advertising manager

311 Smith Hall
Huntington, W.Va., 25755
PHONE (newsroom): (304) 696-6696
PHONE (advertising): (304) 696-2273
FAX: (304) 696-2519
INTERNET: parthenon@marshall.edu
http://www.marshall.edu/parthenon/



Always Good, Always Fresh,
Always Kroger,
YOUR TOTAL VALUE LEADER.



CAFFEINE FREE DIET COKE, DIET COKE, SPRITE OR

Coca Cola Classic

12-Pack 12-oz. Cans

2/\$5

Two 12-packs per customer at this price please

Save at least \$1.49

Super Size
Ruffles Potato Chips

20-oz.

2/\$5



ASSORTED VARIETIES, CANNED
Chef Boyardee Pasta

15-oz.

89¢

FIRST OF THE SEASON, RED RIPE

California Strawberries

lb.

79¢

FIRST OF THE SEASON

Yellow Corn

Ear

3/\$1

REGULAR, THICK OR LOW-SALT

Oscar Mayer Sliced Bacon

1-lb. Pkg.

99¢

ASSORTED VARIETIES

Natural Grains Lite Bread

16-oz.

Buy One
Get One
FREE

In-Store Baked

Cinnamon Rolls

6-Ct.

2/\$4

In-Store Ground (5-lbs. Or More)

Genuine Ground Beef

Pound

88¢

Save At Least 81¢/lb.



ASSORTED VARIETIES

Kroger Orange Juice

Gallon

\$1.99

Colgate Toothpaste

6.4-oz.

\$1.79

RITZ CRACKERS, FRUIT NEWTONS OR

Nabisco Chips Ahoy Cookies

16-18-oz.

2/\$5

"WHAT FOR DINNER"

TRADITIONAL OR LEMON PEPPER

Whole Rotisserie Chicken

Each

\$3.99

Items & Prices Good Through April 5, 1997.

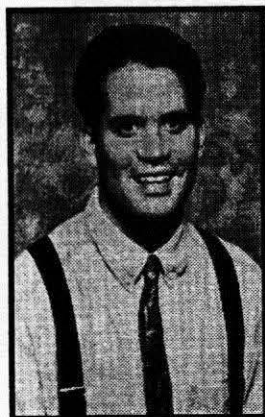
WED	THUR	FRI	SAT
2	3	4	5

Copyright 1997. The Kroger Co. Items & Prices Good In Huntington. We reserve the right to limit quantities. None sold to dealers.



Med school graduate lands position on advisory council

by **KAREEM W. SHORA**
reporter



Ambrose

A Marshall University School of Medicine graduate has recently been appointed to a federal advisory council, according to information provided by the medical school.

Secretary of Health and Human Services Donna Shalala announced Dr. Paul W. Ambrose, a 1995 School of Medicine graduate, has been appointed to the Council

on Graduate Medical Education (COGME).

"COGME keeps a finger on the pulse of the physician workforce," Shalala said. "They grapple with some of the most pressing issues in health care today — how to train physicians so that we have the right number of the right

kinds of doctors working in the right places." Ambrose received both his undergraduate and medical degrees from Marshall.

While in medical school he had a health policy fellowship in Washington, D.C., and another fellowship in international comparative health policy in Spain, according to a medical school news release.

Beverly W. McCoy, public relations director for the medical school, said Ambrose will represent the same kinds of priorities that Marshall perceives for the future of medicine.

"We are tremendously proud of his accomplishments," McCoy said. "Not only with this appointment but with the fellowships he has had in the past. This is a very influential position."

After graduating from medical school, Ambrose spent one year as legislative affairs director for the American Medical Student Association before beginning his residency at Dartmouth Family Practice in New Hampshire.

Ambrose is the son of Dr. Kenneth and Sharon Ambrose of Huntington.

Library to sell books

by **MICHELLE L. MARTIN**
reporter

Morrow Library is having a book sale 10 a.m. to 4 p.m., Thursday and Friday, in the Receiving Room entrance on the west side of the building, facing Smith Hall.

Mary Caserta, library accountant said, a large variety of books that are duplicates to those on the library shelves, will be available for sale.

"We will have every type of book imaginable, fiction, non-fiction, reference books and even some records," Caserta said. "The selection will probably change on an hourly basis as shelves are emptied and then restocked."

The book sale is part of the library's weeding project, and proceeds from the sale will be used to add titles to the library's collection, Caserta said.

The minimum bid is \$1 for hardback books and 50 cents for paperback books, Caserta said.

"The word bid is the legal jargon we had to use for our ads about the sale," Caserta said. "It simply means that is the price. Patrons will not be bidding against each other for books."

While the library tries to hold this sale annually, it has been two years since the previous book sale, Caserta said. Anyone interested in obtaining more information about the book sale can contact Pam Ford, catalog librarian, at 696-2312.

BUDGET

from page one

enough to fund the salary goals, Karlet said.

"If the legislature can't find a way to make up the shortfall of vacancy funding, then we must try to find the additional funds from within our own operations to stay on track with our strategic plan," Karlet said.

Jim Snyder, chief financial officer for Marshall's School of Medicine, said the deletion of vacancy funding would have a very big impact on the medical school.

"The governor's decision was based on a snapshot of vacant positions done in November 1996," Snyder said.

"Some of the positions cited as vacant were not, and some of the positions have been filled since then. This reduction would result in a substantial loss of funding for the medical school."

During the legislative budget debate, the House will pass a budget and the Senate will pass a budget, Karlet said. The two budgets must then be reconciled to develop one that is acceptable to both sides of the legislature.

The state legislature is expected to pass a budget around April 19, Karlet said. Once Gov. Underwood approves it, funding will be appropriated to the State College and University Systems office. The funds will then be distributed to each institution, Karlet said.

UNIVERSITY SUITES

NEW!! Apartment Units

Convenient 6th & 7th Ave Location

Available in April
1-2 BR Units

•Central Heat/Air •Dishwasher

•Laundry Facility •PARKING

•Furnished or Unfurn. •Security

Available in July
1-2-3 BR Units

529-0001

if no answer leave msg.

Personalized
Graduation
Announcements
& Class Rings



**STADIUM
BOOKSTORE**

1949 Fifth Avenue 529-BOOK

Gear up for graduation!

Orders may be placed anytime.
Graduation announcements shipped in 48 hours.

the **Parthenon**

For Rent

APTS available May 9th. Efficiency, 1-2-3-4 BR apts. \$265-\$600 per month. No pets. 1 year lease. Call 697-0289.

ROOMMATE Single, profes. female needs mature female to share 3 BR house. \$282/month + 1/2 utilities. Call 736-7289.

HOUSE FOR RENT Near MU Medical School. 4 BR, with furnished kitchen. Util. paid. Very spacious and clean. No pets. No waterbeds. Available mid April. \$1200 per mo. + DD. 523-5620.

PRE-LEASING for next semester. New management. Marshall Plaza Apartments. 1528 6th Avenue Apts. 1 & 2 Bedrooms 634-8419 or 697-2412. Ask about our special.

LARGE HOUSE 5-6 BR, 2 1/2 baths, 1 mile from campus, kitchen furnished, washer/dryer hook-up, A/C. Available in May or June. \$1200/month. No pets. Call 523-7756.

EXECUTIVE HOUSE apts. (1 bedroom) 1424 3rd. Ave. 11/2 blocks from campus. Off-street parking, laundry facility, central heat/air, quiet, no pets. \$375 + util. + DD + lease. 529-0001.

APARTMENTS for rent. Unfurnished. Unit 1: 1 bedroom \$225 monthly. Unit 2: 3 bedrooms \$350 monthly. Call 435-2354 and leave your number.

NICE, FURNISHED APT. 4 large rooms plus bath. 2 bedrooms. A/C. Carpeted. Utilities paid. \$400/month + DD. Call 522-2886 or 867-8846

2 SLEEPING rooms in private, newer home with kitchen privileges. Summer term. \$150/mo. Call 736-8129 & lv. msg.

the **PARTHENON**
Marshall University
STUDENT NEWSPAPER
Classifieds
696-3346

For Rent

NEAR MU Super nice, new 2 bedroom apartment. Central heat/air. All new appliances. All utilities paid plus free cable. \$650 per month plus DD. Call pager number 526-7069

MARSHALL CAMPUS 2-3-4 BR apts. Furn or Unfurn. Parking available 523-3764 or 528-7958

MU STUDENTS 1813 7th Ave. 1 BR, 1 bath, central heat, W/D, carpet, No pets. \$350/mo. + util. + DD + lease. 867-8040.

RENT ONE BR apts., all utilities paid. Furn & unfurn. 529-9139.

Miscellaneous

CAMP CHALLENGE Qualify for Senior ROTC, win a 2 year scholarship; earn basic training credit for WVARGNG tuition assistance. Apply NOW Call 6450, Captain Kinsey.

NATIONAL PARK Employment Work in America's National Parks, Forests, & Wildlife Preserves. Our materials uncover rewarding opportunities in the outdoors. Call 1-206-971-3620 ext. N53464 (We are a research & publishing company.)

CHANGE? If that's what's left at the end of the week, good jobs available. Flexible hours. Above average income. Will train. Call 733-1505.

WILD & CRAZY looking for motivated individuals who want to get ahead instead of just getting by. Image and drive more important than resume. 733-4061

NEED CASH? Buy, sell, trade! We pay top \$\$ for your music. Now Hear This! Music & More. 1101 4th Ave. 522-0021

GOVT. FORECLOSED homes from pennies on \$1. Delinquent tax, Repo's, REO's Your area. Toll free 1-800-218-9000 Ext. H-2317 for current listings.

For Sale

1989 LeBaron GTC Turbo with power locks, windows, auto. trans. \$3300. Call 697-0895

Services

RESEARCH WORK or term papers written by professional librarian. Fast and efficient. Call 614-532-5460 for info.

Help Wanted

ENVIRONMENTAL conditions declining. Ground floor opportunity for several individuals to work with dynamic company helping improve health, create public awareness and clean up environment. 733-3587.

HIRING friendly, courteous waitresses, bartenders, dancers, mixers. No exp. necessary. Must be 18+. Part-time/full-time. Lady Godiva's Gentlemen's Club, Barboursville. Call 736-3391 or 757-6461.

SUMMER JOB Students gain valuable experience and build a residual income with nationwide environmental company. Call 733-4061 M-F.

ALASKA EMPLOYMENT earn \$3,000-\$6,000+/mo. in fisheries, parks, resorts. Airfare! Food! Lodging! Get all the options. Call 919-918-7767, ext. A327.

CRUISE LINES HIRING Earn to \$2,000+/mo. plus free world travel (Europe, Caribbean, etc.) No exp. necessary. Room/board. 919-918-7767, ext. C327. (Member, Better Business Bureau CARE Program.

ENTREPRENEURS Work on campus organizing/managing promotions for top US cos. Work as much/little as you want & reap the financial rewards. Earnings can equal \$50...\$250...\$500 +/week. Post Graduate positions also available for those that succeed. Call Alan 800-950-8472, ext 11.



The Thundering Herd Men's and Women's track teams competed successfully in the 1997 Marshall Twi-Light Meet Saturday, grabbing a first place finish in 28 of the 37 events. The teams competed against the University of Cincinnati, Morehead State and Rio Grande in the track meet.

The Weekend Update

Conditions contribute to golf loss

by NAWAR W. SHORA
reporter

The Thundering Herd golf team competed at the Furman Invitational Tournament this past weekend and came in 17th place.

"We just played a bad tournament," coach Joe Feaganes said.

Marshall was one of 28 teams competing in the 54-hole tournament. The tourney was the second spring tournament for the Herd.

The team came in fourth place March 10 and 11 at the William and Mary Invitational.

The first two tournaments the Herd competed in did not count toward the district.

The first District IV tournament will be this weekend,

April 4 and 5, at the University of Kentucky Johnny Owens Invitational at Kearney Hills golf course in Lexington.

"We were still getting geared up the first two tournaments," Feaganes said.

April 11 and 12, the Herd will play host during the Marshall invitational at the Guyan Golf and Country Club.

Marshall should still be able to maintain its fifth place ranking in the district.

"I don't think [the Furman tournament] will have much affect on that," Feaganes said.

"We also got a bad break on the first day. Twelve teams went out Friday morning to play when the weather was beautiful and the other teams played in the afternoon when

it was windy and raining all afternoon," he said.

"I'm not trying to make excuses but the conditions certainly contributed."

Individually, the Marshall players came in the following positions: Steve Shrawder, 41, Sam O'Dell, 62, John Duty, 84, Jimmy McKenzie, 94 and Chris Boyd, 103.

This was out of a possible 130. But as Coach Feaganes said, "It's history."

The team now is looking toward the future and is getting ready for the tournaments that count.

"We feel pretty good about the upcoming tournament, even though we had a bad tournament this past weekend. We'll see if we can get back on track," Feaganes said.

Baseball team still has a chance

by NAWAR W. SHORA
reporter

The Thundering Herd baseball team is down, but not out yet.

Craig Antush, head coach of the Marshall baseball team said the Herd still has a chance to make it to the Southern Conference tournament April 24 through 27.

"We have got to turn on the heat this weekend, because that will determine if we make it or not and if we don't it will be a major disappointment," he said.

The team's most recent defeat came Sunday against

fellow Southern Conference team Davidson. The Herd lost 5 to 4.

Antush said the team may have had a better result if the original starting lineup had been maintained for the game.

Ryan Rousch, shortstop and leading hitter for the Herd, was unable to play this past weekend.

He broke his hand during the second game against Ohio State University this past week when a pitch hit him.

"Ryan will have to be out for at least three weeks, so we had to shuffle around some players," Antush said.

"We may not have won if we had the original team, but if we maintained that consistency we may have done a little better."

J.R. Watts pitched the game and struck out 12 Davidson players.

"He threw a heck of a game and did an all around good job," Antush said.

Marshall was supposed to play against Morehead State Monday but the game was cancelled because of bad weather conditions.

The team was scheduled to play against the Virginia Tech Hokies yesterday at University Heights.

Reach for it!

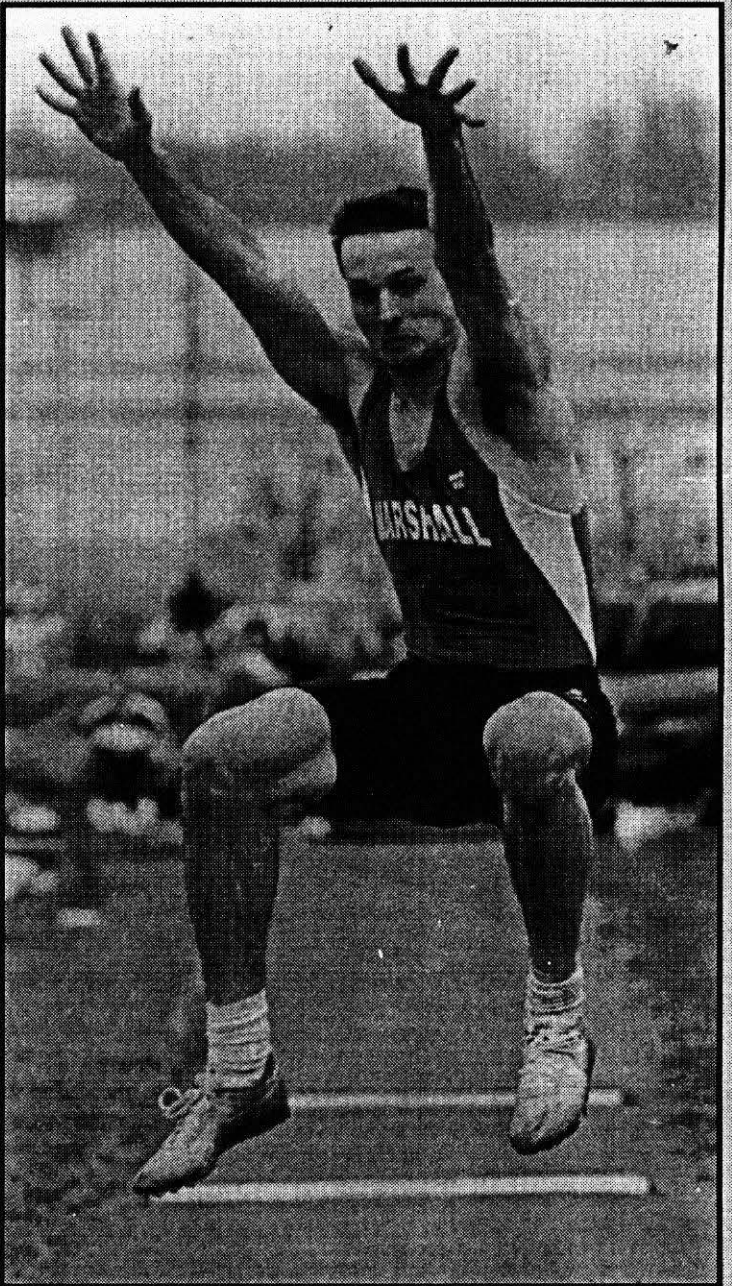


photo by Missy Young

Junior Chad Stoneking jumped 22-2 1/2 to place fourth in the Men's Long Jump event at the 1997 Marshall Twi-Light Meet Saturday, March 29 at the 'Lefty' Rollins Field. Placing first in the Men's Long Jump was the Herd's Andrew Wilhite.

THE
1-800-666-3136
BUCKLE UP



Personal Manager
Gary W. Province
(304) 422-8144

Attraction

APRIL 3-4-5

CASH FOR HOMEOWNERS

CREDIT PROBLEMS UNDERSTOOD

No Application Fee!

Borrow:	For Only:
\$10,000	\$95/mo.
\$25,000	\$239/mo.
\$40,000	\$382/mo.

Fixed Rates 800-669-8957

STUDENT LEGAL AID

FREE LEGAL ADVICE FOR MU STUDENTS

Attorney Hours:
Tuesday & Friday
12:30pm - 2:00pm
Located in MSC 2W23
696-2285

My best friend Fido (or Fluffy)

Even though they have their quirks, weird habits (chasing imaginary bugs up the wall) and different personalities (like ignoring you if you didn't take your pet bye-bye), pets still offer more than fleas and furballs. For some people, their pets are members of their families or their best friends.

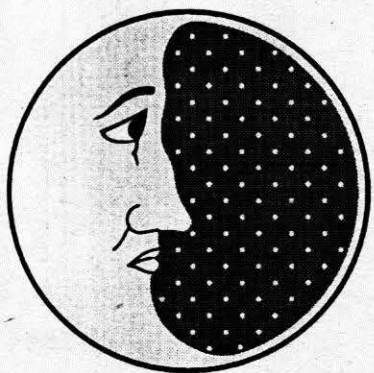
Thursday in Life!



Wednesday, April 2, 1997
Page edited by Kerri M. Barnhart

8

the Parthenon



Tossing & Turning

You lie awake, staring at the ceiling.

The melody of a song you learned in summer camp when you were 10 dances

through your head. You recite Spanish vocabulary. You worry how your date will go Friday night. You fret about your last history test. Then you heave yourself over and ask, "Why can't I sleep?"

Insomnia is the inability to fall asleep or to remain asleep during the course of the night. There are many causes of insomnia, including stress, anxiety, depression, a disruptive environment, environmental change, and caffeine or alcohol ingestion, according to an article written for Working Woman magazine by Flora Davis.

Davis reported seven types of insomnia: Sunday night insomnia; overcompensation insomnia; conditioned insomnia; overachiever's insomnia; oversleeping insomnia; depression insomnia; and rebound insomnia.

'SUNDAY NIGHT INSOMNIA'

Sunday night insomnia is when a person sleeps well six nights a week, and then can't Sunday. Davis said this could be a result of worrying about the upcoming week.

She also said people who stay up late Friday and Saturday night may disrupt their sleep/wake rhythm.

'OVERCOMPENSATION INSOMNIA'

People who don't sleep at night and make up for it by napping during the day and weekend

sleep "binges" fall in this category. The person may feel better, but this erratic sleeping pattern often confuses the body, and will cause it to stop winding down when bedtime nears.

'CONDITIONED INSOMNIA'

This is when a person can sleep anywhere — except in bed. The minute this person heads for bed, he's wide awake. Davis said this is a result of associating the bed with sleeplessness.

'OVERACHIEVER'S INSOMNIA'

Being able to fall asleep when you don't want to — during class, during a movie, but not at bedtime. This can be a result of trying too hard to sleep.

'OVERSLEEPING INSOMNIA'

This is when a person does not wake up during the night, but sleeps so poorly he is tired the next day. It could be a result of sleeping too much during the day, which may make your slumber pattern slow and fragmented.

'DEPRESSION INSOMNIA'

This is waking in

"Not being able to sleep certainly has to do with what's going on before we sleep," Melanie Baker, Marshall counselor, said.

Baker said students who live in the dorms may have problems sleeping because of the new environment and because they probably stay up later than they are used to.

"After a couple of days of not sleeping, going to bed becomes a chore," Baker said. "You want to go to

the-counter or prescribed medications.

Melatonin is a naturally occurring brain chemical that promotes delta-rhythm sleep, which is the deepest sleep state. Melatonin use has increased since 1993 when it was discovered that it aids in natural sleep and works as an antioxidant. Melatonin production may be slowed by environmental disruptions, according to an on-line essay by the Health and Science Institute.

Sleeping pills may have drawbacks, Davis said. She said they reduce dream and deep sleep, and they may make you feel groggy the next morning. She also said if someone takes pills over an extended time, he may suffer from rebound insomnia, and be worse off than before.

Baker suggested people who suffer from insomnia should only use their bed for sleeping.

By not performing daily activities, such as studying, watching television and eating, in bed, your body will associate the bed with sleep only.

Davis suggested in her article that someone who can't sleep should get out of bed and do something else, such as read a book or watch television.

Baker said insomnia can be treated by something as simple as learning relaxation skills or stress management. She suggests students who are experiencing sleeping difficulties make an appointment with the counseling services in Prichard Hall for help.

sleep, but it won't happen."

Baker said insomnia is often associated with depression, but you can have one without the other.

She said terminal insomnia is when a person wakes up early from sleep due to depression. Middle insomnia is when sleeping troubles are a result of anxiety and delayed insomnia is when a person has trouble falling asleep.

Treatments for insomnia range from meditation to taking over-

the middle of the night and not being able to fall back to sleep. This can lead to transient, or temporary, insomnia or chronic insomnia.

story by sarah d. warrick