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# THE PARTHENON

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MARSHALL UNIVERSITY'S STUDENT NEWSPAPER

THURSDAY, DECEMBER 4, 2008

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## Ambrose recommendation remains unsigned

BY DEVEN SWARTZ  
THE PARTHENON

Marshall President Stephen J. Kopp returned unsigned a Faculty Senate recommendation from Senate Chair Cam Brammer to form an ad-hoc committee of faculty, students, staff and community members to investigate the options of naming the Health and Wellness Center after Dr. Paul Ambrose.

Brammer made the announcement at Monday's Senate executive committee meeting, and she presented to the committee a snippet of Kopp's



KOPP

comments to her: "(This) appears to be an internal matter, one that you as chair of the Senate have the authority to decide... This response in no way suggests any predetermination in this matter."

The recommendation states that the complete text of Kopp's comments is available in the Faculty Senate office.

Brammer said Kopp has approved Faculty Senate ad-hoc committees before,

and she would try to get more information on Kopp's action during a scheduled meeting Friday. Bernice Bullock, Faculty Senate administrative secretary, said the president has the authority to return a recommendation to the Faculty Senate without either approval or disapproval.

Kopp said in the November Faculty Senate meeting that the university was looking for a benefactor to name the Health and Wellness Center after. Kopp said the benefactor would pay one-third of the cost of the \$30 million building, or \$10 million.

Marty Laubach, professor in the sociology and

anthropology department, said all of the students he had talked to in his classes would be willing to do "whatever it takes" to raise the necessary funds, including staffing phone banks. The sociology and anthropology department was chaired for more than 20 years by Ambrose's father, Kenneth Ambrose.

The committee, if ultimately approved, would report back to the Faculty Senate no later than its Jan. 29 meeting on its findings. The center is scheduled to open in Feb. 2009.

Deven Swartz can be contacted at swartz8@marshall.edu.

## Photographer looks back on 30 years of taking pictures at Marshall



RICK HAYE | FOR THE PARTHENON

Taking photographs of the "We Are Marshall" film production is only one of the many opportunities Marshall has afforded photographer Rick Haye throughout his 30 years at the university.

BY TAYLOR KUYKENDALL  
THE PARTHENON

Scattered in a few rooms of Old Main, one man has generated his own 30-year pictorial history of Marshall University. The record lays in boxes of old negatives, photographs and stacks of digital media.

Among only a fraction of those photographs and cameras, Rick Haye, Marshall University Communications photographer, is often found sitting behind a screen tweaking shots of the latest campus activities.

Haye said he came to Marshall with every intention of becoming a history teacher. The time he spent in the darkroom of Smith Hall set the course of the rest of his life. The darkroom is not only

where he decided his career, but also where he chose his wife, Marilyn Haye.

"He is just a wonderful man," Marilyn Haye said. "All he talks about is photography 24-hours a day. I like to shoot things with him too. Even our daughter has gotten into it. It really is a family thing."

After graduation, Haye spent time working as a writer and photographer for the Coal Valley News in Boone County, W.Va. He said that is where a lot of his photographic style was derived.

"I don't like forced shots," Rick Haye said. "I want the shot to capture the moment that is happening and lot of that comes from my journalistic background. I am just not interested in the shots of people posing for camera—it's just not real."

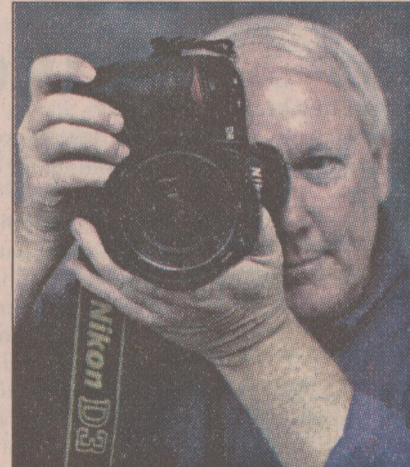
Haye said most of his study in the world of recording light came from real world photography experience.

"I worked with two of the Marshall yearbooks and The Parthenon," Rick Haye said. "That's how we learned; we just went out and shot what was going on. There were several photographers and we just all swapped tips on how to shoot different things. I am really proud of the work we did back then."

Rick Haye is often seen behind his camera shooting everything from ribbon cuttings to Marshall football. Two years ago, he played a role in "We Are Marshall" as a photographer.

"It was great," Rick Haye said. "I had the same camera they were using from

SEE HAYE | PAGE 3



TAYLOR KUYKENDALL | THE PARTHENON

Photographer Rick Haye takes another picture capturing Marshall's history.

## Students remember classmate with dedication

BY KARA N. BUSSE  
THE PARTHENON

When Stephanie Dyer died in a car accident earlier this year her classmates were devastated. Now nine months later they are honoring her life with a bench dedication ceremony.

Dyer, a junior communications disorders major from Huntington, died in a single vehicle car accident in March. She was a single mother to her 5 year old daughter, Emma Layne. When her



DYER

classmates found out about her death they were shocked and devastated.

"This was the worst thing that could happen," Brianna McClung, senior communications disorder major from Shady Spring, W.Va., said. "Stephanie was so much fun. She was an inspiration to all

of us because she was such a hard working student and a good mother. In our major we are like family, so losing her was terrible."

The upcoming dedication is going to be really hard on the communication disorders students because it will be difficult to reflect on her death, McClung said.

"Stephanie's death was horrible," Nikki Fraley, senior communications disorder major from Huntington, said. "For the longest time none of us could even sit at the table she sat at. It's still weird

to look over and know that she isn't here with us."

"Students in our major and in the National Student Speech Language and Hearing Association donated money for a bench to honor Stephanie," Fraley said. "Before Christmas break we are inviting her family and daughter, and having a dedication ceremony for her."

The bench is on the first floor of Smith Hall in the communications

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### Inside The Parthenon

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PAGE EDITED AND DESIGNED BY AARON MCVEY - MCVEY12@MARSHALL.EDU



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# OPINION

## THE PARTHENON

ESTABLISHED 1898

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### THE FIRST AMENDMENT

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### EDITORIAL

Editorial Board of The Collegian | Penn State University

## Keep other things in mind Holidays shouldn't eclipse global events

Between a whirlwind election season, endless classwork and the joy and insanity of the holiday season, it's been more than easy to forget there are things going on outside of the college bubble.

The major news networks, seemingly suffering from the same amnesia, began to make up for lost time in the past few days with coverage of the terrorist attacks on Mumbai, India.

In case you hadn't heard, 10 gun-wielding men, who now appear to be tied to the Pakistani militant group Lashkar-e-Taiba, conducted a bloody, 60-hour siege on several targets in Mumbai last week. Included in the targets were a hospital, a subway station and two hotels — one of which was the Taj Mahal, which is popular among Westerners. In total, 179 people were killed in the attacks, including all but one gunman.

Though the attacks were devastating and certainly warranted news coverage, you'd think from some of the American reporting that the Taj Mahal hotel was the only target hit — when in reality, victims were killed at other locations as well. Their emphasis, as has been seen before, was on the American and European lives lost at the Western hotel. It's an attitude that, while understandable, reinforces our own narrow mentality that we're the only ones that matter. Why should Indian lives be any less precious than Americans'?

For the past few months, it has seemed that all eyes were on America, as our historic election unfolded and its results promised to reverberate across the global community.

While the Mumbai attacks will eventually fade from the headlines, their implications will have a lasting affect on the Indian city and the victims' families. In an even broader sense, the attacks mark another sad chapter in the global war on terror.

If you still think carnage in India has nothing to do with your life, consider the fact that both President George W. Bush and President-elect Barack Obama saw fit to call the Indian Prime Minister to discuss the attacks. They know, as should we, that no global event exists in a vacuum.

When terrorists attacked our own country Sept. 11, 2001, the international outpouring of support was both impressive and touching — particularly for a country known for its isolationist tendencies. They global community knew, as we should now, that what affects one country eventually affects us all.

**Correction:** In Wednesday's story about the Marshall production of "The Zoo Story," the time of the production was given incorrectly. The performance begins at 8 p.m. Dec. 5-6.

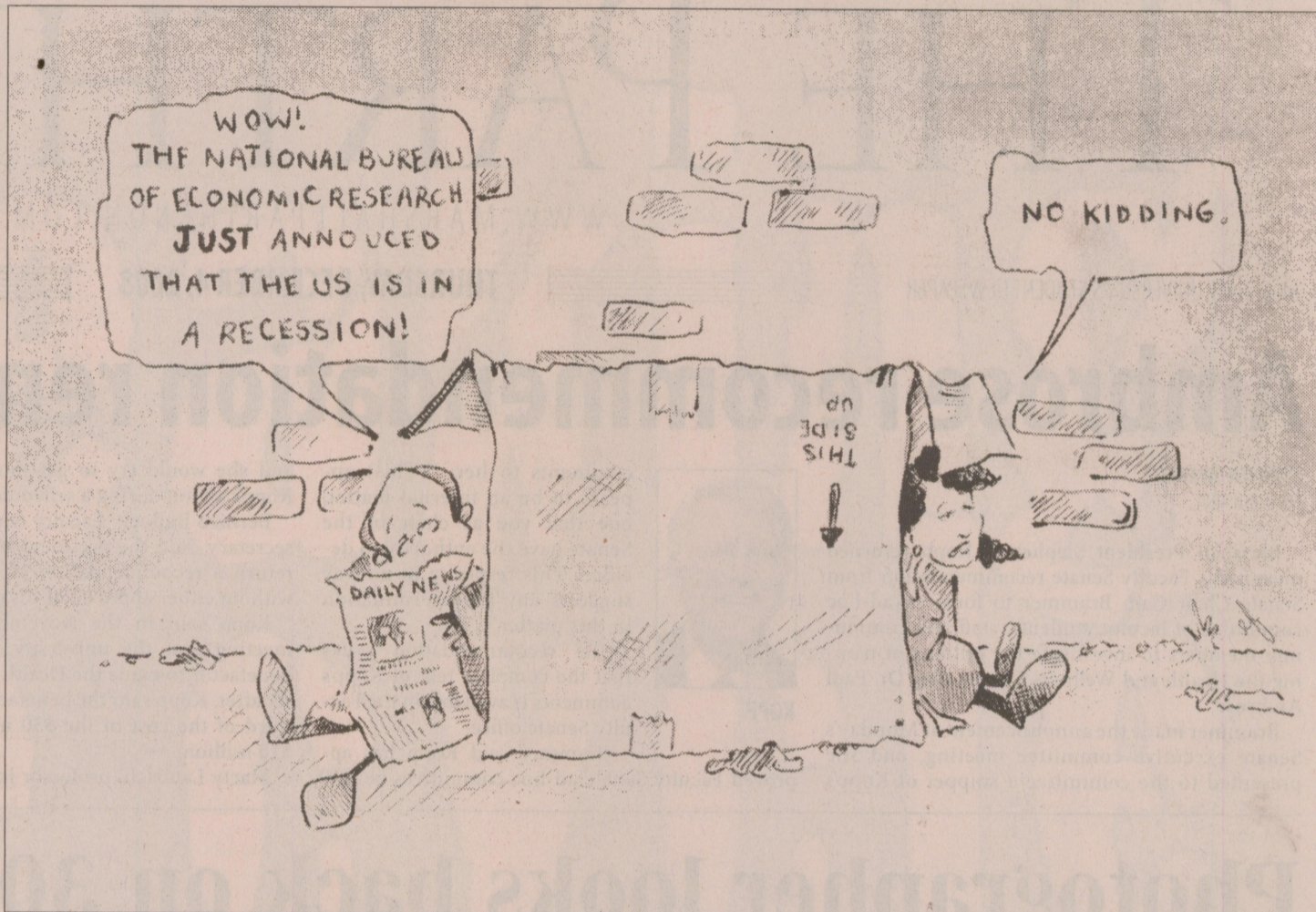
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Please keep letters to the editor at 300 words or fewer. They must be saved in Microsoft Word and sent as an attachment. Longer letters may be used as guest columns at the editor's discretion. Guest column status will not be given at the author's request. All letters must be signed and include an address or phone number for confirmation. Letters may be edited for grammar, libelous statements, available space or factual errors. Compelling letters posted on The Parthenon Web site, [www.marshallparthenon.com](http://www.marshallparthenon.com), can be printed at the discretion of the editors.

The opinions expressed in the columns and letters do not necessarily represent the views of The Parthenon staff.

Please send news releases to the editors at [parthenon@marshall.edu](mailto:parthenon@marshall.edu). Please keep in mind that stories are run based on timeliness, newsworthiness or space.

### EDITORIAL CARTOON | ERIN FELTON | THINK OUTSIDE THE SIDEWALK



### EDITORIAL CARTOON | ROB ROGERS | © THE PITTSBURGH POST-GAZETTE — DIST. BY UFS, INC.



### MATT SOWARDS | The Sowards Report

## Like it or not, we are all in it together

I must say I find the hatred coming out of America's right wing rather amusing.

The people who claimed that God mandated President Bush's re-election in 2004 are now up in arms over the result of the latest election.

Are people allowed to be upset over the election? Sure. Are they allowed to be disappointed that their candidates did not win? Absolutely.

But to come out of the woodwork with such hate speech is really extraordinary. Especially coming from those people who claim to be the most pious among us. Holier than thou art, perhaps?

I've found that those members of America's ultra-right are now the ones who are bloviating hatred from any media source that will give them the time of day. I have no problem with people expressing their opinion; thankfully we live in a country where that will not get you killed. What I do have a problem with, though, is whenever you base those

opinions on an ideology that your rhetoric perverts.

It seems as though some of the fundamental religious ideology is getting lost in the shuffle of American politics. That, my friends, is

incredibly alarming. What happened to Christ's Sermon on the Mount where he said "Blessed are the peacemakers: for they shall be called the children of God" (Matthew 5:9)? Should one not ultimately be trying to achieve peace in one's heart and country instead of sowing more seeds of discontent?

What happened to "judge not, that ye be not judged" (Matthew 7:1)? Should we not be attempting to better ourselves and better our nation, as oppose to passing judgment on each other? Instead of blaming

people for the supposed downfall of the country and arguing that liberals will destroy our nation and our system of values, should we not be trying to better ourselves and our nation? Somewhere in the crossfire we have lost sight of this message. Apparently, when an election does not turn out the way you hoped, it is better to cast blame than move forward.

The argument from the ultra-right seems to be that with a Democrat, and dare I say a liberal (watch out! The dirty word alarm is about to sound), in the Oval Office this nation will be swallowed by sin (apparently the last eight years have not really existed). But was it not Christ who said "let he who is without sin, cast the first stone?" Again, this must not be the case in politics (although I missed that subsection of the scripture). It appears that when liberals throw stones at the GOP administration then we are insane, leftist and Godless; however, in the same accord when those as-

sertions are made against a liberal, those who made the comments are somehow doing God's work? Wow, I think a stone just hit me in the face.

If you do not mind indulging me for a second, I shall put my own spin on a popular old adage: those who live in a glass bubble of their own opinion should not throw stones at those of us who choose not to live inside of that same bubble.

All rhetoric aside, freedom of expression is wonderful. However, are you truly doing yourself, your faith or this country justice when you do so in a manner that disregards the same teachings which you hold dear?

Do unto others, and love thy neighbor. We are all Americans, and we all live in this country. Like it or not, we are in this thing together. That is one fact that no one, Democrat or Republican, is going to change.

Matt Sowards can be contacted at [sowards52@marshall.edu](mailto:sowards52@marshall.edu).



**Matt Sowards**  
COLUMNIST

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The Parthenon, Marshall University's student newspaper, is published by students Mondays through Fridays during the regular semesters, and weekly Thursdays during the summer. The editorial staff is responsible for news and editorial content.

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## Fighter top-ranked in 2008 amateur series division



BY ERICA J. DUFFIELD  
THE PARTHENON

Boxing, kickboxing, wrestling, Brazilian Jiu-jitsu and other martial arts combined inside a steel cage with knockouts, gushing blood and broken bones describe mixed martial arts fighting, or the type of fighting made popular by the Ultimate Fighting Championship.

One Marshall student is in on this scene in a big way. The North American Allied Fight Series ranked Aaron Maynard, 20, of Inez, Ky., as the no. 1 fighter in the welterweight division of the 2008 National Amateur Series.

Aaron Maynard, ranked as the no. 1 fighter in the welterweight division of the 2008 National Amateur Series, competes in a 2007 fight in Marietta, Ohio.

"People from all over the nation fight in this series," Maynard said. "I consider it quite an accomplishment and a great honor to even be ranked within the series, let alone be ranked as no. 1."

Maynard, a sophomore geography major, will fight Dec. 6 in Cleveland in the North American Allied Fight Series' biggest event of the year. "The Night of Champions" will feature a mix of 14 professional and amateur contests between the top ranked fighters in the 2008 series.

The fights consist of three, three-minute rounds. Winning occurs when the fighter knocks out the opponent, the



MAYNARD

SEE FIGHTER | PAGE 5

## Paranormal views affected by religion

BY JUSTIN HAWTHORNE  
THE PARTHENON

While there is no direct correlation between religion and belief in the paranormal, there has been a realization inside and outside of the religious community that there are certain factors that may lead a person of faith to believe in the paranormal.

According to Austin Cline, author and regional director for the Council for Secular Humanism, there are two different views on the paranormal by people who are involved with religion.

The first viewpoint is that the paranormal is somewhat less credible and rational than people's religious beliefs. When people of faith view the paranormal in this manner, they are more likely to renounce their belief in the paranormal.

The second stance on belief in the paranormal, which is more likely to fit with fundamentalist or conservative religious views, is that the paranormal has something to do with the wicked or evil forces in the world. Of course, this would make these religious believers not want to associate with the paranormal.

Dave Greear, campus pastor for Campus Light Ministries at Marshall University, said Christians are less likely to believe in the paranormal, unless paranormal is used more as a broad definition that includes the supernatural in general.

"Most Christians, for instance, would believe in the supernatural, both divine and demonic, but would be much less inclined than the average person to believe in UFOs and other non-Biblical paranormal phenomena," Greear said.

While people within the religious community tend to distance themselves from paranormal beliefs, it has been noticed by people outside faith that there are many similarities between the paranormal and religion.

One of these similarities is that religion and the paranormal are both used to bestow some sort of meaning to things that are somewhat seen as arbitrary or random. Secondly, they both deal with the immaterial forces that may take some sort of control over our lives.

SEE PARANORMAL | PAGE 5

## Holiday stress can cause headaches, low immunity

BY MIRANDA ROSIEK  
THE PARTHENON

The holiday season should be a time for happiness and relaxation. However, hopes of fulfilling holiday wishes can become overwhelming and stressful for the body.

David Johnson, director of the Cabell Huntington Hospital Pastoral Care and Education Department, said high expectations are the most common reason for stress during the holidays.

"With tough economic times right now, it will make the abil-

ity to meet those high expectations even harder," Johnson said. "There is no such thing as the perfect Thanksgiving, perfect Christmas or perfect New Year without mistakes that will happen."

Johnson said fretting about giving presents, preparing meals, covering the house in decorations and having time to attend holiday festivities and family gatherings puts pressure on everyone around the holidays.

Skyler Smith, a fourth-year medical student at the Joan C. Edwards School of Medicine, said

being stressed during the holidays could lead to health problems.

"It is not unusual to hear of patients complaining of headaches, high blood pressure or even chest pain from the worries and planning associated with the holidays," Smith said.

Johnson said stress could also weaken the immune system, causing people to become more susceptible to a cold or influenza.

"A few warning signs that you are stressed are if you become short-tempered continually, have difficulty sleeping or mope

around without motivation," Johnson said.

Smith said some ways to treat or relieve stress during the holidays are simple.

"In stressful times, plenty of rest and sleep is essential," Smith said. "Getting exercise at least three times a week is also a great stress reliever."

Johnson said a good way to avoid stress around the holidays is to be proactive by planning for holiday events.

"Work out a calendar of activities you want to do over the holidays," Johnson said. "Write them

down and that will help organize your holidays."

Johnson said it is important to create a balance between rest, relaxation and activity.

Smith said he suggests to anyone stressed during the holidays to try to relax and not sweat the small things.

"Everything doesn't have to be perfect," Smith said. "Usually someone will be happy that you remembered them at this time of year."

Miranda Rosiek can be contacted at rosiek2@marshall.edu.

## HAYE

FROM PAGE 1

back in the days I shot film."

Meeting people is an inevitable part of being a photographer and Rick Haye said he has met plenty. He has shot everyone from NFL players to politicians to famous actors and actresses.

"I have been able to meet every West Virginia governor since Rockefeller," he said. "I even met the actor Leslie Nielsen."

The Marshall photographer said he also enjoys just shooting community events with his wife and helping out with his church in Milton.

Throughout the past couple of years, Dave Wellman, the director of communications has moved into an office with Rick Haye usually only a few feet away. He said working with him has been a unique experience.

"He is just an outstanding photographer," Wellman said.

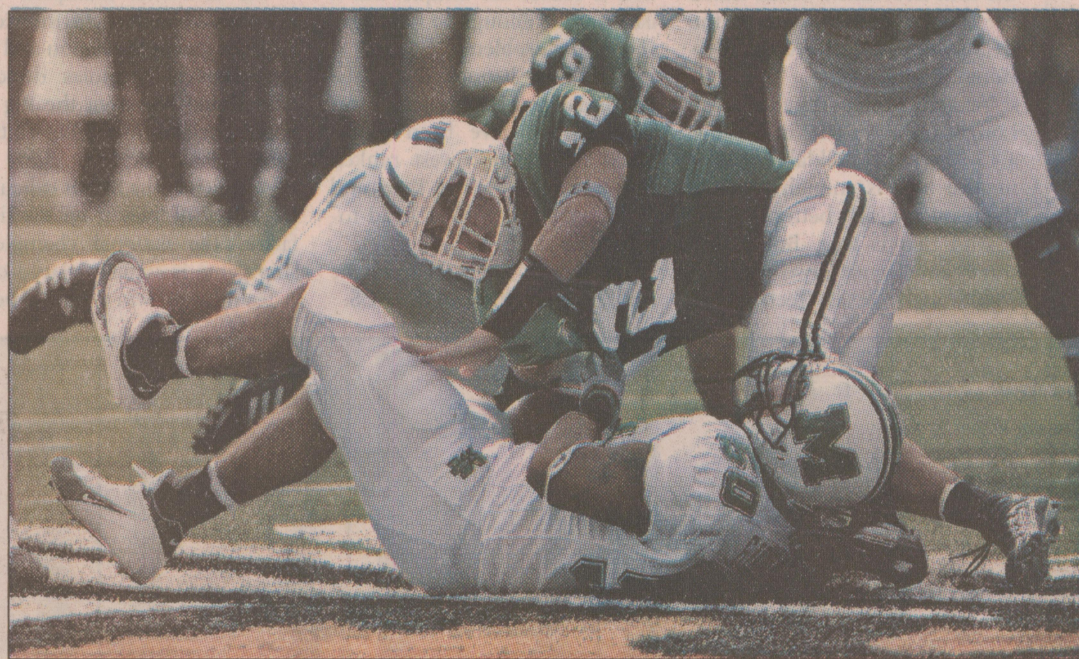
"I mean, you see his stuff everywhere around Huntington. He gets requests around the world for his work."

His eyes lit up when he talked about one of his favorite experiences as a photographer.

"The school of medicine asked me to shoot some stuff for a slide show of an open heart surgery," Rick Haye said. "I was in the operating room standing over this guy while they had his chest cavity wide open. I shot straight down in there. It was just an amazing experience that I may have never had the opportunity to experience."

Wellman said one of the most impressive things about the Marshall photographer is, with the exception of a few student assistants, he shoots nearly all of the events at Marshall.

"Most schools have several photographers," Wellman said. "But here, Rick does it all. He can shoot anything. He has come to be able to do anything and



do it well here."

Wellman and Rick Haye have lunch together, where Wellman said he has learned a lot about

the photographer away from the camera.

"He loves to watch these old sci-fi movies," Wellman said. "He was trying to get me to watch one the other day; I think it was called the Teenage Strangler, made in Huntington. He also loves Andy Griffith, the Beatles and the Simpsons."

Marilyn Haye said she still doesn't like to have her picture taken. She said their daughter hates it even more.

"I don't think anyone ever really gets used to it," Marilyn Haye said. "We do really enjoy working with each other though, and we both love shooting the football games."

Wellman said Rick Haye has more than just the talent of a skilled photographer, but also a skilled eye.

"He can hand me the camera with the same settings and we could shoot with the same set-

tings," Wellman said. "But Rick just knows exactly how to make the shot perfect."

Rick Haye said that one day he would like to bring all of his work together. Wellman said he would love to see the past 30 years of Marshall through the eyes of one man.

"He has such a breadth of work, it really should be published," Wellman said. "It is a comprehensive look at Marshall's past 30 years. We have been so lucky to have him."

The eyes behind most of Marshall's most prominent photographs lit up again at the idea of his work being pulled together into a cohesive work, but he seemed reluctant.

"There is so much to go through, it would take a very long time," Rick Haye said. "I would like to do something like that one day."

Taylor Kuykendall can be contacted at kuykendall@marshall.edu.



PHOTOS COURTESY OF RICK HAYE | FOR THE PARTHENON

Throughout his 30-year photography career at Marshall University, Rick Haye has captured many memorable moments from Marshall University on camera. He covers all types of university events, but his favorite is sports.



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## WEDNESDAY'S SCORES

### NBA

Grizzlies 95, Hawks 105  
Knicks 82, Cavaliers 118  
Timberwolves 89, Magic 100  
Lakers 114, 76ers 102  
Trailblazers 98, Wizards 92  
Thunder 97, Bobcats 103  
Pacers 96, Celtics 114  
Suns 91, Hornets 104  
Bulls 90, Bucks 97  
Clippers 96, Rockets 103  
Heat at Jazz (late)

### NHL

Penguins 2, Rangers 3 (SO)  
Thrashers 1, Senators 5  
Blues 0, Wild 4  
Ducks 2, Blackhawks 4  
Stars at Oilers (late)

### NCAA BB Top 25

Cornell 78, No. 20 Syracuse 88  
Duquense 51, No. 3 Pitt 78  
Asheville 69, No. 13 Tennessee 87  
Indiana 58, No. 17 Wake Forest 83  
N.M. State 79, No. 25 Kansas 100  
Aurburn 74, No. 14 Xavier 81  
No. 1 UNC 98, No. 12 Mich. State 63

### Game of the Week

#### MINUTE MATCHUP

### Cowboys at Steelers

Sunday  
4:15 p.m.  
(Local)

	Dallas (8-4)		Pittsburgh (9-3)	
	OFF	DEF	OFF	DEF
Pass	244.0	200.0	201.6	166.8
Rush	112.4	96.8	106.7	71.2
Total	356.4	296.8	308.2	238.0

AP

## Herd track team faces adversity as season beings

BY ARIANNA PRICE  
THE PARTHENON

Most sports teams have both home and away games, meets or matches, but it is a different story for the Marshall track team.

When the team travels to Findlay, Ohio for the Oilers Open this weekend, it will be the first meet of an entire away season.

"It's like we are on the road all year long," head coach Jeff Small said. "It's hard on our athletes."

This road schedule is because of the lack of facilities on campus for the team to host meets.

"It's a very difficult struggle not having an indoor or outdoor track," Small said. "We are stuck indoors practicing while the other teams in the con-

ference are in the nice sunny weather of Florida and Texas. These places have really nice facilities. People talk about the baseball team, but we don't have anything."

Practice has been located in various places because of the lack of facilities.

The sprinters practice in the hallways of the Cam Henderson Center, while the distance runners have practice in the streets of Huntington, Small said.

But it is the throwers that are soon to be permanently misplaced.

"As of right now, our throwers are in the auxiliary gym, we are losing that to the new locker rooms for the basketball team," Small said. "And the band may be taking over the rest of the practice area."

Small said the athletic department will be moving prac-



tice into Gullickson Hall.

"There are a lot of things going on over there," Small said. "I am not sure how well that's going to work."

In addition to coping with the lack of facilities, the team also has to cope with the loss of two seniors from last year's team. Both Rachel Blanken-

ship and Teniqua Sutton were qualifiers to the NCAA Regionals meet last season, and Blankenship holds the school record for the shot put.

Small said he is looking to the team's two returning record holders to step up again this season.

Junior Andrea Jackson, a

jumper from Sumter, S.C., holds the school record in the triple jump, while senior Breanna Jones, a hurdler from Columbia, S.C., holds the school record in the 100 meter hurdles.

In addition to Jackson and Jones, Small said he was looking to senior LaTricia Jones, a thrower from Spartanburg, S.C., and senior Emily Bailey, a distance runner from Kenova, W.Va., to provide leadership.

"Overall, we are really young," Small said. "There are very few seniors, hopefully they will step up. We have some good freshmen, but we need them to develop."

Arianna Price can be contacted at price150@marshall.edu.

## Big 12 South not reason to blame for BCS mess

BY HAROLD McILVAIN II  
U. ARKANSAS

Sunday afternoon it was announced that Oklahoma — not Texas or Texas Tech — would play in the Big 12 championship game against Missouri and receive an opportunity to perhaps play for a national championship.

The three-way tie amongst the conference foes was decided by the fifth tiebreaker, which stated the highest ranked team in the BCS would be declared the divisional champion.

Texas fans have argued that the Longhorns should be in because a 45-35 win over Oklahoma on a neutral field is enough to show the team is clearly better.

And that is true. But it is a three-way tie, not a two-way tie. Although Texas Tech is an

afterthought in the current system, the team should count, too. The same Texas over Oklahoma argument can be used for Texas Tech over Texas. Margins of victory were quite different, but a win is a win.

If Texas wants to complain, the team might want to think about stopping Texas Tech receiver Michael Crabtree with a second left in the game.

One thing is clear: the situation is somewhat unique. But it isn't unique enough to have prevented the problem.

Had this happened in the Southeastern Conference, Texas Tech would have been eliminated being the lowest ranked BCS team, leaving just Texas and Oklahoma left with a head-to-head tiebreak.

The lack of foresight from the Big 12 is to blame, not the BCS.

"The tiebreak process currently in place was carefully considered and voted upon by our athletics directors years ago," Big 12 commissioner Dan Beebe said. "I doubt they envisioned the scenario we have this year with a tie including the No. 2 and 3 teams in the country in one of our divisions."

But the situation happened, and the Big 12 championship game has been compromised to many.

The divisional champion was not decided on the field. Individuals from across the nation and six mathematical formulas decided who would represent the Big 12 South Division in the Big 12 title game.

As much as the BCS is ridiculed for a lack of 'play it on the field factor,' the national championship game is actually played out. A team has to win it on the field.

The BCS doesn't arbitrarily crown a champion.

But the Big 12 did this year for one of its divisions.

And taking a closer look at the voting, can an argument be made for Oklahoma to receive first place votes? Two coaches voted Oklahoma first in the USA Today poll while no first place votes were cast for Texas in the poll.

It could be argued that some sort of manipulating took place with those votes. An unbeaten Alabama team isn't clearly the No. 1 team right now? Florida has received some first place votes in various polls, but the Gators were not facing a game placement decision.

Leaving the BCS system to decide a championship — albeit a divisional one — isn't the way to go. It reverts back to the days when people claimed national championships and

never played on the field. The BCS, which is a national collaboration used to determine the two best teams at the end of the season, should stay out of determining championships — it is supposed to set them up.

But the difference between Oklahoma and Texas was 0.0128 of a point in the BCS standings. The BCS was close to getting it 'right.'

However, which of the three teams was the 'right' pick? All had great seasons. All deserve a fair tiebreaker amongst the three. The human polls were not too decisive, as Oklahoma won by seven votes.

The situation could still turn out with Texas having a shot at a national championship if Oklahoma stumbles this weekend against Missouri. But is a team without a conference championship what the BCS needs in the title game?

At least that game will be decided on the field.



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## Out & About

Thursday, Dec. 4

### Secondary Piano Recital

Jomie Jazz Center 2 p.m.

### 12:00 Jazz ensemble

Smith Music Hall 8 p.m.

### Yo Mama's Big Fat Booty

with The Rabble Rousers  
The V Club \$8 8 p.m.

### Shape and Sound

with The Salty Sirens  
Shamrock's Pub \$5 9 p.m.

### The Hook

Club Echo

### \*Food drive

Through Dec. 6  
Donations will go to the Cridlin Food Pantry. Collection sites are located in Smith Music Hall, Smith Hall Atrium, Smith Hall Art Department, Jomie Jazz Center, the Theatre Department in Joan C. Edwards Playhouse, Memorial Student Center lobby, and Old Main.

Friday, Dec. 5

### Jason Rose, trombone

Jomie Jazz Forum 8 p.m.

### \*The Zoo Story

Francis Booth Experimental Theatre through Dec. 6 8 p.m.

### Arts and Crafts Fair

Big Sandy Superstore Arena \$5

### Ashland Youth Ballet's The Nutcracker

Paramount Arts Center \$12 7 p.m.

### Rocky Horror Picture Show

The Cinema \$3 9:45 p.m.

### Bob Thompson Quartet

The V Club \$7 8 p.m.

### Dime Bag Tribute

Club Echo 9 p.m.

### Jordan Andrew Jefferson, Richie Tipton, Aaron Brown

Shamrock's Pub 8 p.m.

Saturday, Dec. 6

### Choral Union & University Orchestra

Smith Music Hall 8 p.m.

### Convocation for December Graduates

Keith Albee Performing Arts Center 2 p.m.

### Holiday Fashion Show

Huntington Mall 1 p.m.

### The Aaron Miller Band

The V Club \$5 8 p.m.

### Boogie Nights

with DJs Jesse Clark, Jason Dean  
Club Echo 9 p.m.

### Attack Flamingo, Atomic Johnny, Bad Employees, Sir-Boy

Shamrock's Pub \$5 8 p.m.

Sunday, Dec. 7

### Holiday Open House

Huntington Museum of Art, 1-4:30 p.m.  
Admission to the museum will be free, but canned food donations will be accepted for Huntington Area Food Bank.

Monday, Dec. 8

### Children's self-portrait display

Drinko Library 8 a.m.-4 p.m.  
Pictures by children of the Ebenezer Community Outreach Center will be on display.

### Acoustic Mondays

with Russ 'n' Fred  
Shamrock's Pub 8 p.m.

### 80's Night

The V Club

Tuesday, Dec. 9

### Symphonic Band

Smith Music Hall 8 p.m.

### Mitchell Spurlock, voice

Trinity Episcopal Church 8 p.m.

### Wizard of Oz

Keith-Albee Performing Arts Center 7:30 p.m.

Wednesday, Dec. 10

### Movin' Out

Clay Center 7:30 p.m.  
\$5, \$25, \$39.25

### Open Mic Night

The V Club

\*Event continues, multiple days

# Disorder commom in winter

BY BRENNIA SLAVENS  
THE PARTHENON

Winter brings less sunshine in addition to snow, ice and many plain, dreary days. Along with this comes the winter blues in the form of a disorder called Seasonal Affective Disorder.

The daily dose of sunshine that wanes as winter draws near, usually beginning in November, is the usual starting time for the appearance of SAD. January and February are generally regarded as the most difficult months for those that suffer with SAD.

"SAD is thought to be related to physiological responses to the onset of winter, where there is less daylight and colder temperatures," said Steve Cody, neuropsychologist and professor in the Department of Psychiatry and Behavioral Medi-

cine at the Joan C. Edwards School of medicine.

The American Psychiatric Association relates that SAD has been linked to the shorter daylight hours in the winter causing the internal biological clock of some people to get out of step with their normal routines.

According to a news release from the APA melatonin, a sleep-related hormone that has been linked to depression, has also been linked SAD. The APA reports that it is produced more abundantly in the shorter, darker days of winter.

Symptoms of SAD are similar to those for depression.

"Symptoms often include depressed mood, fatigue, sleeping more, craving sweets, lack of energy, withdrawal from social activities, irritability and difficulty concentrating," Cody said.

Women are more likely to be affected with SAD.

"Women make up 75 percent of those affected," Cody said. "SAD most often appears after age 20."

While SAD is a mood disorder and different methods exist to treat the disorder, a distinctive treatment for SAD is light therapy.

"Light therapy involves using a special lamp, commonly bright and creating the same spectrum as sunlight," Cody said. "Taking antidepressant medication and working with a therapist are both useful."

While SAD is not preventable, Cody said it is helpful to sustain a pattern of regular exercise, especially getting out during daylight hours.

Brenna K. Slavens can be contacted at slavens@marshall.edu.

# Hospital offers hands-on experience

BY KATLYN GOOTS  
THE PARTHENON

The Allied Health Division in the Marshall Community and Technical College is giving young people in the area the chance to get hands-on experience with medical equipment.

Allied Health has partnered with Cabell Huntington Hospital to host a hands-on learning day for young people in the Explorers Club, a division of Boy Scouts of America. Participants will come to the medical lab in Cabell Hall and participate in forensic blood typing, comparing and contrasting of human and animal blood and run simulations through a Bio-Pak system, said Adam Swolsky, program coordinator in the Division of Allied Health and anatomy and physiology instructor. Participants will also perform EMGs, ECGs and EEGs, machines

that record the electrical activity of muscles, the heart, and the brain, respectively.

Swolsky said the Allied Health Division is glad to be collaborating with the hospital and their overall goal is to instill passion for science in the kids. The Explorers Club, which is made up of students ages 14-20, regularly visits Cabell Huntington Hospital for educational tours.

"The whole idea was to take their educational experience one step further," Swolsky said. "These kids are fortunate to be exposed to the inner workings of a hospital at such a young age, and we wanted to advance that and give them the hands on experience with lab equipment."

"We want to expose them to the equipment and see if we can pull their passion out. That is how I got started in my career field," Swolsky said. "I worked with medical equipment and that developed my passion for

"We want to expose them to the equipment and see if we can pull their passion out."

ADAM SWOLSKY  
PROGRAM COORDINATOR IN THE DIVISION OF ALLIED HEALTH

science. We want to see if we can inspire them in the kids and see if they are interested in what we do here."

Swolsky said this is the first time the Allied Health Division has collaborated with Cabell Huntington Hospital.

"We look for any and all opportunities to work with young people and show how much fun this stuff can be," Swolsky said. "You get to play with science. Health care can be an extremely fun and rewarding field."

Katlyn Goots can be contacted at goots@marshall.edu.

## FIGHTER

FROM PAGE 3

judges determine the victor.

Maynard, who has a record of 8-2, will face off against Sean Paul Veilleux, 4-1, of Cleveland.

"I've been training every day for the past four weeks for this fight," Maynard said. "I feel like I'm at the top of my game right now. I'm ready to tread into enemy territory and defeat him in front of this hometown crowd."

The fight will be televised on Sports Time Ohio, nationally on Direct TV and Dish Network sports packages and internationally on G-TV.

"There is some pressure that comes knowing my fight is going to be televised," Maynard said. "I try to take the pressure in a

positive way, though, and use it as motivation to go all out."

Maynard advanced to the Night of Champions by defeating Russ Halsey Nov. 8 in the main event fight in Akron. Maynard won the North American Allied Fight Series event, Midwest Combat Challenge 5, when Halsey submitted 1 minute and 28 seconds into the first round.

"I trained six weeks for the event, and it only lasted a minute and a half," Maynard said. "At first it seemed like a let down that the fight ended so fast, but then I realized that this win put me in contention for the championship title."

Maynard said the short amount of time between his last fight and the upcoming Night of Champions contest is something he has to overcome. "It's tough both physically and mentally not getting

any time off," he said. "I hurt my right hand in the last fight, and if it hasn't healed completely by my next fight there's really nothing I can do about it."

Maynard has trained in martial arts for about eight years. He has been fighting competitively for two years.

"I always enjoyed martial arts," Maynard said. "An instructor at the gym got me interested in the actual competitions and began coaching me."

Jamie Toney, Maynard's coach, said that in his gym, once students earn their blue belt in Brazilian Jiu-jitsu they are able to begin mixed martial arts training. "I saw a lot of potential in (Maynard)," Toney said. "Once he got his blue belt, he was quick to pick up on the mixed martial arts fighting techniques."

Even when not training for a specific fight, Maynard hits the gym five days a week to lift weights and run. He frequently visits Ground Zero, the fight gym on Fourth Avenue in Huntington, to practice actual fighting techniques.

"It's important that I maintain a high level of fitness so when I do start preparing for an actual event I'm not starting from scratch," Maynard said. "Some fights, such as the Nov. 8 fight, are really short, but it's important to train hard in case the fight does last all three rounds."

Over the past two years, Maynard has gained experience through fighting in several different amateur leagues in the Tri-State area.

"It's nice to see my hard work and training actually pay off," Maynard said. "My first fight I was an alternate and didn't even

know if I was going to get to fight that night. In my most recent fight, I was the main event. I'm proud of that accomplishment."

Toney said he notices progress in Maynard's fighting ability. "When I'm not able to meet with (Maynard), I give him advice over the phone," he said. "Every time I come in he has perfected whatever it was that I told him to try."

Maynard said the Night of Champions is his biggest fight so far. "A victory in my next fight would really provide a nice boost in my fighting career," he said.

"Recently there has been talk of sponsorship," Maynard said. "I ultimately hope to fight on the professional level, so I try to focus on this goal with every fight."

Erica Duffield can be contacted at duffield@marshall.edu.



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### PREVIOUS SOLUTION

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## MULTICULTURAL

FROM PAGE 1

Division of Multicultural Affairs is anxious to find the Ambassador who can effectively fulfill the job description. And it is beyond doubt that they have got me as right candidate for the post. They expect a lot from me by sharing my African culture at Marshall University and Huntington community. I know my culture and I am proud of it."

Kara N. Busse can be contacted at busse@marshall.edu.

ZZ Ozturk can be contacted at ozturk1@marshall.edu.

# Breaking the cycle

According to the 2007 National Survey on Drug Use and Health, an estimated 19.9 million Americans age 12 and older had used an illicit drug within the past month. The following is a story about addiction, treatment and recovery.

BY ASHLEY BUSZ  
THE PARTHENON

Jimmy Layne had been an addict since he was 11 years old. For two decades, Layne cultivated a serious relationship with drugs and alcohol, which almost ended his life.

Dave Stamper, a close friend of Layne's, said drugs consumed Layne's life.

"His No. 1 thought was drugs," Stamper said. "He put that before anything."

Layne, 41, said he always felt pressure from friends and family to seek help for his addictions, but only after he admitted to himself that he had a problem did results begin to occur.

"It got to the point where I said this is what I want," Layne said. "I don't want to do this anymore, don't want to live this way anymore. I want a new life. When I did that and truly meant it, results happened."

Layne said an average rehabilitation program would not suffice his addiction.

"The 28-day program, I'm just getting comfortable," he said.

Stamper encouraged Layne to contact the Salvation Army for help. Layne said he had always heard positive remarks about the army's assistance with drug and alcohol rehabilitation. After accepting that he could not do it alone, Layne paid a visit to the army in Huntington.

Upon meeting Layne, Huntington Salvation Army Capt. Bob Mullins said while he suspected Layne was suffering, he could not be sure.

"When he came to us, he was an addict," Mullins said. "I could not tell there was anything wrong with him. Of course his friend knew and he knew, he admitted (his problem). He was at the end, and it was time to make some changes in his life and lifestyle."

Mullins enrolled Layne in the Salvation Army Adult Rehabilitation Center in Dayton, Ohio. Before enrolling, Layne had to be drug free for 10 days during detoxification. Layne began rehab on Sept. 13, 2007.

While Layne was receiving treatment, Stamper visited him in Dayton.

"At first he felt like he was all alone," Stamper said. "He did not know what his next move was. He felt lost."

Layne said the toughest part about rehab was admitting to himself who he really was.

"Dealing with the shame and guilt, that was tough," Layne said. "Once I got over that, I just let God do what God does."

Layne checked out of rehab on March 26, 2008. He said he thought he was ready to begin a new life.

Layne said the most challenging part of adjusting to life after rehab was the fear of facing his past.

"You're thrown back to the same environment with the same so-called friends, the same situation you left six and a half months ago," Layne said. "What do you do? The scariest part is wondering what might happen a month from now when I do not have that protection anymore."

Layne said that while his old addictions may tempt him, he has overcome them.

"Of course I have thoughts of drugs and alcohol," Layne said. "Of course I'm tempted because I was comfortable in that situation, that's what I knew. I would wake up in the morning and seek drugs. The longer I stay clean and sober the less those thoughts even occur."

Since completion of rehab, Layne has dedicated most of his time to the Salvation Army.

"This has now become my family," Layne said.

In early October, Layne started a program in collaboration with the army dedicated to recovering addicts called the Mudslide Café. It offers them a complimentary breakfast and a chance to share stories or obstacles they may be facing.

Layne said he felt compelled to help where he believed he could.

"Being a born-again Christian, it was my debt to pay," Layne said. "It's the least I can do to try to help someone that has either walked my path or is about to walk my path and are unaware of the consequences that can happen."

During his program, Layne gives advice to those in need and answers questions they may have.

"I'm just one of them, just a friend," Layne said. "I've been through the ringer. I know what it's like. I've stared down the barrels of guns."

The café is open to anyone suffering or recovering from any type of addiction.

"Anything that causes negative consequence in your life can be considered an addiction," Layne said.

One of the greatest lessons Layne has learned over the past year is learning to care more about others.

"Before rehab, I could care less if you needed me or not," Layne said. "I could care less about you. The biggest reward for me is to have a sane enough mind to give something back, look how many years I've taken from people."

Layne is not the only one who has noticed a positive change in his life.

"He has a much better outlook on life," Stamper said. "He now has the desire to help other people where before he did not. He takes care of himself. It's been a complete turnaround."

Mullins believes the decision Layne made by entering rehab was life altering.

"His progression was wonderful," Mullins said. "It was where he needed to be at the right time and the right place. It saved his life, physically and spiritually."

Layne said going back to school is in his near future.

"This January I will be starting nursing school at Collins Career Center," he said.

Layne said he believes the organization will forever be an important part of his life.

"(The Salvation Army) is where my roots are now," Layne said. "This is my home and I'm going to take care of it. I will always be involved with the Salvation Army. They were instrumental in me getting the rest of my life back, the least I can do is devote what life I have left to the Salvation Army."

Ashley Busz can be contacted at busz@marshall.edu.

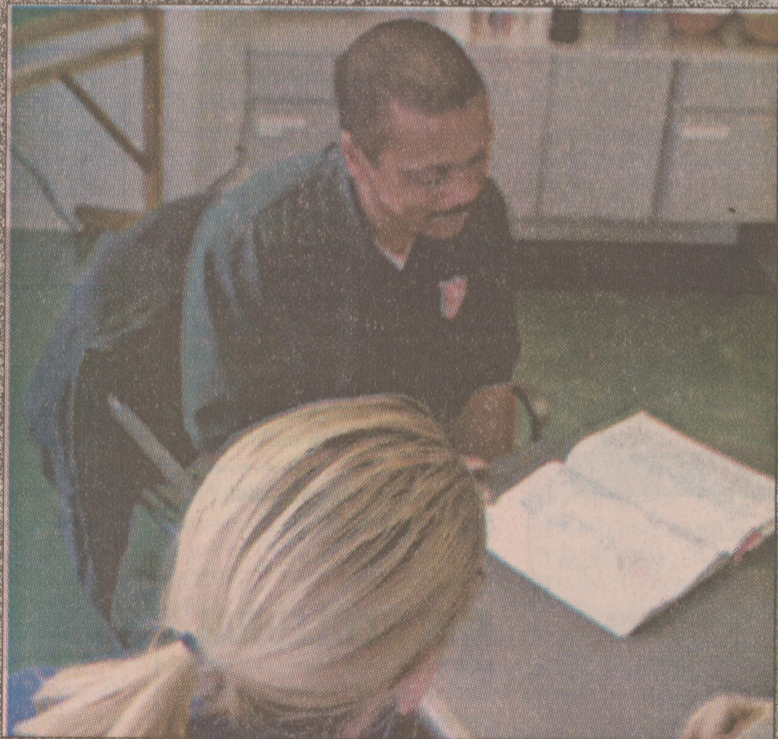


PHOTO COURTESY OF JIMMY LAYNE

Jimmy Layne, 41, was enrolled in the Salvation Army Adult Rehabilitation Center in Dayton, Ohio, after consulting Capt. Bob Mullins for help with his addiction to drugs and alcohol. Above: Having successfully completed rehab on March 26, 2008, Layne now helps those who come to the Salvation Army seeking help with addiction.