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Huntington residents rally to protest civil rights

BY TRAVIS EASTER
THE PARTHENON

Despite bad weather, Huntington residents took to the streets Valentine’s Day to advocate same sex marriage.

Marshall Students and citizens gathered downtown at the corner of Fourth Avenue and Eighth Street to show their support for a legis-
lative bill to legalize same sex marriage.

“I think at some point we are going to look back on 2012 and realize we denied United States citizens their civil rights,” said medical imaging major Kelly Payne. “I think it’s despicable and ridiculous.”

Members of the Mt. Olive Independent Fundamental Baptist Church of Hur-
sville also attended the protest, but they had a very different message. The con-
gregation wants lawmakers to strictly follow their interpre-
tation of marriage and not allow for same sex marriage.

“We are going to look back on 2012 and realize we denied United States citizens their civil rights,” said Payne. “I think that at some point we are going to look back on this and realize we denied United States citizens their civil rights.”

“I think it’s despicable and ridiculous,” said Payne.

Emotions ran high as both groups frequently tried to talk over one another. Mem-
bers of both sides would also often shout negative comments at the opposing group.

“God! He’s done every-
thing in his power to save you from your wicked and evil heart,” Payne said.

Graduate psychology stu-
dent Brittany Johnson said she feels the church should be more accepting of the LGBT community.

“I really feel that if any-
ty is going to live and walk in the path of Christ, they should treat others equally,” Johnson said. “I believe that’s what Jesus would have done.”

Currently seven states and the District of Co-
lumbia allow same sex marriages. Many states, including West Virginia, have legislative bans or language that prohibit same sex marriage.

Travis Easter can be reached at easter14@mar-
shall.edu.

Career Services encourages students to work together in order to find a job.

“Basically, we wanted to encourage students to work together,” said April Biser, assistant for Ca-
ger Services. Networking is such an important part to finding a job.

The process for this op-
opportunity is as follows: Snap a picture of a job posting, post that picture in the Career Services’ Facebook wall, and if the picture has the most likes by noon Monday, the poster is eligible to win a prize. The winning par-
ticipant is eligible to win a $25 gift certificate to either the Marshall Bookstore or Starbucks.

Biser said this is a unique and beneficial opportu-
nity for students because it is fun and most impor-
tantly, a student may end up getting a job from this process.

¨This isn’t like a raffle where you just put your name out there,” Biser said. “You are actually providing useful informa-
tion to students. We want to encourage students to help one another because while a job may not be right
for you, it may be great for someone else.”

Participants, including those liking the picture, must like the Career Services’ page to qualify. Inap-
propriate or non-current job postings will be disqualified at Career Services discre-
tion. If two pictures of the same position are posted,

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By Allyson Warner THE PARTHENON

February marks Teen Dating Violence Awareness Month, a time when people gain knowledge of the issue at hand.

President Barack Obama presented a proclamation on the is-
eue three years ago.

“More than ever, a recogni-
tion we get about teen dating violence is the more popu-
lar the month it-
self gets,” said Amanda White, campus advocate/ STOP victim advocate.

CONTACT of Huntington-
van provides support for victims in West Virginia counties around the area.

According to the “Second Step in West Virginia: An Informa-
tional Handbook,” one in four adult women in the state of West Virginia are sexually assaulted.

Their goal is to spread awareness to someone in an abusive relationship where they can find re-
sources to help them.

One thing the admin-
istration has done is create a violence hotline for anyone who needs help dealing with a problem.

Dating violence is not only something teens should worry about but college students as well.

White, who works with a campus advocate who comes to Marshall to teach about dating violence.

“My personal goal is to spread enough awareness here on campus where people recognize some of the signs of abuse,” White said. “We also want to expose some of the signs of what love is not. Hopefully they’ll be more apt to help others.”

This month might be dedicated to teens, but it is essential for college students to have awareness of dating violence as well.

Realistically one in four college students have been a victim of some kind.

CONTACT of Huntington-
van works a lot with the campus police to try to confront this matter at hand.

By volunteering Mar-
shall students can offer their time to help the cause.

They offer programs throughout the area where they need vol-
teers on a daily basis.

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MARSHALL CAREER SERVICES
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CONTACT aims to stop abuse

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**College Goal Sunday helps students with financial aid**

**by Andrew Frobel**

Students and families of Harrison County and the greater Wheeling area were given the opportunity to gain knowledge about and receive financial aid workshops at the College Goal Sunday event at Marshall University. The event was held at the Student Center on February 12, 2012.

Angela Holley, statewide coordinator of West Virginia College Goal Sunday, said she was very happy with the amount of students that attended the event. College Goal Sunday workshops were conducted at 10 different locations throughout the state.

The annual event, a volunteer-operated Holley said, serves as a significant forum for the program since writing the initial grant proposal for the West Virginia Higher Education Policy Commission in 2006. The first official College Goal Sunday was held on February 11, 2007.

Holley said the coordinators from other states, but the volunteers locally made that day the event. Holley said local financial aid professionals volunteer to offer one-on-one, confidential counseling sessions to help families apply and attend college.

In addition, the staff helps over 300 volunteers each year since the program’s existence.

The workshops are open to students who were income level who are interested in attending postsecondary education programs, financial aid, the financial aid application process, and more. Participants were shown how to apply for aid, how to complete the FAFSA, how to understand FAFSA completion, and made possible through the generosity and dedication of hundreds of volunteers from one state to another.

Governor Earl Ray Tomblin expressed thanks to the state and community colleges and universities, college access programs, community organizations and the businesses that helped sponsor the event. Speaker Frobel can be reached at frobel2@marshall.edu.
A league of their own...

THE PARTHENON

MWC and C-USA forming all-sport conference

The Mountain West Conference and Conference USA held a conference meeting in October 2011 to announce that the conferences unanimously decided to consolidate their football member programs into one association conference. But that plan has since been changed.

According to a release from Tulane University’s Athletic Department, the Mountain West and C-USA conferences announced on December 18, 2011 that they have agreed to form a new intercollegiate athletic association that would begin competition in the 2013-14 academic year.

Originally, the MWC and C-USA membership alignment was a football-only conference but it will now include all sports.

This is a concept we’ve been working on for well over a year and has been studied in depth for the last several months,” MWC Commissioner Craig Thompson said during October 2011’s teleconference. “We’ve had several conference calls and in-person meetings between our respected leaders and athletic directors and those multiple occasions, have reviewed the plans to get us to the point where we are today.

Universities involved in that meeting were the United States Air Force Academy, University of Alabama at Birmingham, Colorado State University, East Carolina University, Fresno State, University of Hawaii, Marshall University, University of Nevada at Reno, University of New Mexico, University of Nevada at Las Vegas, Rice University, University of Southern Mississippi, University of Texas at El Paso, Tulsa University, University of Utah and University of Wyoming.

The only exception to the all-sport conference merger is Hawaii, who will be a football-only participant.

According to Tulane’s release, the structure of the new conference will likely include “membership of 18 to 24 universities, a championship football game format that includes semi-final matchups, a championship basketball tournament and NCAA FBS affiliation.”

This new conference is in response to C-USA losing member schools: the University of Houston, University of Central Florida, Southern Methodist University and the University of Memphis and the MWC losing member schools Boise State University and San Diego State University.

Marshall Director of Athletics Mike Hamrick said in a statement to Conference USA in October 2011: “This has the potential to be an exciting development for Marshall athletics, and I’m intrigued by it. This is an excellent alliance with a tremendous upside for all parties involved.”
Moss’ return to NFL: a gamble for both sides

Former Marshall University football player Randy Moss announced Monday via his Twitter account that he was planning on returning to the National Football League after a one-year hiatus from football.

Moss’ announcement came throughout his 15-year career, dating from 1998 to 2010, has been numerous. The receiver ranks second on the all-time NFL catches list with 1,531 receptions and eighth all-time in receiving yards and ninth all-time in catches.

But, does anybody really want him?

Former media darling Terrell Owens limped through a 6-10 season in 2009 with the Buffalo Bills before moving to the Cincinnati Bengals in 2010 only to go 4-11-1, according to EspnW. He is still currently looking for a team.

Then there is Brett Favre. Set off of a whirlwind of a retirement in 2009, Favre is back in the mix after playing three seasons with the New York Jets and Minnesota Vikings before imploding in 2010 in his final season with the Vikings.

For Moss, it’s a crapshoot. His return is a chance to silence critics from his disastrous 2010.

It could also fuel those same critics’ fires.

NBC Sports’ website Pro Football Talk report that Moss’ agent Joel Segal claimed that Moss is ready to answer the call from three teams.

Who these teams are and what their interest truly is in the one-time All-Pro is yet to be determined, but the fact is, someone will likely take a risk on Moss.

The real question is can he compete at a professional level. At 35, Moss is teetering on the edge of a couple more good seasons and too old to make a transition.

Add that Moss has been a problem child for several teams — he spent his final seasons jumping from city to city in one to playing for three different teams and recording a career low 28 receptions on the season.

Moss is a huge gamble for any team that wants to take a shot — and aging players demoralizing struggling teams is nothing new.

Moss’ career has been plagued by injuries throughout his career with more than 160 health and safety violations since 1998 and last year is currently looking for a team.

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A balanced diet (and budget)

20 ways to pinch pennies and still eat healthy

by Bill Wadsworth
Marshall Newspapers

Here’s my trick for crazy diets: the kitchen sink.

As an acquired taste, the all-you-can-eat buffet can be a treat. Because you can buy a bag of healthy food items, but for $15 to $20 a person, they aren’t always the best value.

But trying to trim your food budget doesn’t mean you can’t still be healthy.

Here are 20 ways to cut costs and still eat nutritious meals:

1. Batch foods like soups, stews, or stovetop pasta sauce and freeze portions. Use old glass jars and other containers for single servings. Label them and put them in deep-freeze storage.

2. Use every sauce with savory recipes. If a recipe calls for a high-fat ingredient such as a cream sauce, consider using plain yogurt instead. If the recipe calls for an egg, substitute two egg whites. For example, when making a German chocolate cake, opt for a combination of applesauce and molasses instead of some of the sugar.

3. Minute rice. Popcorn is a budget-friendly snack and good for you. But you can also make it at home and save money by buying large bags rather than small packages.

4. Make your own seafood stock. Many recipes call for seafood stock. But hardwood chips are cheaper than seafood, and the flavor is similar.

5. Save money at the grocery store. Many food items have packaging that is primarily air. Think about the amount of money you’ll save if you skip the air.

6. Grow your own lettuce. salad, or dill, are cheaper than buying them at the store. Grow them in pots or a small garden.

7. Take your own lunch to work or school. Buying a lunch can add up to a significant amount of money over a 90-day period.

8. I assisted in 843 surgeries to spinal fusions, which ranged from minor procedures to major surgeries. All in all, Marcum is over a 90-day period, which ranged from minor surgeries to major surgeries, among patients who have a history of back injuries.

9. The definition of ‘friends’ is that they are the ones who read our page and raise awareness and support for victims who have been affected by sexual assault. They are the ones who, in my opinion, have been a huge help to our clients and others who have faced similar situations.

10. Our Facebook page is designed and edited by Arian Jalali.

11. The problem is this isn’t the normal election year. This is the year that Republicans are looking for purity. They want a candidate who has no flaws, no transgressions, no walk-backs. That’s the nature of the debate. Republicans are looking for someone who is looking for purity. They want a candidate who has no flaws, no transgressions, no walk-backs. That’s the nature of the debate. Republicans are looking for someone who is looking for purity.

12. CONTEST

Steve Ellis, the group’s vice president.

13. They want a candidate who has no flaws, no transgressions, no walk-backs. That’s the nature of the debate. Republicans are looking for purity. They want a candidate who has no flaws, no transgressions, no walk-backs. That’s the nature of the debate. Republicans are looking for purity.

14. Continuing with the grocer’s theme, these are the true conservatives who want a candidate who has no flaws, no transgressions, no walk-backs. That’s the nature of the debate. Republicans are looking for purity. They want a candidate who has no flaws, no transgressions, no walk-backs. That’s the nature of the debate. Republicans are looking for purity.
We are a student biweekly newspaper at Marshall University in Huntington, West Virginia. We publish every Wednesday throughout the academic year. We strive to provide students with current information on Marshall activities, academic events, and general student issues. Our content includes news articles, feature stories, and student voices. We aim to be a source of information and a platform for student expression. The Parthenon is a recognized student media outlet at Marshall University.